

On Abstinence from Animal Food

Porphyry
tr. Thomas Taylor

Plato Scroll · plato-scroll.netlify.app

On the Abstinence of Eating Animals

Translated by Thomas Taylor, 1812

Like Pythagoras, Porphyry was a keen advocate of vegetarianism on spiritual and ethical grounds. Both philosophers are perhaps the most famous vegetarians of classical antiquity. Porphyry's treatise *On the Abstinence of Eating Animals* recommends against the consumption of animals, in which he posits that everything was created for mutual advantage and argues that vegetarianism is a way to preserve universal harmony of nature. The work is still cited with approval in vegetarian literature up to the present day.

BOOK ONE

1. HEARING FROM some of our acquaintance, O Firmus 1, that you, having rejected a fleshless diet, have again returned to animal food, at first I did not credit the report, when I considered your temperance, and the reverence which you have been taught to pay to those ancient and pious men from whom we have received the precepts of philosophy. But when others who came after these confirmed this report, it appeared to me that it would be too rustic and remote from the rational method of persuasion to reprehend you, who neither, according to the proverb, flying from evil have found something better, nor according to Empedocles, having lamented your former life, have converted yourself to one that is more excellent. I have therefore thought it worthy of the friendship which subsists between us, and also adapted to those who have arranged their life conformably to truth, to disclose your errors through a confutation derived from an argumentative discussion.

2. For when I considered with myself what could be the cause of this alteration in your diet, I could by no means suppose

that it was for the sake of health and strength, as the vulgar and idiots would say; since, on the contrary, you yourself, when you were with us, confessed that a fleshless diet contributed both to health and to the proper endurance of philosophic labours; and experience testifies, that in saying this you spoke the truth. It appears, therefore, that you have returned to your former illegitimate ² conduct, either through deception,³ because you think it makes no difference with respect to the acquisition of wisdom whether you use this or that diet; or perhaps through some other cause of which I am ignorant, which excited in you a greater fear than that which could be produced by the impiety of transgression. For I should not say that you have despised the philosophic laws which we derived from our ancestors, and which you have so much admired, through intemperance, or for the sake of voracious gluttony; or that you are naturally inferior to some of the vulgar, who, when they have assented to laws, though contrary to those under which they formerly lived, will suffer amputation [rather than violate them], and will abstain from certain animals on which they before fed, more than they would from human flesh.

3. But when I was also informed by certain persons that you even employed arguments against those who abstained from animal food, I not only pitied, but was indignant with you, that, being persuaded by certain frigid and very corrupt sophisms, you have deceived yourself, and have endeavoured to subvert a dogma which is both ancient and dear to the Gods. Hence it appeared to me to be requisite not only to show what our own opinion is on this subject, but also to collect and dissolve the arguments of our opponents, which are much stronger than those adduced by you in multitude and power, and every other apparatus; and thus to demonstrate, that truth is not vanquished even by those arguments which seem to be weighty, and much less by

superficial sophisms. For you are perhaps ignorant, that not a few philosophers are adverse to abstinence from animal food, but that this is the case with those of the Peripatetic and Stoic sects, and with most of the Epicureans; the last of whom have written in opposition to the philosophy of Pythagoras and Empedocles, of which you once were studiously emulous. To this abstinence, likewise, many philologists are adverse, among whom Clodius the Neapolitan wrote a treatise against those who abstain from flesh. Of these men I shall adduce the disquisitions and common arguments against this dogma, at the same time omitting those reasons which are peculiarly employed by them against the demonstrations of Empedocles.

The Arguments of the Peripatetics and Stoics from Heraclides Ponticus 4

4. Our opponents therefore say, in the first place, that justice will be confounded, and things immoveable be moved, if we extend what is just, not only to the rational, but also to the irrational nature; conceiving that not only Gods and men pertain to us, but that there is likewise an alliance between us and brutes, who [in reality] have no conjunction with us. Nor shall we employ some of them in laborious works, and use others for food, from a conviction that the association which is between us and them, in the same manner as that of some foreign polity, pertains to a tribe different from ours, and is dishonourable. For he who uses these as if they were men, sparing and not injuring them, thus endeavouring to adapt to justice that which it cannot bear, both destroys its power, and corrupts that which is appropriate, by the introduction of what is foreign. For it necessarily follows, either that we act unjustly by sparing them, or if we spare, and do not employ them, that it will be impossible for us to live. We shall also, after a manner, live the life of brutes, if we reject the use of which they are capable of affording.

5. For I shall omit to mention the innumerable multitude of Nomades and Troglodyte, who know of no other nutriment than that of flesh; but to us who appear to live mildly and philanthropically, what work would be left for us on the earth or in the sea, what illustrious art, what ornament of our food would remain, if we conducted ourselves innoxiously and reverentially towards brutes, as if they were of a kindred nature with us? For it would be impossible to assign any work, any medicine, or any remedy for the want which is destructive of life, or that we can act justly, unless we preserve the ancient boundary and law.

To fishes, savage beasts, and birds, devoid of justice, Jove to devour each other granted; but justice to mankind he gave.⁵

i.e. towards each other.

6. But it is not possible for us to act unjustly towards those to whom we are not obliged to act justly. Hence, for those who reject this reasoning, no other road of justice is left, either broad or narrow, into which they can enter. For, as we have already observed, our nature, not being sufficient to itself, but indigent of many things, would be entirely destroyed, and enclosed in a life involved in difficulties, unorganic, and deprived of necessities, if excluded from the assistance derived from animals. It is likewise said, that those first men did not live prosperously; for this superstition did not stop at animals, but compelled its votaries even to spare plants. For, indeed, what greater injury does he do, who cuts the throat of an ox or a sheep, than he who cuts down a fir tree or an oak? Since, from the doctrine of transmigration, a soul is also implanted in these. These therefore are the principal arguments of the Stoics and Peripatetics.

The Arguments of the Epicureans, from Hermachus 6

7. The Epicureans, however, narrating, as it were, a long genealogy, say, that the ancient legislators, looking to the association of life, and the mutual actions of men, proclaimed that manslaughter was unholy, and punished it with no casual disgrace. Perhaps, indeed, a certain natural alliance which exists in men towards each other, though the similitude of form and soul, is the reason why they do not so readily destroy an animal of this kind, as some of the other animals which are conceded to our use. Nevertheless, the greatest cause why manslaughter was considered as a thing grievous to be borne, and impious, was the opinion that it did not contribute to the whole nature and condition of human life. For, from a principle of this kind, those who are capable of perceiving the advantage arising from this decree, require no other cause of being restrained from a deed so dire. But those who are not able to have a sufficient perception of this, being terrified by the magnitude of the punishment, will abstain from readily destroying each other. For those, indeed, who survey the utility of the before-mentioned ordinance, will promptly observe it; but those who are not able to perceive the benefit with which it is attended, will obey the mandate, in consequence of fearing the threatenings of the laws; which threatenings certain persons ordained for the sake of those who could not, by a reasoning process, infer the beneficial tendency of the decree, at the same time that most would admit this to be evident.

8. For none of those legal institutes which were established from the first, whether written or unwritten, and which still remain, and are adapted to be transmitted, [from one generation to another] became lawful through violence, but through the consent of those that used them. For those who introduced things of this kind to the multitude, excelled in wisdom, and not in strength of body, and the power which subjugates the rabble. Hence, through this, some were led to

a rational consideration of utility, of which they had only an irrational sensation, and which they had frequently forgotten; but others were terrified by the magnitude of the punishments. For it was not possible to use any other remedy for the ignorance of what is beneficial than the dread of the punishment ordained by law. For this alone even now keeps the vulgar in awe, and prevents them from doing any thing, either publicly or privately, which is not beneficial [to the community]. But if all men were similarly capable of surveying and recollecting what is advantageous, there would be no need of laws, but men would spontaneously avoid such things as are prohibited, and perform such as they were ordered to do. For a survey of what is useful and detrimental, is a sufficient incentive to the avoidance of the one and the choice of the other. But the infliction of punishment has a reference to those who do not foresee what is beneficial. For impendent punishment forcibly compels such as these to subdue those impulses which lead them to useless actions, and to do that which is right.

9. Hence also, legislators ordained, that even involuntary manslaughter should not be entirely void of punishment; in order that they might not only afford no pretext for the voluntary imitation of those deeds which were involuntarily performed, but also that they might prevent many things of this kind from taking place, which happen, in reality, involuntarily. For neither is this advantageous through the same causes, by which men were forbidden voluntarily to destroy each other. Since, therefore, of involuntary deeds, some proceed from a cause which is unstable, and which cannot be guarded against by human nature; but others are produced by our negligence and inattention to different circumstances; hence legislators, wishing to restrain that indolence which is injurious to our neighbours, did not even leave an involuntary noxious deed without punishment, but,

through the fear of penalties, prevented the commission of numerous offences of this kind. I also am of opinion, that the slaughters which are allowed by law, and which receive their accustomed expiations through certain purifications, were introduced by those ancient legislators, who first very properly instituted these things for no other reason than that they wished to prevent men as much as possible from voluntary slaughter. For the vulgar everywhere require something which may impede them from promptly performing what is not advantageous [to the community]. Hence those who first perceived this to be the case, not only ordained the punishment of fines, but also excited a certain other irrational dread, though proclaiming those not to be pure who in any way whatever had slain a man, unless they used purifications after the commission of the deed. For that part of the soul which is void of intellect, being variously disciplined, acquired a becoming mildness, certain taming arts having been from the first invented for the purpose of subduing the irrational impulses of desire, by those who governed the people. And one of the precepts promulgated on this occasion was, that men should not destroy each other without discrimination.

10. Those, however, who first defined what we ought to do, and what we ought not, very properly did not forbid us to kill other animals. For the advantage arising from these is effected by a contrary practice, since it is not possible that men could be preserved, unless they endeavoured to defend those who are nurtured with themselves from the attacks of other animals. At that time, therefore, some of those, of the most elegant manners, recollecting that they abstained from slaughter because it was useful to the public safety, they also reminded the rest of the people in their mutual associations of what was the consequence of this abstinence; in order that, by refraining from the slaughter of their kindred, they might preserve that communion which greatly contributes to the

peculiar safety of each individual. But it was not only found to be useful for men not to separate from each other, and not to do any thing injurious to those who were collected together in the same place, for the purpose of repelling the attacks of animals of another species; but also for defence against men whose design was to act nefariously. To a certain extent, therefore, they abstained from the slaughter of men, for these reasons, viz. in order that there might be a communion among them in things that are necessary, and that a certain utility might be afforded in each of the above-mentioned incommunities. In the course of time, however, when the offspring of mankind, through their intercourse with each other, became more widely extended, and animals of a different species were expelled, certain persons directed their attention in a rational way to what was useful to men in their mutual nutriment, and did not alone recall this to their memory in an irrational manner.

11. Hence they endeavoured still more firmly to restrain those who readily destroyed each other, and who, through an oblivion of past transactions, prepared a more imbecile defence. But in attempting to effect this, they introduced those legal institutes which still remain in cities and nations; the multitude spontaneously assenting to them, in consequence of now perceiving, in a greater degree, the advantage arising from an association with each other. For the destruction of every thing noxious, and the preservation of that which is subservient to its extermination, similarly contribute to a fearless life. And hence it is reasonable to suppose, that one of the above-mentioned particulars was forbidden, but that the other was not prohibited. Nor must it be said, that the law allows us to destroy some animals which are not corruptive of human nature, and which are not in any other way injurious to our life. For as I may say, no animal among those which the law permits us to kill is of this kind;

since, if we suffered them to increase excessively, they would become injurious to us. But through the number of them which is now preserved, certain advantages are imparted to human life. For sheep and oxen, and every such like animal, when the number of them is moderate, are beneficial to our necessary wants; but if they become redundant in the extreme, and far exceed the number which is sufficient, they then become detrimental to our life; the latter by employing their strength, in consequence of participating of this through an innate power of nature, and the former, by consuming the nutriment which springs up from the earth for our benefit alone. Hence, through this cause, the slaughter of animals of this kind is not prohibited, in order that as many of them as are sufficient for our use, and which we may be able easily to subdue, may be left. For it is not with horses, oxen, and sheep, and with all tame animals, as it is with lions and wolves, and, in short, with all such as are called savage animals, that, whether the number of them is small or great, no multitude of them can be assumed, which, if left, would alleviate the necessity of our life. And on this account, indeed, we utterly destroy some of them; but of others, we take away as many as are found to be more than commensurate to our use.

12. On this account, from the above-mentioned causes, it is similarly requisite to think, that what pertains to the eating of animals, was ordained by those who from the first established the laws; and that the advantageous and the disadvantageous were the causes why some animals were permitted to be eaten and others not. So that those who assert, that every thing beautiful and just subsists conformably to the peculiar opinions of men respecting those who establish the laws, are full of a certain most profound stupidity. For it is not possible that this thing can take place in any other way than that in which the other utilities of life subsist, such as those that are

salubrious, and an innumerable multitude of others. Erroneous opinions, however, are entertained in many particulars, both of a public and private nature. For certain persons do not perceive those legal institutes, which are similarly adapted to all men; but some, conceiving them to rank among things of an indifferent nature, omit them; while others, who are of a contrary opinion, think that such things as are not universally profitable, are every where advantageous. Hence, through this cause, they adhere to things which are inappropriate; though in certain particulars they discover what is advantageous to themselves, and what contributes to general utility. And among these are to be enumerated the eating of animals, and the legally ordained destructions which are instituted by most nations on account of the peculiarity of the region. It is not necessary, however, that these institutes should be preserved by us, because we do not dwell in the same place as those did by whom they were made. If, therefore, it was possible to make a certain compact with other animals in the same manner as with men, that we should not kill them, nor they us, and that they should not be indiscriminately destroyed by us, it would be well to extend justice as far as to this; for this extent of it would be attended with security. But since it is among things impossible, that animals which are not recipients of reason should participate with us of law, on this account, utility cannot be in a greater degree procured by security from other animals, than from inanimate natures. But we can alone obtain security from the liberty which we now possess of putting them to death. And such are the arguments of the Epicureans.

The Arguments of Claudius the Neapolitan who published a Treatise against Abstinence from Animal Food.

13. It now remains, that we should adduce what plebeians and the vulgar are accustomed to say on this subject. For they say, that the ancients abstained from animals, not through piety, but because they did not yet know the use of fire; but that as soon as they became acquainted with its utility, they then conceived it to be most honourable and sacred. They likewise called it Vesta, and from this the appellation of convestals or companions was derived; and afterwards they began to use animals. For it is natural to man to eat flesh, but contrary to his nature to eat it raw. Fire, therefore, being discovered, they embraced what is natural, and admitted the eating of boiled and masted flesh. Hence lynxes are [said by Homer 7 to be] crudivorous, or eaters of raw flesh; and of Priam, also, he says, as a disgraceful circumstance,

Raw flesh by you, O Priam, is devoured 8.

And,

Raw flesh, dilacerating, he devoured 9.

And this is said, as if the eating of raw flesh pertained to the impious. Telemachus, also, when Minerva was his guest, placed before her not raw, but roasted flesh. At first, therefore, men did not eat animals, for man is not [naturally] a devourer of raw flesh. But when the use of fire was discovered, fire was employed not only for the cooking of flesh, but also for most other eatables. For that man is not [naturally] adapted to eat raw flesh, is evident from certain nations that feed on fishes. For these they roast, some upon stones that are very much heated by the sun; but others roast them in the sand. That man, however, is adapted to feed on flesh, is evident from this, that no nation abstains from animal food. Nor is this adopted by the Greeks through depravity, since the same custom is admitted by the barbarians.

14. But he who forbids men to feed on animals, and thinks it is unjust, will also say that it is not just to kill them, and deprive them of life. Nevertheless, an innate and just war is implanted in us against brutes. For some of them voluntarily attack men, as, for instance, wolves and lions; others not voluntarily, as serpents, since they bite not, except they are trampled on. And some, indeed, attack men; but others destroy the fruits of the earth. From all these causes, therefore, we do not spare the life of brutes; but we destroy those who commence hostilities against us, as also those who do not, lest we should suffer any evil from them. For there is no one who, if he sees a serpent, will not, if he is able, destroy it, in order that neither it, nor any other serpent, may bite a man. And this arises, not only from our hatred of those that are the destroyers of our race, but likewise from that kindness which subsists between one man and another. But though the war against brutes is just, yet we abstain from many which associate with men. Hence, the Greeks do not feed either on dogs, or horses, or asses, because of these, those that are tame are of the same species as the wild. Nevertheless, they eat swine and birds. For a hog is not useful for anything but food. The Phoenicians, however, and Jews, abstain from it, because, in short, it is not produced in those places. For it is said, that this animal is not seen in Ethiopia even at present. As, therefore, no Greek sacrifices a camel or an elephant to the Gods, because Greece does not produce these animals, so neither is a hog sacrificed to the Gods in Cyprus or Phoenicia, because it is not indigenous in those places. And, for the same reason, neither do the Egyptians sacrifice this animal to the Gods. In short, that some nations abstain from a hog, is similar to our being unwilling to eat the flesh of camels.

15. But why should any one abstain from animals? Is it because feeding on them makes the soul or the body worse? It is, however, evident, that neither of these is deteriorated by

it. For those animals that feed on flesh are more sagacious than others, as they are venatic, and possess an art by which they supply themselves with food, and acquire power and strength; as is evident in lions and wolves. So that the eating of flesh neither injures the soul nor the body. This likewise is manifest, both from the athletae, whose bodies become stronger by feeding on flesh, and from physicians, who restore bodies to health by the use of animal food. For this is no small indication that Pythagoras did not think sanely, that none of the wise men embraced his opinion; since neither any one of the seven wise men, nor any of the physiologists who lived after them, nor even the most wise Socrates, or his followers, adopted it.

16. Let it, however, be admitted that all men are persuaded of the truth of this dogma, respecting abstinence from animals. But what will be the boundary of the propagation of animals? For no one is ignorant how numerous the progeny is of the swine and the hare. And to these add all other animals. Whence, therefore, will they be supplied with pasture? And what will husbandmen do? For they will not destroy those who destroy the fruits of the earth. And the earth will not be able to bear the multitude of animals. Corruption also will be produced from the putridity of those that will die. And thus, from pestilence taking place, no refuge will be left. For the sea, and rivers, and marshes, will be filled with fishes, and the air with birds, but the earth will be full of reptiles of every kind.

17. How many likewise will be prevented from having their diseases cured, if animals are abstained from? For we see that those who are blind recover their sight by eating a viper. A servant of Craterus, the physician, happening to be seized with a new kind of disease, in which the flesh fell away from the bones, derived no benefit from medicines; but by eating a

viper prepared after the manner of a fish, the flesh became conglutinated to the bones, and he was restored to health. Many other animals also, and their several parts, cure diseases when they are properly used for that purpose; of all which remedies he will be frustrated who rejects animal food.

18. But, if as they say, plants also have a soul, what will become of our life if we neither destroy animals nor plants? If, however, he is not impious who cuts off plants, neither will he be who kills animals.

19. But some one may, perhaps, say it is not proper to destroy that which belongs to the same tribe with ourselves; if the souls of animals are of the same essence with ourselves. If, however, it should be granted that souls are inserted in bodies voluntarily, it must be said that it is through a love of juvenility: for in the season of youth there is an enjoyment of all things. Why, therefore, do they not again enter into the nature of man? But if they enter voluntarily, and for the sake of juvenility, and pass through every species of animals, they will be much gratified by being destroyed. For thus their return to the human form will be more rapid. The bodies also which are eaten will not produce any pain in the souls of those bodies, in consequence of the souls being liberated from them; and they will love to be implanted in the nature of man. Hence, as much as they are pained on leaving the human form, so much will they rejoice when they leave other bodies. For thus they will more swiftly become man again, who predominates over all irrational animals, in the same manner as God does over men. There is, therefore, a sufficient cause for destroying other animals, viz. their acting unjustly in destroying men. But if the souls of men are immortal, but those of irrational animals mortal, men will not act unjustly by destroying irrational animals. And if the souls of brutes are immortal, we shall benefit them by liberating them from their

bodies. For, by killing them, we shall cause them to return to the human nature.

20. If, however, we [only] defend ourselves [in putting animals to death], we do not act unjustly, but we take vengeance on those that injure us. Hence, if the souls of brutes are indeed immortal, we benefit them by destroying them. But if their souls are mortal, we do nothing impious in putting them to death. And if we defend ourselves against them, how is it possible that in so doing we should not act justly. For we destroy, indeed, a serpent and a scorpion, though they do not attack us, in order that some other person may not be injured by them; and in so doing we defend the human race in general. But shall we not act justly in putting those animals to death, which either attack men, or those that associate with men, or injure the fruits of the earth?

21. If, however, some one should, nevertheless, think it is unjust to destroy brutes, such a one should neither use milk, nor wool, nor sheep, nor honey. For, as you injure a man by taking from him his garments, thus, also, you injure a sheep by shearing it. For the wool which you take from it is its vestment. Milk, likewise, was not produced for you, but for the young of the animal that has it. The bee also collects honey as food for itself; which you, by taking away, administer to your own pleasure. I pass over in silence the opinion of the Egyptians, that we act unjustly by meddling with plants. But if these things were produced for our sake, then the bee, being ministrant to us, elaborates honey, and the wool grows on the back of sheep, that it may be an ornament to us, and afford us a bland heat.

22. Co-operating also with the Gods themselves in what contributes to piety, we sacrifice animals: for, of the Gods, Apollo, indeed, is called the λυκοκτονος, slayer of wolves; and Diana, θηροκτονος, the destroyer of wild beasts. Demi-gods

likewise, and all the heroes who excel us both in origin and virtue, have so much approved of the slaughter of animals, that they have sacrificed to the Gods Dodeceides 10 and Hecatombs. But Hercules, among other things, is celebrated for being an ox-devourer.

23. It is, however, stupid to say that Pythagoras exhorted men to abstain from animals, in order that he might, in the greatest possible degree, prevent them from eating each other. For, if all men at the time of Pythagoras were anthropophagites, he must be delirious who drew men away from other animals, in order that they might abstain from devouring each other. For, on this account, he ought rather to have extorted them to become anthropophagites, by showing them that it was an equal crime to devour each other, and to eat the flesh of oxen and swine. But if men at that time did not eat each other, what occasion was there for this dogma? And if he established this law for himself and his associates, the supposition that he did so is disgraceful. For it demonstrates that those who lived with Pythagoras were anthropophagites.

24. For we say that the very contrary of what he conjectured would happen. For, if we abstained from animals, we should not only be deprived of pleasure and riches of this kind, but we should also lose our fields, which would be destroyed by wild beasts; since the whole earth would be occupied by serpents and birds, so that it would be difficult to plough the land; the scattered seeds would immediately be gathered by the birds; and all such fruits as had arrived at perfection, would be consumed by quadrupeds. But men being oppressed by such a want of food, would be compelled, by bitter necessity, to attack each other.

25. Moreover, the Gods themselves, for the sake of a remedy, have delivered mandates to many persons about sacrificing animals. For history is full of instances of the Gods having

ordered certain persons to sacrifice animals, and, when sacrificed, to eat them. For, in the return of the Heraclidae, those who engaged in war against Lacedæmon, in conjunction with Eurysthenes and Procles, through a want of necessaries, were compelled to eat serpents, which the land at that time afforded for the nutriment of the army. In Libya, also, a cloud of locusts fell for the relief of another army that was oppressed by hunger. The same thing likewise happened at Gades. Bogus was a king of the Mauritians, who was slain by Agrippa in Mothone. He in that place attacked the temple of Hercules, which was most rich. But it was the custom of the priests daily to sprinkle the altar with blood. That this, however, was not effected by the decision of men, but by that of divinity, the occasion at that time demonstrated. For, the siege being continued for a long time, victims were wanting. But the priest being dubious how he should act, had the following vision in a dream. He seemed to himself to be standing in the middle of the pillars of the temple of Hercules, and afterwards to see a bird sitting opposite to the altar, and endeavouring to fly to it, but which at length flew into his hands. He also saw that the altar was sprinkled with its blood. Seeing this, he rose as soon as it was day, and went to the altar, and standing on the turret, as he thought he did in his dream, he looked round, and saw the very bird which he had seen in his sleep. Hoping, therefore, that his dream would be fulfilled, he stood still, saw the bird fly to the altar and sit upon it, and deliver itself into the hands of the high priest. Thus the bird was sacrificed, and the altar sprinkled with blood. That, however, which happened at Cyzicus, is still more celebrated than this event. For Mithridates having besieged this city, the festival of Proserpine was then celebrated, in which it was requisite to sacrifice an ox. But the sacred herds, from which it was necessary the victim should be taken, fed opposite to the city,

on the continent 11: and one of them was already marked for this purpose. When, therefore, the hour demanded the sacrifice, the ox lowed, and swam over the sea, and the guards of the city opened the gates to it. Then the ox directly ran into the city, and stood at the altar, and was sacrificed to the Goddess. Not unreasonably, therefore, was it thought to be most pious to sacrifice many animals, since it appeared that the sacrifice of them was pleasing to the Gods.

26. But what would be the condition of a city, if all the citizens were of this opinion, [viz. that they should abstain from destroying animals?] For how would they repel their enemies, when they were attacked by them, if they were careful in the extreme not to kill any one of them? In this case, indeed, they must be immediately destroyed. And it would be too prolix to narrate other difficulties and inconveniences, which would necessarily take place. That it is not, however, impious to slay and feed on animals, is evident from this, that Pythagoras himself, though those prior to him permitted the *athletae* to drink milk, and to eat cheese, irrigated with water; but others, posterior to him, rejecting this diet, fed them with dry figs; yet he, abrogating the ancient custom, allowed them to feed on flesh, and found that such a diet greatly increased their strength. Some also relate, that the Pythagoreans themselves did not spare animals when they sacrificed to the gods. Such, therefore, are the arguments of Clodius, Heraclides Ponticus, Hermachus the Epicurean, and the Stoics and Peripatetics [against abstinence from animal food] among which also are comprehended the arguments which were sent to us by you, O Castricius. As, however, I intend to oppose these opinions, and those of the multitude, I may reasonably premise what follows.

27. In the first place, therefore, it must be known that my discourse does not bring with it an exhortation to every

description of men. For it is not directed to those who are occupied in sordid mechanical arts, nor to those who are engaged in athletic exercises; neither to soldiers, nor sailors, nor rhetoricians, nor to those who lead an active life. But I write to the man who considers what he is, whence he came, and whither he ought to tend, and who, in what pertains to nutriment, and other necessary concerns, is different from those who propose to themselves other kinds of life; for to none but such as these do I direct my discourse. For, neither in this common life can there be one and the same exhortation to the sleeper, who endeavours to obtain sleep through the whole of life, and who, for this purpose, procures from all places things of a soporiferous nature, as there is to him who is anxious to repel sleep, and to dispose everything about him to a vigilant condition. But to the former it is necessary to recommend intoxication, surfeiting, and satiety, and to exhort him to choose a dark house, and

A bed, luxuriant, broad, and soft, —

as the poets say; and that he should procure for himself all such things as are of a soporiferous nature, and which are effective of sluggishness and oblivion, whether they are odours, or ointments, or are liquid or solid medicines. And to the latter it is requisite to advise the use of a drink sober and without wine, food of an attenuated nature, and almost approaching to fasting; a house lucid, and participating of a subtle air and wind, and to urge him to be strenuously excited by solicitude and thought, and to prepare for himself a small and hard bed. But, whether we are naturally adapted to this, I mean to a vigilant life, so as to grant as little as possible to sleep, since we do not dwell among those who are perpetually vigilant, or whether we are designed to be in a soporiferous state of existence, is the business of another discussion, and is a subject which requires very extended demonstrations.

28. To the man, however, who once suspects the enchantments attending our journey through the present life, and belonging to the place in which we dwell; who also perceives himself to be naturally vigilant, and considers the somniferous nature of the region which he inhabits; — to this man addressing ourselves, we prescribe food consentaneous to his suspicion and knowledge of this terrene abode, and exhort him to suffer the somnolent to be stretched on their beds, dissolved in sleep. For it is requisite to be cautious, lest as those who look on the blear-eyed contract on ophthalmy, and as we gape when present with those who are gaping, so we should be filled with drowsiness and sleep, when the region which we inhabit is cold, and adapted to fill the eyes with rheum, as being of a marshy nature, and drawing down all those that dwell in it to a somniferous and oblivious condition. If, therefore, legislators had ordained laws for cities, with a view to a contemplative and intellectual life, it would certainly be requisite to be obedient to those laws, and to comply with what they instituted concerning food. But if they established their laws, looking to a life according to nature, and which is said to rank as a medium, [between the irrational and the intellectual life,] and to what the vulgar admit, who conceive externals, and things which pertain to the body to be good or evil, why should anyone, adducing their laws, endeavour to subvert a life, which is more excellent than every law which is written and ordained for the multitude, and which is especially conformable to an unwritten and divine law? For such is the truth of the case.

29. The contemplation which procures for us felicity, does not consist, as some one may think it does, in a multitude of discussions and disciplines; nor does it receive any increase by a quantity of words. For if this were the case, nothing would prevent those from being happy by whom all disciplines are collected together [and comprehended]. Now, however,

every discipline by no means gives completion to this contemplation, nor even the disciplines which pertain to truly existing beings, unless there is a conformity to them of our nature ¹² and life. For since there are, as it is said, in every purpose three ¹³ ends, the end with us is to obtain the contemplation of real being, the attainment of it procuring, as much as it is possible for us, a conjunction of the contemplator with the object of contemplation. For the reascent of the soul is not to anything else than true being itself, nor is its conjunction with any other thing. But intellect is truly-existing being; so that the end is to live according to intellect. Hence such discussions and exoteric disciplines as impede our purification, do not give completion to our felicity. If, therefore, felicity consisted in literary attainments, this end might be obtained by those who pay no attention to their food and their actions. But since for this purpose it is requisite to exchange the life which the multitude lead for another, and to become purified both in words and deeds, let us consider what reasonings and what works will enable us to obtain this end.

30. Shall we say, therefore, that they will be such as separate us from sensibles, and the passions which pertain to them, and which elevate us as much as possible to an intellectual, unimagivative, and impassive life; but that the contraries to these are foreign, and deserve to be rejected? And this by so much the more, as they separate us from a life according to intellect. But, I think, it must be admitted, that we should follow the object to which intellect attracts us. For we resemble those who enter into, or depart from a foreign region, not only because we are banished from our intimate associates, but in consequence of dwelling in a foreign land, we are filled with barbaric passions, and manners, and legal institutes, and to all these have a great propensity. Hence, he who wishes to return to his proper kindred and associates,

should not only with alacrity begin the journey, but, in order that he may be properly-received, should meditate how he may divest himself of everything of a foreign nature which he has assumed, and should recall to his memory such things as he has forgotten, and without which he cannot be admitted by his kindred and friends. After the same manner, also, it is necessary, if we intend to return to things which are truly our own, that we should divest ourselves of every thing of a mortal nature which we have assumed, together with an adhering affection towards it, and which is the cause of our descent [into this terrestrial region;] and that we should excite our recollection of that blessed and eternal essence, and should hasten our return to the nature which is without colour and without quality, earnestly endeavouring to accomplish two things; one, that we may cast aside every thing material and mortal; but the other, that we may properly return, and be again conversant with our true kindred, ascending to them in a way contrary to that in which we descended hither. For we were intellectual natures, and we still are essences purified from all sense and irrationality; but we are complicated with sensibles, through our incapability of eternally associating with the intelligible, and through the power of being conversant with terrestrial concerns. For all the powers which energize in conjunction with sense and body, are injured, in consequence of the soul not abiding in the intelligible; (just as the earth, when in a bad condition, though it frequently receives the seed of wheat, yet produces nothing but tares), and this is through a certain depravity of the soul, which does not indeed destroy its essence from the generation of irrationality, but through this is conjoined with a mortal nature, and is drawn down from its own proper to a foreign condition of being.

31. So that, if we are desirous of returning to those natures with which we formerly associated, we must endeavour to the

utmost of our power to withdraw ourselves from sense and imagination, and the irrationality with which they are attended, and also from the passions which subsist about them, as far as the necessity of our condition in this life will permit. But such things as pertain to intellect should be distinctly arranged, procuring for it peace and quiet from the war with the irrational part; that we may not only be auditors of intellect and intelligibles, but may as much as possible enjoy the contemplation of them, and, being established in an incorporeal nature, may truly live through intellect; and not falsely in conjunction with things allied to bodies. We must therefore divest ourselves of our manifold garments, both of this visible and fleshly vestment, and of those with which we are internally clothed, and which are proximate to our cutaneous habiliments; and we must enter the stadium naked and unclothed, striving for [the most glorious of all prizes] the Olympia of the soul. The first thing, however, and without which we cannot contend, is to divest ourselves of our garments. But since of these some are external and others internal, thus also with respect to the denudation, one kind is through things which are apparent, but another through such as are more unapparent. Thus, for instance, not to eat, or not to receive what is offered to us, belongs to things which are immediately obvious; but not to desire is a thing more obscure; so that, together with deeds, we must also withdraw ourselves from an adhering affection and passion towards them. For what benefit shall we derive by abstaining from deeds, when at the same time we tenaciously adhere to the causes from which the deeds proceed?

32. But this departure [from sense, imagination, and irrationality,] may be effected by violence, and also by persuasion and by reason, through the wasting away, and, as it may be said, oblivion and death of the passions; which, indeed, is the best kind of departure, since it is accomplished

without oppressing that from which we are divulsed. For, in sensibles, a divulsion by force is not effected without either a laceration of a part, or a vestige of avulsion. But this separation is introduced by a continual negligence of the passions. And this negligence is produced by an abstinence from those sensible perceptions which excite the passions, and by a persevering attention to intelligibles. And among these passions or perturbations, those which arise from food are to be enumerated.

33. We should therefore abstain, no less than from other things, from certain food, viz., such as is naturally adapted to excite the passive part of our soul, concerning which it will be requisite to consider as follows: There are two fountains whose streams irrigate the bond by which the soul is bound to the body; and from which the soul being filled as with deadly potions, becomes oblivious of the proper objects of her contemplation. These fountains are pleasure and pain; of which sense indeed is preparative, and the perception which is according to sense, together with the imaginations, opinions, and recollections which accompany the senses. But from these, the passions being excited, and the whole of the irrational nature becoming fattened, the soul is drawn downward, and abandons its proper love of true being. As much as possible, therefore, we must separate ourselves from these. But the separation must be effected by an avoidance of the passions which subsist through the senses and the irrational part. But the senses are employed either on objects of the sight, or of the hearing, or of the taste, or the smell, or the touch; for sense is as it were the metropolis of that foreign colony of passions which we contain. Let us, therefore, consider how much fuel of the passions enters into us through each of the senses. For this is effected partly by the view of the contests of horses and the athletae, or those whose bodies are contorted in dancing; and partly from the survey of

beautiful women. For these, ensnaring the irrational nature, attack and subjugate it by all-various deceptions.

34. For the soul, being agitated with Bacchic fury through all these by the irrational part, is made to leap, to exclaim and vociferate, the external tumult being inflamed by the internal, and which was first enkindled by sense. But the excitations through the ears, and which are of a passive nature, are produced by certain noises and sounds, by indecent language and defamation, so that many through these being exiled from reason, are furiously agitated, and some, becoming effeminate, exhibit all-various convolutions of the body. And who is ignorant how much the use of fumigations, and the exhalations of sweet odours, with which lovers supply the objects of their love, fatten the irrational part of the soul? But what occasion is there to speak of the passions produced through the taste? For here, especially, there is a complication of a twofold bond; one which is fattened by the passions excited by the taste; and the other, which we render heavy and powerful, by the introduction of foreign bodies [i.e. of bodies different from our own]. For, as a certain physician said, those are not the only poisons which are prepared by the medical art; but those likewise which we daily assume for food, both in what we eat, and what we drink, and a thing of a much more deadly nature is imparted to the soul through these, than from the poisons which are compounded for the purpose of destroying the body. And as to the touch, it does all but transmute the soul into the body, and produces in it certain inarticulate sounds, such as frequently take place in inanimate bodies. And from all these, recollections, imaginations, and opinions being collected together, excite a swarm of passions, viz. of fear, desire, anger, love, voluptuousness,¹⁴ pain, emulation, solicitude, and disease, and cause the soul to be full of similar perturbations.

35. Hence, to be purified from all these is most difficult, and requires a great contest, and we must bestow much labour both by night and by day to be liberated from an attention to them, and this, because we are necessarily complicated with sense. Whence, also, as much as possible, we should withdraw ourselves from those places in which we may, though unwillingly, meet with this hostile crowd. From experience, also, we should avoid a contest with it, and even a victory over it, and the want of exercise from inexperience.

36. For we learn, that this conduct was adopted by some of the celebrated ancient Pythagoreans and wise men; some of whom dwelt in the most solitary places; but others in temples and sacred groves, from which, though they were in cities, all tumult and the multitude were expelled. But Plato chose to reside in the Academy, a place not only solitary and remote from the city, but which was also said to be insalubrious. Others have not spared even their eyes, through a desire of not being divulsed from the inward contemplation [of reality]. If some one, however, at the same time that he is conversant with men, and while he is filling his senses with the passions pertaining to them, should fancy that he can remain impassive, he is ignorant that he both deceives himself and those who are persuaded by him, nor does he see that we are enslaved to many passions, through not alienating ourselves from the multitude. For he did not speak vainly, and in such a way as to falsify the nature of [the Coryphaean] philosophers, who said of them, "These, therefore, from their youth, neither know the way to the forum, nor where the court of justice or senate-house is situated, or any common place of assembly belonging to the city. They likewise neither hear nor see laws, or decrees, whether orally promulgated or written. And as to the ardent endeavours of their companions to obtain magistracies, the associations of these, their banquets and wanton feastings, accompanied by pipers, these they do not

even dream of accomplishing. But whether any thing in the city has happened well or ill, or what evil has befallen any one from his progenitors, whether male or female, these are more concealed from such a one, than, as it is said, how many measures called choes the sea contains. And besides this, he is even ignorant that he is ignorant ¹⁵ of all these particulars. For he does not abstain from them for the sake of renown, but, in reality, his body only dwells, and is conversant in the city; but his reasoning power considering all these as trifling and of no value, "he is borne away", according to Pindar, "on all sides, and does not apply himself to anything which is near."

37. In what is here said, Plato asserts, that the Coryphaean philosopher, by not at all mingling himself with the above-mentioned particulars, remains impassive to them. Hence, he neither knows the way to the court of justice nor the senate-house, nor any thing else which has been before enumerated. He does not say, indeed, that he knows and is conversant with these particulars, and that, being conversant, and filling his senses with them, yet does not know anything about them; but, on the contrary, he says, that abstaining from them, he is ignorant that he is ignorant of them. He also adds, that this philosopher does not even dream of betaking himself to banquets. Much less, therefore, would he be indignant, if deprived of broth, or pieces of flesh; nor, in short, will he admit things of this kind. And will he not rather consider the abstinence from all these as trifling, and a thing of no consequence, but the assumption of them to be a thing of great importance and noxious? For since there are two paradigms in the order of things, one of a divine nature, which is most happy, the other of that which is destitute of divinity, and which is most miserable ¹⁶; the Coryphaean philosopher will assimilate himself to the one, but will render himself dissimilar to the other, and will lead a life

conformable to the paradigm to which he is assimilated, viz. a life satisfied with slender food, and sufficient to itself, and in the smallest degree replete with mortal natures.

38. Hence, as long as any one is discordant about food, and contends that this or that thing should be eaten, but does not conceive that, if it were possible, we should abstain from all food, assenting by this contention to his passions, such a one forms a vain opinion, as if the subjects of his dissension were things of no consequence. He, therefore, who philosophizes, will not separate himself [from his terrestrial bonds] by violence; for he who is compelled to do this, nevertheless remains there from whence he was forced to depart. Nor must it be thought, that he who strengthens these bonds, effects a thing of small importance. So that only granting to nature what is necessary, and this of a light quality, and through more slender food, he will reject whatever exceeds this, as only contributing to pleasure. For he will be persuaded of the truth of what Plato says, that sense is a nail by which the soul is fastened to bodies 17, through the agglutination of the passions, and the enjoyment of corporeal delight. For if sensible perceptions were no impediment to the pure energy of the soul, why would it be a thing of a dire nature to be in body, while at the same time the soul remained impassive to the motions of the body?

39. How is it, also, that you have decided and said, that you are not passive to things which you suffer, and that you are not present with things by which you are passively affected? For intellect, indeed, is present with itself, though we are not present with it. But he who departs from intellect, is in that place to which he departs; and when, by discursive energies, he applies himself upwards and downwards by his apprehension of things, he is there where his apprehension is. But it is one thing not to attend to sensibles, in consequence

of being present with other things, and another for a man to think, that though he attends to sensibles yet he is not present with them. Nor can any one show that Plato admits this, without at the same time demonstrating himself to be deceived. He, therefore, who submits to the assumption of [every kind of] food, and voluntarily betakes himself to [alluring] spectacles, to conversation with the multitude, and laughter; such a one, by thus acting, is there where the passion is which he sustains. But he who abstains from these in consequence of being present with other things, he it is who, through his unskilfulness, not only excites laughter in Thracian maid-servants, but in the rest of the vulgar, and when he sits at a banquet, falls into the greatest perplexity, not from any defect of sensation, or from a superior accuracy of sensible perception, and energizing with the irrational part of the soul alone; for Plato does not venture to assert this; but because, in slanderous conversation, he has nothing reproachful to say of anyone, as not knowing any evil of anyone, because he has not made individuals the subject of his meditation. Being in such perplexity, therefore, he appears, says Plato, to be ridiculous; and in the praises and boastings of others, as he is manifestly seen to laugh, not dissembling, but, in reality, he appears to be delirious.

40. So that, through ignorance of, and abstaining from sensible concerns, he is unacquainted with them. But it is by no means to be admitted, that though he should be familiar with sensibles, and should energize through the irrational part, yet it is possible for him [at the same time] genuinely to survey the objects of intellect. For neither do they who assert that we have two souls, admit that we can attend at one and the same time to two different things. For thus they would make a conjunction of two animals, which being employed in different energies, the one would not be able to perceive the operations of the other.

41. But why should it be requisite that the passions should waste away, that we should die with respect to them, and that this should be daily the subject of our meditation, if it was possible for us, as some assert, to energize according to intellect, though we are at the same time intimately connected with mortal concerns, and this without the intuition of intellect? For intellect sees, and intellect hears [as Epicharmus says]. But if while eating luxuriously, and drinking the sweetest wine, it were possible to be present with immaterial natures, why may not this be frequently effected while you are present with, and are performing things which it is not becoming even to mention? For these passions every where proceed from the boy 18 which is in us. And you certainly will admit that the baser these passions are, the more we are drawn down towards them. For what will be the distinction which ought here to be made, if you admit that to some things it is not possible to be passive, without being present with them, but that you may accomplish other things, at the same time that you are surveying intelligibles? For it is not because some things are apprehended to be base by the multitude, but others not. For all the above mentioned passions are base. So that to the attainment of a life according to intellect, it is requisite to abstain from all these, in the same manner as from venereal concerns. To nature, therefore, but little food must be granted, through the necessity of generation [or of our connexion with a flowing condition of being.] For, where sense and sensible apprehension are, there a departure and separation from the intelligible take place; and by how much stronger the excitation is of the irrational part, by so much the greater is the departure from intellection. For it is not possible for us to be borne along to this place and to that, while we are here, and yet be there, [i.e. be present with an intelligible essence.] For our attentions to things are not effected with a part, but

with the whole of ourselves.

42. But to fancy that he who is passively affected according to sense, may, nevertheless, energize about intelligibles, has precipitated many of the Barbarians to destruction; who arrogantly assert, that though they indulge in every kind of pleasure, yet they are able to convert themselves to things of a different nature from sensibles, at the same time that they are energizing with the irrational part. For I have heard some persons patronizing their infelicity after the following manner. "We are not," say they, "defiled by food, as neither is the sea by the filth of rivers. For we have dominion over all eatables, in the same manner as the sea over all humidity. But if the sea should shut up its mouth, so as not to receive the streams that now flow into it, it would be indeed, with respect to itself, great; but, with respect to the world, small, as not being able to receive dirt and corruption. If, however, it was afraid of being defiled, it would not receive these streams; but knowing its own magnitude, it receives all things, and is not averse to anything which proceeds into it. In like manner, say they, we also, if we were afraid of food, should be enslaved by the conception of fear. But it is requisite that all things should be obedient to us. For, if we collect a little water, indeed, which has received any filth, it becomes immediately defiled and oppressed by the filth; but this is not the case with the profound sea. Thus, also, aliments vanquish the pusillanimous; but where there is an immense liberty with respect to food, all things are received for nutriment, and no defilement is produced." These men, therefore, deceiving themselves by arguments of this kind, act in a manner conformable to their deception. But, instead of obtaining liberty, being precipitated into an abyss of infelicity, they are suffocated. This, also, induced some of the Cynics to be desirous of eating every kind of food, in consequence of their pertinaciously adhering to the cause of errors, which we are

accustomed to call a thing of an indifferent nature.

43. The man, however, who is cautious, and is suspicious of the enchantments of nature, who has surveyed the essential properties of body, and knows that it was adapted as an instrument to the powers of the soul, will also know how readily passion is prepared to accord with the body, whether we are willing or not, when anything external strikes it, and the pulsation at length arrives at perception. For perception is, as it were, an answer to [that which causes the perception.] But the soul cannot answer unless she wholly converts herself to the sound, and transfers her animadversive eye to the pulsation. In short, the irrational part not being able to judge to what extent, how, whence, and what thing ought to be the object of attention, but of itself being inconsiderate, like horses without a charioteer 19; whither it verges downward, thither it is borne along, without any power of governing itself in things external. Nor does it know the fit time or the measure of the food which should be taken, unless the eye of the charioteer is attentive to it, which regulates and governs the motions of irrationality, this part of the soul being essentially blind. But he who takes away from reason its dominion over the irrational part, and permits it to be borne along, conformably to its proper nature: such a one, yielding to desire and anger, will suffer them to proceed to whatever extent they please. On the contrary, the worthy man will so act that his deeds may be conformable to presiding reason, even in the energies of the irrational part.

44. And in this the worthy appears to differ from the depraved man, that the former has every where reason present, governing and guiding, like a charioteer, the irrational part; but the latter performs many things without reason for his guide. Hence the latter is said to be most irrational, and is borne along in a disorderly manner by irrationality; but the

former is obedient to reason, and superior to every irrational desire. This, therefore, is the cause why the multitude err in words and deeds, in desire and anger, and why, on the contrary, good men act with rectitude, viz. that the former suffer the boy within them to do whatever it pleases; but the latter give themselves up to the guidance of the tutor of the boy, [i.e. to reason] and govern what pertains to themselves in conjunction with it. Hence in food, and in other corporeal energies and enjoyments, the charioteer being present, defines what is commensurate and opportune. But when the charioteer is absent, and, as some say, is occupied in his own concerns, then, if he also has with him our attention, he does not permit it to be disturbed, or at all to energize with the irrational power. If, however, he should permit our attention to be directed to the boy, unaccompanied by himself, he would destroy the man, who would be precipitately borne along by the folly of the irrational part.

45. Hence, to worthy men, abstinence in food, and in corporeal enjoyments and actions, is more appropriate than abstinence in what pertains to the touch; because though, while we touch bodies, it is necessary we should descend from our proper manners to the instruction of that which is most irrational in us; yet this is still more necessary in the assumption of food. For the irrational nature is incapable of considering what will be the effect of it, because this part of the soul is essentially ignorant of that which is absent. But, with respect to food, if it were possible to be liberated from it, in the same manner as from visible objects, when they are removed from the view; for we can attend to other things when the imagination is withdrawn from them; — if this were possible, it would be no great undertaking to be immediately emancipated from the necessity of the mortal nature, by yielding, in a small degree, to it. Since, however, a prolongation of time in cooking and digesting food, and

together with this the co-operation of sleep and rest, are requisite, and, after these, a certain temperament from digestion, and a separation of excrements, it is necessary that the tutor of the boy within us should be present, who, selecting things of a light nature, and which will be no impediment to him, may concede these to nature, in consequence of foreseeing the future, and the impediment which will be produced by his permitting the desires to introduce to us a burden not easily to be borne, through the trifling pleasure arising from the deglutition of food.

46. Reason, therefore, very properly rejecting the much and the superfluous, will circumscribe what is necessary in narrow boundaries, in order that it may not be molested in procuring what the wants of the body demand, through many things being requisite; nor being attentive to elegance, will it need a multitude of servants; nor endeavour to receive much pleasure in eating, nor, through satiety, to be filled with much indolence; nor by rendering its burden [the body] more gross, to become somnolent; nor through the body being replete with things of a fattening nature, to render the bond more strong, but himself more sluggish and imbecile in the performance of his proper works. For, let any man show us who endeavours as much as possible to live according to intellect, and not to be attracted by the passions of the body, that animal food is more easily procured than the food from fruits and herbs; or that the preparation of the former is more simple than that of the latter, and, in short, that it does not require cooks, but, when compared with inanimate nutriment, is unattended by pleasure, is lighter in concoction, and is more rapidly digested, excites in a less degree the desires, and contributes less to the strength of the body than a vegetable diet.

47. If, however, neither any physician, nor philosopher, nor wrestler, nor any one of the vulgar has dared to assert this, why should we not willingly abstain from this corporeal burden? Why should we not, at the same time, liberate ourselves from many inconveniences by abandoning a fleshly diet? For we should not be liberated from one only, but from myriads of evils, by accustoming ourselves to be satisfied with things of the smallest nature; viz. we should be freed from a superabundance of riches, from numerous servants, a multitude of utensils, a somnolent condition, from many and vehement diseases, from medical assistance, incentives to venery, more gross exhalations, an abundance of excrements, the crassitude of the corporeal bond, from the strength which excites to [base] actions, and, in short, from an Iliad of evils. But from all these, inanimate and slender food, and which is easily obtained, will liberate us, and will procure for us peace, by imparting salvation to our reasoning power. For, as Diogenes says, thieves and enemies are not found among those that feed on maize ²⁰, but sycophants and tyrants are produced from those who feed on flesh. The cause, however, of our being in want of many things being taken away, together with the multitude of nutriment introduced into the body, and also the weight of digestibles being lightened, the eye of the soul will become free, and will be established as in a port beyond the smoke and the waves of the corporeal nature.

48. And this neither requires monition, nor demonstration, on account of the evidence with which it is immediately attended. Hence, not only those who endeavour to live according to intellect, and who establish for themselves an intellectual life, as the end of their pursuits, have perceived that this abstinence was necessary to the attainment of this end; but, as it appears to me, nearly every philosopher, preferring frugality to luxury, has rather embraced a life

which is satisfied with a little, than one that requires a multitude of things. And, what will seem paradoxical to many, we shall find that this is asserted and praised by men who thought that pleasure is the end of those that philosophize. For most of the Epicureans, beginning from the Corypheus and their sect, appear to have been satisfied with maize and fruits, and have filled their writings with showing how little nature requires, and that its necessities may be sufficiently remedied by slender and easily procured food.

49. For the wealth, say they, of nature is definite, and easily obtained; but that which proceeds from vain opinions, is indefinite, and procured with difficulty. For things which may be readily obtained, remove in a beautiful and abundantly sufficient manner that which, through indigence, is the cause of molestation to the flesh; and these are such as have the simple nature of moist and dry aliments. But every thing else, say they, which terminates in luxury, is not attended with a necessary appetite, nor is it necessarily produced from a certain something which is in pain; but partly arises from the molestation and pungency solely proceeding from something not being present; partly from joy; and partly from vain and false dogmas, which neither pertain to any natural defect, nor to the dissolution of the human frame, those not being present. For things which may every where be obtained, are sufficient for those purposes which nature necessarily requires. But these, through their simplicity and paucity, may be easily procured. And he, indeed, who feeds on flesh, requires also inanimate natures; but he who is satisfied with things inanimate, is easily supplied from the half of what the other wants, and needs but a small expense for the preparation of his food.

50. They likewise say, it is requisite that he who prepares the necessities of life, should not afterwards make use of

philosophy as an accession; but, having obtained it, should, with a confident mind, thus genuinely endure ²¹ the events of the day. For we shall commit what pertains to ourselves to a bad counsellor, if we measure and procure what is necessary to nature, without philosophy. Hence it is necessary that those who philosophize should provide things of this kind, and strenuously attend to them as much as possible. But, so far as there is a dereliction from thence, [i.e. from philosophizing], which is not capable of effecting a perfect purification,²² so far we should not endeavour to procure either riches or nutriment. In conjunction, therefore, with philosophy, we should engage in things of this kind, and be immediately persuaded that it is much better to pursue what is the least, the most simple, and light in nutriment. For that which is least, and is unattended with molestation, is derived from that which is least.²³

51. The preparation also of these things, draws along with it many impediments, either from the weight of the body, [which they are adapted to increase,] or from the difficulty of procuring them, or from their preventing the continuity of the energy of our most principal reasonings ²⁴, or from some other cause. For this energy then becomes immediately useless, and does not remain unchanged by the concomitant perturbations. It is necessary, however, that a philosopher should hope that he may not be in want of anything through the whole of life. But this hope will be sufficiently preserved by things which are easily procured; while, on the other hand, this hope is frustrated by things of a sumptuous nature. The multitude, therefore, on this account, though their possessions are abundant, incessantly labour to obtain more, as if they were in want. But the recollection that the greatest possible wealth has no power worth mentioning of dissolving the perturbations of the soul, will cause us to be satisfied with things easily obtained, and of the most simple nature. Things

also, which are very moderate and obvious, and which may be procured with the greatest facility, remove the tumult occasioned by the flesh. But the deficiency of things of a luxurious nature will not disturb him who meditates on death. Farther still, the pain arising from indigence is much milder than that which is produced by repletion, and will be considered to be so by him who does not deceive himself with vain opinions. Variety also of food not only does not dissolve the perturbations of the soul, but does not even increase the pleasure which is felt by the flesh. For this is terminated as soon as pain is removed 25. So that the feeding on flesh does not remove any thing which is troublesome to nature, nor effect any thing which, unless it is accomplished, will end in pain. But the pleasantness with which it is attended is violent, and, perhaps, mingled with the contrary. For it does not contribute to the duration of life, but to the variety of pleasure; and in this respect resembles venereal enjoyments, and the drinking of foreign wines, without which nature is able to remain. For those things, without which nature cannot last, are very few, and may be procured easily, and in conjunction with justice, liberty, quiet, and abundant leisure.

52. Again, neither does animal food contribute, but is rather an impediment to health. For health is preserved through those things by which it is recovered. But it is recovered through a most slender and fleshless diet; so that by this also it is preserved. If, however, vegetable food does not contribute to the strength of Milo, nor, in short, to an increase of strength, neither does a philosopher require strength, or an increase of it, if he intends to give himself up to contemplation, and not to an active and intemperate life. But it is not at all wonderful, that the vulgar should fancy that animal food contributes to health; for they also think that sensual enjoyments and venery are preservative of health, none of which benefit anyone; and those that engage in them

must be thankful if they are not injured by them. And if many are not of this opinion, it is nothing to us. For neither is any fidelity and constancy in friendship and benevolence to be found among the vulgar; nor are they capable of receiving these, nor of participating of wisdom, or any portion of it which deserves to be mentioned. Neither do they understand what is privately or publicly advantageous; nor are they capable of forming a judgment of depraved and elegant manners, so as to distinguish the one from the other. And, in addition to these things, they are full of insolence and intemperance. On this account, there is no occasion to fear that there will not be those who will feed on animals.

53. For if all men conceived rightly, there would be no need of fowlers, or hunters, or fishermen, or swineherds. But animals governing themselves, and having no guardian and ruler, would quickly perish, and be destroyed by others, who would attack them and diminish their multitude, as is found to be the case with myriads of animals on which men do not feed. But all-various folly incessantly dwelling with mankind, there will be an innumerable multitude of those who will voraciously feed on flesh. It is necessary however to preserve health; not by the fear of death, but for the sake of not being impeded in the attainment of the good which is derived from contemplation. But that which is especially preservative of health, is an undisturbed state of the soul, and a tendency of the reasoning power towards truly existing being. For much benefit is from hence derived to the body, as our associates have demonstrated from experience. Hence some who have been afflicted with the gout in the feet and hands, to such a degree as to be infested with it for eight entire years, have expelled it through abandoning wealth, and betaking themselves to the contemplation of divinity 26. At the same time, therefore, that they have abandoned riches, and a solicitude about human concerns, they have also been

liberated from bodily disease. So that a certain state of the soul greatly contributes both to health and to the good of the whole body. And to this also, for the most part, a diminution of nutriment contributes. In short, as Epicurus likewise has rightly said, that food is to be avoided, the enjoyment of which we desire and pursue, but which, after we have enjoyed, we rank among things of an unacceptable nature. But of this kind is every thing luxuriant and gross. And in this manner those are affected, who are vehemently desirous of such nutriment, and through it are involved either in great expense, or in disease, or repletion, or the privation of leisure 27.

54. Hence also, in simple and slender food, repletion is to be avoided, and every where we should consider what will be the consequence of the possession or enjoyment of it, what the magnitude of it is, and what molestation of the flesh or of the soul it is capable of dissolving. For we ought never to act indefinitely, but in things of this kind we should employ a boundary and measure; and infer by a reasoning process, that he who fears to abstain from animal food, if he suffers himself to feed on flesh through pleasure, is afraid of death. For immediately, together with a privation of such food, he conceives that something indefinitely dreadful will be present, the consequence of which will be death. But from these and similar causes, an insatiable desire is produced of riches, possessions, and renown, together with an opinion that every good is increased with these in a greater extent of time, and the dread of death as of an infinite evil. The pleasure however which is produced through luxury, does not even approach to that which is experienced by him who lives with frugality. For such a one has great pleasure in thinking how little he requires. For luxury, astonishment about venereal occupations, and ambition about external concerns, being taken away, what remaining use can there be of idle wealth, which will be of no advantage to us whatever, but will only

become a burden, no otherwise than repletion? - while, on the other hand, the pleasure arising from frugality is genuine and pure. It is also necessary to accustom the body to become alienated, as much as possible, from the pleasure of the satiety arising from luxurious food, but not from the fullness produced by a slender diet, in order that moderation may proceed through all things, and that what is necessary, or what is most excellent, may fix a boundary to our diet. For he who thus mortifies his body will receive every possible good, through being sufficient to himself, and an assimilation to divinity. And thus also, he will not desire a greater extent of time, as if it would bring with it an augmentation of good. He will likewise thus be truly rich, measuring wealth by a natural bound, and not by vain opinions. Thus too, he will not depend on the hope of the greatest pleasure, the existence of which is incredible, since this would be most troublesome. But he will remain satisfied with his present condition, and will not be anxious to live for a longer period of time.

55. Besides this also, is it not absurd, that he who is in great affliction, or, is in some grievous external calamity, or is bound with chains, does not even think of food, nor concern himself about the means of obtaining it; but when it is placed before him, refuses what is necessary to his subsistence; and that the man who is truly in bonds, and is tormented by inward calamities, should endeavour to procure a variety of eatables, paying attention to things through which he will strengthen his bonds? And how is it possible that this should be the conduct of men who know what they suffer, and not rather of those who are delighted with their calamities, and who are ignorant of the evils which they endure? For these are affected in a way contrary to those who are in chains, and who are conscious of their miserable condition; since these, experiencing no gratification in the present life, and being full of immense perturbation, insatiably aspire after another life.

For no one who can easily liberate himself from all perturbations, will desire to possess silver tables and couches, and to have ointments and cooks, splendid vessels and garments, and suppers remarkable for their sumptuousness and variety; but such a desire arises from a perfect uselessness to every purpose of the present life, from an indefinite generation of good, and from immense perturbation. Hence some do not remember the past, the recollection of it being expelled by the present; but others do not inquire about the present, because they are not gratified with existing circumstances.

56. The contemplative philosopher, however will invariably adopt a slender diet. For he knows the particulars in which his bond consists, so that he is not capable of desiring luxuries. Hence, being delighted with simple food, he will not seek for animal nutriment, as if he was not satisfied with a vegetable diet. But if the nature of the body in a philosopher was not such as we have supposed it to be, and was not so tractable, and so adapted to have its wants satisfied through things easily procured, and it was requisite to endure some pains and molestations for the sake of true salvation, ought we not [willingly] to endure them? For when it is requisite that we should be liberated from disease, do we not voluntarily sustain many pains, viz., while we are cut, covered with blood, burnt, drink bitter medicines, and are purged through the belly, through emetics, and through the nostrils, and do we not also reward those who cause us to suffer in this manner? And this being the case, ought we not to sustain every thing, though of the most afflictive nature, with equanimity, for the sake of being purified from internal disease, since our contest is for immortality, and an association with divinity, from which we are prevented through an association with the body? By no means, therefore, ought we to follow the laws of the body, which are

violent and adverse to the laws of intellect, and to the paths which lead to salvation. Since, however, we do not now philosophize about the endurance of pain, but about the rejection of pleasures which are not necessary, what apology can remain for those, who impudently endeavour to defend their own intemperance?

57. For if it is requisite not to dissemble any thing through fear, but to speak freely, it is not otherwise possible to obtain the end [of a contemplative life], than by adhering to God, as if fastened by a nail, being divulsed from body, and those pleasures of the soul which subsist through it; since our salvation is effected by deeds, and not by a mere attention to words. But as it is not possible with any kind of diet, and, in short, by feeding on flesh, to become adapted to an union with even some partial deity, much less is this possible with that God who is beyond all things, and is above a nature simply incorporeal; but after all-various purifications, both of soul and body, he who is naturally of an excellent disposition, and lives with piety and purity, will scarcely be thought worthy to perceive him. So that, by how much more the Father of all things excels in simplicity, purity, and sufficiency to himself, as being established far beyond all material representation, by so much the more is it requisite, that he who approaches to him should be in every respect pure and holy, beginning from his body, and ending internally, and distributing to each of the parts, and in short to every thing which is present with him a purity adapted to the nature of each. Perhaps, however, these things will not be contradicted by any one. But it may be doubted, why we admit abstinence from animal food to pertain to purity, though in sacrifices we slay sheep and oxen, and conceive that these immolations are pure and acceptable to the Gods. Hence, since the solution of this requires a long discussion, the consideration of sacrifices must be assumed from another principle.

BOOK TWO

1. PURSUING THEREFORE the inquiries pertaining to simplicity and purity of diet, we have now arrived, O Castracius, at the discussion of sacrifices; the consideration of which is difficult, and at the same time requires much explanation, if we intend to decide concerning it in such a way as will be acceptable to the Gods. Hence, as this is the proper place for such a discussion, we shall now unfold what appears to us to be the truth on this subject, and what is capable of being narrated, correcting what was overlooked in the hypothesis proposed from the beginning.

2. In the first place therefore we say, it does not follow because animals are slain that it is necessary to eat them. Nor does he who admits the one, I mean that they should be slain, entirely prove that they should be eaten. For the laws permit us to defend ourselves against enemies who attack us [by killing them]; but it did not seem proper to these laws to grant that we should eat them, as being a thing contrary to the nature of man. In the second place, it does not follow, that because it is proper to sacrifice certain animals to daemons, or Gods, or certain powers, through causes either known or unknown to men, it is therefore necessary to feed on animals. For it may be shown, that men assumed animals in sacrifices, which no one even of those who are accustomed to feed on flesh, would endure to taste. Moreover, in the slaying of animals, the same error is overlooked. For it does not follow, that if it is requisite to kill some, it is therefore necessary to slay all animals, as neither must it be granted, that if irrational animals, therefore men also may be slain.

3. Besides, abstinence from animal food, as we have said in the first book, is not simply recommended to all men, but to philosophers, and to those especially, who suspend their felicity from God, and the imitation of him. For neither in the

political life do legislators ordain that the same things shall be performed by private individuals and the priests, but conceding certain things to the multitude, pertaining to food and other necessities of life, they forbid the priests to use them, punishing the transgression of their mandates by death, or some great fine.

4. For these things not being confused, but distinguished in a proper manner, most of the opposing arguments will be found to be vain. For the greater part of them endeavour to show, either that it is necessary to slay animals, on account of the injuries sustained from them, and it is assumed as a thing consequent, that it is proper to eat them; or because animals are slain in sacrifices, it is inferred that therefore they may be eaten by men. And again, if it is requisite to destroy certain animals, on account of their ferocity, it is conceived, that it must follow, that tame animals likewise ought to be slain. If, also, some persons may be allowed to eat them, such as those who engage in athletic exercises, soldiers, and those who are employed in bodily labour, therefore this may likewise be permitted to philosophers; and if to some, therefore to all of them; though all these inferences are bad, and are incapable of exhibiting any necessity for their adoption. And, indeed, that all of them are bad, will be immediately evident to men that are not contentious. But some of these inferences we have already confuted, and we shall show the fallacy of others as we proceed. Now, however, we shall discuss what pertains to the consideration of sacrifices, unfolding the principles from which they originated, what the first sacrifices were, and of what kind they were; how they came to be changed, and whence the change arose; whether all things ought to be sacrificed by a philosopher, and from what animals sacrifices are made. In short, we shall unfold every thing pertaining to the proposed subject, discovering some things ourselves, but receiving others from the ancients, and as much as possible

directing our attention to what is commensurate and adapted to the hypothesis, [or thing intended to be investigated.]

5. It seems that the period is of immense antiquity, from which a nation the most learned of all others 1 as Theophrastus says, and who inhabit the most sacred region made by the Nile, began first, from the vestal hearth, to sacrifice to the celestial Gods, not myrrh, or cassia, nor the first-fruits of things mingled with the crocus of frankincense; for these were assumed many generations afterwards, in consequence of error gradually increasing, when men, wanting the necessaries of life, offered, with great labour and many tears, some drops of these, as first-fruits to the Gods. Hence, they did not at first sacrifice these, but grass, which, as a certain soft wool of prolific nature, they plucked with their hands. For the earth produced trees prior to animals; and long before trees grass, which germinates annually. Hence, gathering the blades and roots, and all the germs of this herb, they committed them to the flames, as a sacrifice to the visible celestial Gods, to whom they paid immortal honour through fire. For to these, also, we preserve in temples an immortal fire, because it is especially most similar to these divinities. But from the exhalation or smoke (ἐκ δε τῆς θυμιασεως) of things produced in the earth, they called the offerings θυμιατηρια, thumiateria; to sacrifice, they called θυειν, thuein, and the sacrifices, θυσιαι, thusiai; all which, as if unfolding the error which was afterwards introduced, we do not rightly interpret; since we call the worship of the Gods through the immolation of animals thusia. But so careful were the ancients not to transgress this custom, that against those who, neglecting the pristine, introduced novel modes of sacrificing, they employed execrations 2 and therefore they now denominate the substances which are used for fumigations αρωματα, aromata, i.e. aromatics, [or things of an execrable nature.] The antiquity, however, of the

before-mentioned fumigations may be perceived by him who considers that many now also sacrifice certain portions of odoriferous wood. Hence, when after grass, the earth produced trees, and men at first fed on the fruits of the oak; they offered to the Gods but few of the fruits on account of their rarity, but in sacrifices they burnt many of its leaves. After this, however, when human life proceeded to a milder nutriment, and sacrifices from nuts were introduced, they said enough of the oak.

6. But as barley first appeared after leguminous substances, the race of men used it in primitive sacrifices, moistening it for this purpose with water. Afterwards, when they had broken and bruised it, so as to render it eatable, as the instruments of this operation afforded a divine assistance to human life, they concealed them in an arcane place, and approached them as things of a sacred nature. But esteeming the food produced from it when bruised to be blessed, when compared with their former nutriment, they offered, in fine, the first-fruits of it to the Gods. Hence also now, at the end of the sacrifices, we use fruits that are bruised or ground; testifying by this how much fumigations have departed from their ancient simplicity; at the same time not perceiving on what account we perform each of these. Proceeding, however, from hence, and being more abundantly supplied, both with other fruits and wheat, the first-fruits of cakes, made of the fine flour of wheat, and of everything else, were offered in sacrifices to the Gods; many flowers being collected for this purpose, and with these all that was conceived to be beautiful, and adapted, by its odour, to a divine sense, being mingled. From these, also, some were used for garlands, and others were given to the fire. But when they had discovered the use of the divine drops of wine, and honey, and likewise of oil, for the purposes of human life, then they sacrificed these to their causes, the Gods.

7. And these things appear to be testified by the splendid procession in honour of the Sun and the Hours, which is even now performed at Athens, and in which there were other herbs besides grass, and also acorns, the fruit of the crab-tree, barley, wheat, a heap of dried figs, cakes made of wheaten and barley flour; and, in the last place, an earthen pot. This mode, however, of offering first-fruits in sacrifices, having, at length, proceeded to great illegality, the assumption of immolations, most dire and full of cruelty, was introduced; so that it would seem that the execrations, which were formerly uttered against us, have now received their consummation, in consequence of men slaughtering animals, and defiling altars with blood; and this commenced from that period in which mankind tasted of blood, through having experienced the evils of famine and war. Divinity, therefore, as Theophrastus says, being indignant, appears to have inflicted a punishment adapted to the crime. Hence some men became atheists; but others, in consequence of forming erroneous conceptions of a divine nature, may be more justly called *κακοφρονες*, *kakophrones*, than *κακοθεοι*, *kakotbeoi* 3, because they think that the Gods are depraved, and in no respect naturally more excellent than we are. Thus, therefore, some were seen to live without sacrificing any thing, and without offering the first-fruits of their possessions to the Gods; but others sacrificed improperly, and made use of illegal oblations.

8. Hence the Thoes 4, who dwell in the confines of Thrace, as they neither offered any first-fruits, nor sacrificed to the Gods, were at that time suddenly taken away from the rest of mankind; so that neither the inhabitants, nor the city, nor the foundations of the houses, could by any one be found.

“Men prone to ill, denied the Gods their due, And by their follies made their days but few. The altars of the bless’d

neglected stand, Without the offerings which the laws demand; But angry Jove in dust this people laid, Because no honours to the Gods they paid."

Hesiod. *Op. et Di. lib. i. v.* 133.

Nor did they offer first-fruits to the Gods, as it was just that they should. But with respect to the Bassarians, who formerly were not only emulous of sacrificing bulls, but also ate the flesh of slaughtered men, in the same manner as we now do with other animals; for we offer to the Gods some parts of them as first-fruits; and eat the rest; — with respect to these men, who has not heard, that insanely rushing on and biting each other, and in reality feeding on blood, they did not cease to act in this manner till the whole race was destroyed of those who use sacrifices of this kind?

9. The sacrifice, therefore, through animals is posterior and most recent, and originated from a cause which is not of a pleasing nature, like that of the sacrifice from fruits, but received its commencement either from famine, or some other unfortunate circumstance. The causes, indeed, of the peculiar mactations among the Athenians, had their beginning, either in ignorance, or anger, or fear. For the slaughter of swine is attributed to an involuntary error of Clymene, who, by unintentionally striking, slew the animal. Hence her husband, being terrified as if he had perpetrated an illegal deed, consulted the oracle of the Pythian God about it. But as the God did not condemn what had happened, the slaughter of animals was afterwards considered as a thing of an indifferent nature. The inspector, however, of sacred rites, who was the offspring of prophets, wishing to make an offering of first-fruits from sheep, was permitted to do so, it is said, by an oracle, but with much caution and fear. For the oracle was as follows: —

“Offspring of prophets, sheep by force to slay, The Gods permit not thee: but with wash’d hands For thee ’tis lawful any sheep to kill, That dies a voluntary death.”

10. But a goat was first slain in Icarus, a mountain of Attica, because it had cropped a vine. And Diomus, who was a priest of Jupiter Polieus, was the first that slew an ox; because, when the festival sacred to Jupiter, and called Diipolia, was celebrated, and fruits were prepared after the ancient manner, an ox approaching tasted the sacred cake. But the priest, being aided by others who were present, slew the ox. And these are the causes, indeed, which are assigned by the Athenians for this deed; but by others, other causes are narrated. All of them however, are full of explanations that are not holy. But most of them assign famine, and the injustice with which it is attended, as the cause. Hence men having tasted of animals, they offered them in sacrifice, as first-fruits, to the Gods; but prior to this, they were accustomed to abstain from animal food. Whence, since the sacrifice of animals is not more ancient than necessary food, it may be determined from this circumstance what ought to be the nutriment of men. But it does not follow, because men have tasted of and offered animals in sacrifices as first-fruits, that it must necessarily be admitted to be pious to eat that which was not piously offered to the Gods.

11. But what especially proves that every thing of this kind originated from injustice, is this, that the same things are neither sacrificed nor eaten in every nation, but that they conjecture what it is fit for them to do from what they find to be useful to themselves. With the Egyptians, therefore, and Phoenicians, any one would sooner taste human flesh than the flesh of a cow. The cause, however, is that this animal being useful, is also rare among them. Hence, though they eat bulls, and offer them in sacrifice as first-fruits, yet they spare cows

for the sake of their progeny, and ordain that, if any one kill them, it shall be considered as an expiation. And thus, for the sake of utility in one and the same genus of animals, they distinguish what is pious, and what is impious. So that these particulars subsisting after this manner, Theophrastus reasonably forbids those to sacrifice animals who wish to be truly pious; employing these, and other similar arguments, such as the following.

12. In the first place, indeed, because we sacrificed animals through the occurrence, as we have said, of a greater necessity. For pestilence and war were the causes that introduced the necessity of eating them. Since, therefore, we are supplied with fruits, what occasion is there to use the sacrifice of necessity? In the next place, the remunerations of, and thanks for benefits, are to be given differently to different persons, according to the worth of the benefit conferred; so that the greatest remunerations, and from things of the most honourable nature, are to be given to those who have benefited us in the greatest degree, and especially if they are the causes of these gifts. But the most beautiful and honourable of those things, by which the Gods benefit us, are the fruits of the earth. For through these they preserve us, and enable us to live legitimately; so that, from these we ought to venerate them. Besides, it is requisite to sacrifice those things by the sacrifice of which we shall not injure any one. For nothing ought to be so innoxious to all things as sacrifice. But if someone should say, that God gave animals for our use, no less than the fruits of the earth, yet it does not follow that they are, therefore, to be sacrificed, because in so doing they are injured, through being deprived of life. For sacrifice is, as the name implies, something holy.⁵ But no one is holy who requites a benefit from things which are the property of another, whether he takes fruits or plants from one who is unwilling to be deprived of them. For how can this

be holy, when those are injured from whom they are taken? If, however, he who takes away fruit from others does not sacrifice with sanctity, it cannot be holy to sacrifice things taken from others, which are in every respect more honourable than the fruits of the earth. For a more dire deed is thus perpetrated. But soul is much more honourable than the vegetable productions of the earth, which it is not fit, by sacrificing animals, that we should take away.

13. Some one, however, perhaps may say, that we also take away something from plants [when we eat, and sacrifice them to the Gods]. But the ablation is not similar; since we do not take this away from those who are unwilling that we should. For, if we omitted to gather them, they would spontaneously drop their fruits. The gathering of the fruits, also, is not attended with the destruction of the plants, as it is when animals lose their animating principle. And, with respect to the fruit which we receive from bees, since this is obtained by our labour, it is fit that we should derive a common benefit from it. For bees collect their honey from plants; but we carefully attend to them. On which account it is requisite that such a division should be made [of our attention and their labour] that they may suffer no injury. But that which is useless to them, and beneficial to us, will be the reward which we receive from them [of our attention to their concerns]. In sacrifices, therefore, we should abstain from animals. For, though all things are in reality the property of the Gods, yet plants appear to be our property; since we sow and cultivate them, and nourish them by other attentions which we pay to them. We ought to sacrifice, therefore, from our own property, and not from the property of others; since that which may be procured at a small expense, and which may easily be obtained, is more holy, more acceptable to the Gods, and better adapted to the purposes of sacrifice, and to the exercise of continual piety. Hence, that which is neither holy,

nor to be obtained at a small expense, is not to be offered in sacrifice, even though it should be present.

14. But that animals do not rank among things which may be procured easily, and at a small expense, may be seen by directing our view to the greater part of our race: for we are not now to consider that some men abound in sheep, and others in oxen. In the first place, therefore, there are many nations that do not possess any of those animals which are offered in sacrifice, some ignoble animals, perhaps, excepted. And, in the second place, most of those that dwell in cities themselves, possess these but rarely. But if some one should say that the inhabitants of cities have not mild fruits in abundance; yet, though this should be admitted, they are not in want of the other vegetable productions of the earth; nor is it so difficult to procure fruits as it is to procure animals. Hence an abundance of fruits, and other vegetables, is more easily obtained than that of animals. But that which is obtained with facility, and at a small expense, contributes to incessant and universal deity.

15. Experience also testifies that the Gods rejoice in this more than in sumptuous offerings. For when that Thessalian sacrificed to the Pythian deity oxen with gilt horns, and hecatombs, Apollo said, that the offering of Hermioneus was more gratifying to him, though he had only sacrificed as much meal as he could take with his three fingers out of a sack. But when the Thessalian, on hearing this, placed all the rest of his offerings on the altar the God again said, that by so doing his present was doubly more unacceptable to him than his former offering. Hence the sacrifice which is attended with a small expense is pleasing to the Gods, and divinity looks more to the disposition and manners of those that sacrifice, than to the multitude of the things which are sacrificed.

16. Theopompus likewise narrates things similar to these, viz. that a certain Magnesian came from Asia to Delphi; a man very rich, and abounding in cattle, and that he was accustomed every year to make many and magnificent sacrifices to the Gods, partly through the abundance of his possessions, and partly through piety and wishing to please the Gods. But being thus disposed, he came to the divinity at Delphi, bringing with him a hecatomb for the God, and magnificently honouring Apollo, he consulted his oracle. Conceiving also that he worshipped the Gods in a manner more beautiful than that of all other men, he asked the Pythian deity who the man was that, with the greatest promptitude, and in the best manner, venerated divinity, and made the most acceptable sacrifices, conceiving that on this occasion the God would deem him to be pre-eminent. The Pythian deity however answered, that Clearchus, who dwelt in Methydrium, a town of Arcadia, worshipped the Gods in a way surpassing that of all other men. But the Magnesian being astonished, was desirous of seeing Clearchus, and of learning from him the manner in which he performed his sacrifices. Swiftly, therefore, betaking himself to Methydrium, in the first place, indeed, he despised the smallness and vileness of the town, conceiving that neither any private person, nor even the whole city, could honour the Gods more magnificently and more beautifully than he did. Meeting, however, with the man, he thought fit to ask him after what manner he revered the Gods. But Clearchus answered him, that he diligently sacrificed to them at proper times in every month at the new moon, crowning and adorning the statues of Hermes and Hecate, and the other sacred images which were left to us by our ancestors, and that he also honoured the Gods with frankincense, and sacred wafers and cakes. He likewise said, that he performed public sacrifices annually, omitting no festive day; and that in these festivals

he worshipped the Gods, not by slaying oxen, nor by cutting victims into fragments, but that he sacrificed whatever he might casually meet with, sedulously offering the first-fruits to the Gods of all the vegetable productions of the seasons, and of all the fruits with which he was supplied. He added, that some of these he placed before the [statues of the] Gods,⁶ but that he burnt others on their altars; and that, being studious of frugality, he avoided the sacrificing of oxen.

17. By some writers, also, it is related, that certain tyrants, after the Carthaginians were conquered, having, with great strife among themselves, placed hecatombs before Apollo. Afterwards inquired of the God with which of the offerings he was most delighted; and that he answered, contrary to all their expectation, that he was most pleased with the cakes of Docimus. But this Docimus was an inhabitant of Delphi, and cultivated some rugged and stony land. Docimus, therefore, coming on that day from the place which he cultivated, took from a bag which was fastened round him a few handfuls of meal, and sacrificed them to the God, who was more delighted with his offering than with the magnificent sacrifices of the tyrants. Hence, also a certain poet, because the affair was known, appears to have asserted things of a similar kind, as we are informed by Antiphanes in his *Mystics*:

In simple offerings most the Gods delight: For though before them hecatombs are placed, Yet frankincense is burnt the last of all. An indication this that all the rest, Preceding, was a vain expense, bestowed Through ostentation, for the sake of men; But a small offering gratifies the Gods.

Menander likewise, in the comedy called the *Morose*, says,

Pious th'oblation which with frankincense And Popanum⁷ is made; for in the fire Both these, when placed, divinity accepts.

18. On this account also, earthen, wooden, and wicker vessels were formerly used, and especially in public sacrifices, the ancients being persuaded that divinity is delighted with things of this kind. Whence, even now, the most ancient vessels, and which are made of wood, are thought to be more divine, both on account of the matter and the simplicity of the art by which they were fashioned. It is said, therefore, that Aeschylus, on his brother's asking him to write a Paean in honour of Apollo, replied, that the best Paean was written by Tynnichus⁸; and that if his composition were to be compared with that of Tynnichus, the same thing would take place as if new were compared with ancient statues. For the latter, though they are simple in their formation, are conceived to be divine; but the former, though they are most accurately elaborated, produce indeed admiration, but are not believed to possess so much of a divine nature. Hence Hesiod, praising the law of ancient sacrifices, very properly says,

Your country's rites in sacrifice observe: [In pious works] the ancient law is best ⁹.

19. But those who have written concerning sacred operations and sacrifices, admonish us to be accurate in preserving what pertains to the popana, because these are more acceptable to the Gods than the sacrifice which is performed through the mactation of animals. Sophocles also, in describing a sacrifice which is pleasing to divinity, says in his Polyidus:

The skins of sheep in sacrifice were used, Libations too of wine, grapes well preserved, And fruits collected in a heap of every kind; The olive's pinguid juice, and waxen work Most variegated, of the yellow bee.

Formerly, also, there were venerable monuments in Delos of those who came from the Hyperboreans, bearing handfuls [of fruits]. It is necessary, therefore, that, being purified in our manners, we should make oblations, offering to the Gods

those sacrifices which are pleasing to them, and not such as are attended with great expense. Now, however, if a man's body is not pure and invested with a splendid garment, he does not think it is qualified for the sanctity of sacrifice. But when he has rendered his body splendid, together with his garment, though his soul at the same time is not, purified from vice, yet he betakes himself to sacrifice, and thinks that it is a thing of no consequence; as if divinity did not especially rejoice in that which is most divine in our nature, when it is in a pure condition, as being allied to his essence. In Epidaurus, therefore, there was the following inscription on the doors of the temple:

Into an odorous temple, he who goes
Should pure and holy be;
but to be wise
In what to sanctity pertains, is to be pure.

20. But that God is not delighted with the amplitude of sacrifices, but with any casual offering, is evident from this, that of our daily food, whatever it may be that is placed before us, we all of us make an offering to the Gods, before we have tasted it ourselves; this offering being small indeed, but the greatest testimony of honour to divinity. Moreover, Theophrastus shows, by enumerating many of the rites of different countries, that the sacrifices of the ancients were from fruits, and he narrates what pertains to libations in the following manner: "Ancient sacrifices were for the most part performed with sobriety. But those sacrifices are sober in which the libations are made with water. Afterwards, however, libations were made with honey. For we first received this liquid fruit prepared for us by the bees. In the third place, libations were made with oil; and in the fourth and last place with wine."

21. These things, however, are testified not only by the pillars which are preserved in Cyrbe 10, and which contain, as it were, certain true descriptions of the Cretan sacred rites of

the Corybantes; but also by Empedocles, who, in discussing what pertains to sacrifices and theogony, or the generation of the Gods, says:

With them nor Mars nor tumult dire was found, Nor Saturn, Neptune, or the sovereign Jove, But Venus [beauty's] queen.

And Venus is friendship. Afterwards he adds,

With painted animals, and statues once Of sacred form, with unguents sweet of smell, The fume of frankincense and genuine myrrh, And with libations poured upon the ground Of yellow honey, Venus was propitious made.

Which ancient custom is still even now preserved by some persons as a certain vestige of the truth. And in the last place, Empedocles says,

Nor then were altars wet with blood of bulls Irrationally slain.

22. For, as it appears to me, when friendship and a proper sense of the duties pertaining to kindred natures, was possessed by all men, no one slaughtered any living being, in consequence of thinking that other animals were allied to him. But when strife, and tumult, every kind of contention, and the principle of war, invaded mankind, then, for the first time, no one in reality spared any one of his kindred natures. The following particulars, likewise, ought to be considered: For, as though there is an affinity between us and noxious men, who, as it were, by a certain impetus of their own nature and depravity, are incited to injure anyone they may happen to meet, yet we think it requisite that all of them should be punished and destroyed; thus also, with respect to those irrational animals that are naturally malefic and unjust, and who are impelled to injure those that approach them, it is perhaps fit that they should be destroyed. But with respect to other animals who do not at all act unjustly, and are not naturally impelled to injure us, it is certainly unjust to destroy

and murder them, no otherwise than it would be to slay men who are not iniquitous. And this seems to evince that the justice between us and other animals does not arise from some of them being naturally noxious and malefic, but others not, as is also the case with respect to men.

23. Are therefore those animals to be sacrificed to the Gods which are thought to be deserving of death? But how can this be possible, if they are naturally depraved? For it is no more proper to sacrifice such as these, than it would be to sacrifice mutilated animals. For thus, indeed, we shall offer the first-fruits of things of an evil nature, but we shall not sacrifice for the sake of honouring the Gods. Hence, if animals are to be sacrificed to the Gods, we should sacrifice those that are perfectly innoxious. It is however acknowledged, that those animals are not to be destroyed who do not at all injure us, so that neither are they to be sacrificed to the Gods. If, therefore, neither these, nor those that are noxious, are to be sacrificed, is it not evident that we should abstain from them more than from any thing else, and that we should not sacrifice any one of them, though it is fit that some of them should be destroyed?

24. To which may be added, that we should sacrifice to the Gods for the sake of three things, viz. either for the sake of honouring them, or of testifying our gratitude, or through our want of good. For, as we offer first-fruits to good men, thus also we think it is necessary that we should offer them to the Gods. But we honour the Gods, either exploring the means of averting evils, and obtaining good, or when we have been previously benefited, or in order that we may obtain some present advantage and assistance, or merely for the purpose of venerating the goodness of their nature. So that if the first-fruits of animals are to be offered to the Gods, some of them for the sake of this are to be sacrificed. For whatever we

sacrifice, we sacrifice for the sake of some one of the above mentioned particulars. Is it therefore to be thought that God is honoured by us, when we are directly seen to act unjustly through the first-fruits which we offer to him? Or will he not rather think that he is dishonoured by such a sacrifice, in which, by immolating animals that have not at all injured us, we acknowledge that we have acted unjustly. So that no one of other animals is to be sacrificed for the sake of honouring divinity. Nor yet are they to be sacrificed for the purpose of testifying our gratitude to the Gods. For he who makes a just retribution for the benefits he has received, ought not to make it by doing an injury to certain other animals. For he will no more appear to make a retribution than he who, plundering his neighbour of his property, should bestow it on another person for the sake of honour. Neither are animals to be sacrificed for the sake of obtaining a certain good of which we are in want. For he who endeavours to be benefited by acting unjustly, is to be suspected as one who would not be grateful even when he is benefited. So that animals are not to be sacrificed to the Gods through the expectation of deriving advantage from the sacrifice. For he who does this, may perhaps elude men, but it is impossible that he can elude divinity. If, therefore, we ought to sacrifice for the sake of a certain thing, but this is not to be done for the sake of any of the before mentioned particulars, it is evident that animals ought not to be sacrificed.

25. For, by endeavouring to obliterate the truth of these things through the pleasures which we derive from sacrifices, we deceive ourselves, but cannot deceive divinity. Of those animals, therefore, which are of an ignoble nature, which do not impart to our life any superior utility, and which do not afford us any pleasure, we do not sacrifice any one to the Gods. For who ever sacrificed serpents, scorpions, and apes, or any one of such like animals? But we do not abstain from

any one of those animals which afford a certain utility to our life, or which have something in them that contributes to our enjoyments; since we, in reality, cut their throats, and excoriate them, under the patronage of divinity 11. For we sacrifice to the Gods oxen and sheep, and besides these, stags and birds, and fat hogs, though they do not at all participate of purity, but afford us delight. And of these animals, indeed, some, by co-operating with our labours, afford assistance to our life, but others supply us with food, or administer to our other wants. But those which effect neither of these, yet, through the enjoyment which is derived from them, are slain by men in sacrifices similarly with those who afford us utility. We do not, however, sacrifice asses or elephants, or any other of those animals that co-operate with us in our labours, but are not subservient to our pleasure; though, sacrificing being excepted, we do not abstain from such like animals, but we cut their throats on account of the delight with which the deglutition of them is attended; and of those which are fit to be sacrificed, we do not sacrifice such as are acceptable to the Gods, but such as in a greater degree gratify the desires of men; thus testifying against ourselves, that we persist in sacrificing to the Gods, for the sake of our own pleasure, and not for the sake of gratifying the Gods.

26. But of the Syrians, the Jews indeed, through the sacrifice which they first made, even now, says Theophrastus, sacrifice animals, and if we were persuaded by them to sacrifice in the same way that they do, we should abstain from the deed. For they do not feast on the flesh of the sacrificed animals, but having thrown the whole of the victims into the fire, and poured much honey and wine on them during the night, they swiftly consume the sacrifice, in order that the all-seeing sun may not become a spectator of it. And they do this, fasting during all the intermediate days, and through the whole of this time, as belonging to the class of philosophers, and also

discourse with each other about the divinity 12. But in the night, they apply themselves to the theory of the stars, surveying them, and through prayers invoking God. For these make offerings both of other animals and themselves, doing this from necessity, and not from their own will. The truth of this, however, may be learnt by any one who directs his attention to the Egyptians, the most learned of all men; who are so far from slaying other animals, that they make the images of these to be imitations of the Gods; so adapted and allied do they conceive these to be both to Gods and men.

27. For at first, indeed, sacrifices of fruits were made to the Gods; but, in the course of time, men becoming negligent of sanctity, in consequence of fruits being scarce, and through the want of legitimate nutriment, being impelled to eat each other, then supplicating divinity with many prayers, they first began to make oblations of themselves to the Gods, not only consecrating to the divinities whatever among their possessions was most beautiful, but, proceeding beyond this, they sacrificed those of their own species. Hence, even to the present time, not only in Arcadia, in the Lupercal festivals, and in Carthage, men are sacrificed in common to Saturn, but periodically, also, for the sake of remembering the legal institute, they sprinkle the altars of those of the same tribe with blood, although the rites of their sacrifices exclude, by the voice of the crier, him from engaging in them who is accused of human slaughter. Proceeding therefore from hence, they made the bodies of other animals supply the place of their own in sacrifices, and again, through a satiety of legitimate nutriment, becoming oblivious of piety, they were induced by voracity to leave nothing untasted, nothing un-devoured. And this is what now happens to all men with respect to the aliment from fruits. For when, by the assumption of them, they have alleviated their necessary indigence, then searching for a superfluity of satiety, they

labour to procure many things for food which are placed beyond the limits of temperance. Hence, as if they had made no ignoble sacrifices to the Gods, they proceeded also to taste the animals which they immolated; and from this, as a principle of the deed, the eating of animals became an addition to men to the nutriment derived from fruits. As, therefore, antiquity offered the first produce of fruits to the Gods, and gladly, after their pious sacrifice, tasted what they offered, thus also, when they sacrificed the firstlings of animals to the divinities, they thought that the same thing ought to be done by them, though ancient piety did not ordain these particulars after this manner, but venerated each of the Gods from fruits. For with such oblations, both nature, and every sense of the human soul, are delighted.

No altar then was wet with blood of bullsIrrationally slain; but this was thoughtTo be of every impious deed the worst,Limbs to devour of brutes deprived of life.

28. The truth of this may also be perceived from the altar which is even now preserved about Delos, which, because no animal is brought to, or is sacrificed upon it, is called the altar of the pious. So that the inhabitants not only abstain from sacrificing animals, but they likewise conceive, that those who established, are similarly pious with those who use the altar. Hence, the Pythagoreans having adopted this mode of sacrifice, abstained from animal food through the whole of life. But when they distributed to the Gods a certain animal instead of themselves, they merely tasted of it, living in reality without touching other animals. We, however, do not act after this manner; but being filled with animal diet, we have arrived at this manifold illegality in our life by slaughtering animals, and using them for food. For neither is it proper that the altars of the Gods should be defiled with murder, nor that food of this kind should be touched by men, as neither is it fit

that men should eat one another; but the precept which is still preserved at Athens, should be obeyed through the whole of life.

29. For formerly, as we have before observed, when men sacrificed to the Gods fruits and not animals, and did not assume the latter for food, it is said, that a common sacrifice being celebrated at Athens, one Diomus, or Sopater, who was not a native, but cultivated some land in Attica, seizing a sharp axe which was near to him, and being excessively indignant, struck with it an ox, who, coming from his labour, approached to a table, on which were openly placed cakes and other offerings which were to be burnt as a sacrifice to the Gods, and ate some, but trampled on the rest of the offerings. The ox, therefore, being killed, Diomus, whose anger was now appeased, at the same time perceived what kind of deed he had perpetrated. And the ox, indeed, he buried. But embracing a voluntary banishment, as if he had been accused of impiety, he fled to Crete. A great dryness, however, taking place in the Attic land from vehement heat, and a dreadful sterility of fruit, and the Pythian deity being in consequence of it consulted by the general consent, the God answered, that the Cretan exile must expiate the crime; and that, if the murderer was punished, and the statue of the slain ox was erected in the place in which it fell, this would be beneficial both to those who had and those who had not tasted its flesh. An inquiry therefore being made into the affair, and Sopater, together with the deed, having been discovered, he, thinking that he should be liberated from the difficulty in which he was now involved, through the accusation of impiety, if the same thing was done by all men in common, said to those who came to him, that it was necessary an ox should be slain by the city. But, on their being dubious who should strike the ox, he said that he would undertake to do it, if they would make him a citizen, and

would be partakers with him of the slaughter. This, therefore, being granted, they returned to the city, and ordered the deed to be accomplished in such a way as it is performed by them at present, [and which was as follows:]

30. They selected virgins who were drawers of water; but these brought water for the purpose of sharpening an axe and a knife. And these being sharpened, one person gave the axe, another struck with it the ox, and a third person cut the throat of the ox. But after this, having excoriated the animal, all that were present ate of its flesh. These things therefore being performed, they sewed up the hide of the ox, and having stuffed it with straw, raised it upright in the same form which it had when alive, and yoked it to a plough, as if it was about to work with it. Instituting also a judicial process, respecting the slaughter of the ox, they cited all those who were partakers of the deed, to defend their conduct. But as the drawers of water accused those who sharpened the axe and the knife, as more culpable than themselves, and those who sharpened these instruments accused him who gave the axe, and he accused him who cut the throat of the ox, and this last person accused the knife, — hence, as the knife could not speak, they condemned it as the cause of the slaughter. From that time also, even till now, during the festival sacred to Jupiter, in the Acropolis, at Athens, the sacrifice of an ox is performed after the same manner. For, placing cakes on a brazen table, they drive oxen round it, and the ox that tastes of the cakes that are distributed on the table, is slain. The race likewise of those who perform this, still remains. And all those, indeed, who derive their origin from Sopater are called boutupoi [i.e. slayers of oxen]; but those who are descended from him that drove the ox round the table, are called kentriadai, [or stimulators.] And those who originate from him that cut the throat of the ox, are denominated daitroi, [or dividers,] on account of the banquet which takes place from

the distribution of flesh. But when they have filled the hide, and the judicial process is ended, they throw the knife into the sea.

31. Hence, neither did the ancients conceive it to be holy to slay animals that co-operated with us in works beneficial to our life, and we should avoid doing this even now. And as formerly it was not pious for men to injure these animals, so now it should be considered as unholy to slay them for the sake of food. If, however, this is to be done from motives of religious reference of the Gods, yet every passion or affection which is essentially produced from bodies is to be rejected, in order that we may not procure food from improper substances, and thus have an incentive to violence as the intimate associate of our life. For by such a rejection we shall, at least, all of us derive great benefit in what pertains to be our mutual security, if we do not in anything else. For those whose sense is averse to the destruction of animals of a species different from their own, will evidently abstain from injuring those of their own kind. Hence it would perhaps have been best, if men in after-times had immediately abstained from slaughtering these animals; but since no one is free from error, it remains for posterity to take away by purifications the crime of their ancestors, respecting nutriment. This, however, will be effected, if, placing before our eyes, the dire nature of such conduct, we exclaim with Empedocles:

Ah me, while yet exempt from such a crime, Why was I not destroyed by cruel Time, Before these lips began the guilty deed, On the dire nutriment of flesh to feed?

For in those only the appropriate sense sympathetically grieves for errors that have been committed, who endeavour to find a remedy for the evils with which they are afflicted; so that every one, by offering pure and holy sacrifices to the divinity, may through sanctity obtain the greatest benefits

from the Gods.

32. But the benefit derived from fruits is the first and the greatest of all others, and which, as soon as they are matured, should alone be offered to the Gods, and to Earth, by whom they are produced. For she is the common Vesta of Gods and men; and it is requisite that all of us, reclining on her surface, as on the bosom of our mother and nurse, should celebrate her divinity, and love her with a parental affection, as the source of our existence. For thus, when we exchange this life for another, we shall again be thought worthy of a residence in the heavens, and of associating with all the celestial Gods, whom, now beholding 13, we ought to venerate with those fruits of which they are the causes, sacrificing indeed to them from all these, when they have arrived at maturity, but not conceiving all of us to be sufficiently worthy to sacrifice to the Gods. For as all things are not to be sacrificed to the Gods, so neither perhaps are the Gods gratified by the sacrifice of everyone. This, therefore, is the substance of the arguments adduced by Theophrastus, to show that animals ought not to be sacrificed; exclusive of the interspersed fabulous narrations, and a few things which we have added to what he has said.

33. I, however, shall not attempt to dissolve the legal institutes which the several nations have established. For it is not my design at present to speak about a polity. But as the laws by which we are governed permit us to venerate divinity by things of the most simple, and of an inanimate nature, hence, selecting that which is the least costly, let us sacrifice according to the law of the city, and endeavour to offer an appropriate sacrifice, approaching with consummate purity to the Gods. In short, if the oblation of first-fruits is of any value, and is an acknowledgment of thanks for the benefits which we receive, it will be most irrational to abstain ourselves from

animals, and yet offer the first-fruits of these to the Gods. For neither are the Gods worse than we are, so as to be in want of those things of which we are not indigent, nor is it holy to offer the first-fruits of that nutriment from which we ourselves abstain. For we find it is usual with men, that, when they refrain from animal food, they do not make oblations of animals; but that they offer to the Gods the first-fruits of what they themselves eat. Hence also it is now fit, that he who abstains from animals should offer the first-fruits of things which he touches [for the purpose of food].

34. Let us therefore also sacrifice, but let us sacrifice in such a manner as is fit, offering different sacrifices to different powers;¹⁴ to the God indeed who is above all things, as a certain wise man said, neither sacrificing with incense, nor consecrating any thing sensible. For there is nothing material, which is not immediately impure to an immaterial nature. Hence, neither is vocal language, nor internal speech, adapted to the highest God, when it is defiled by any passion of the soul; but we should venerate him in profound silence with a pure soul, and with pure conceptions about him. It is necessary, therefore, that being conjoined with and assimilated to him, we should offer to him, as a sacred sacrifice, the elevation of our intellect, which offering will be both a hymn and our salvation. In an impassive contemplation, therefore, of this divinity by the soul, the sacrifice to him is effected in perfection; but to his progeny, the intelligible Gods, hymns, orally enunciated, are to be offered. For to each of the divinities, a sacrifice is to be made of the first-fruits of the things which he bestows, and through which he nourishes and preserves us. As therefore, the husbandman offers handfuls of the fruits and berries which the season first produces; thus also we should offer to the divinities the first-fruits of our conceptions of their transcendent excellence, giving them thanks for the

contemplation which they impart to us, and for truly nourishing us through the vision of themselves, which they afford us, associating with, appearing to, and shining upon us, for our salvation.

35. Now, however, many of those who apply themselves to philosophy are unwilling to do this; and, pursuing renown rather than honouring divinity, they are busily employed about statues, neither considering whether they are to be revered or not, nor endeavouring to learn from those who are divinely wise, to what extent, and to what degree, it is requisite to proceed in this affair. We, however, shall by no means contend with these, nor are we very desirous of being well instructed in a thing of this kind; but imitating holy and ancient men, we offer to the Gods, more than anything else, the first-fruits of contemplation, which they have imparted to us, and by the use of which we become partakers of true salvation.

36. The Pythagoreans, therefore, diligently applying themselves to the study of numbers and lines, sacrificed for the most part from these to the Gods, denominating, indeed, a certain number Minerva, but another Diana, and another Apollo: and again, they called one number justice, but another temperance 15. In diagrams also they adopted a similar mode. And thus, by offerings of this kind, they rendered the Gods propitious to them, so as to obtain of them the object of their wishes, by the things which they dedicated to, and the names by which they invoked them. They likewise frequently employed their aid in divination, and if they were in want of a certain thing for the purpose of some investigation. In order, therefore to affect this, they made use of the Gods within the heavens, both the erratic and non-erratic, of all of whom it is requisite to consider the sun as the leader; but to rank the moon in the second place; and we should conjoin with these

fire, in the third place, from its alliance to them, as the theologist 16 says. He also says that no animal is to be sacrificed; but that first-fruits are to be offered from meal and honey, and the vegetable productions of the earth. He adds, that fire is not to be enkindled on a hearth defiled with gore; and asserts other things of the like kind. For what occasion is there to transcribe all he says? For he who is studious of piety knows, indeed, that to the Gods no animal is to be sacrificed, but that a sacrifice of this kind pertains to daemons, and other powers, whether they are beneficent, or depraved. He likewise knows who those are that ought to sacrifice to these, and to what extent they ought to proceed in the sacrifices which they make. Other things, however, will be passed over by me in silence. But what some Platonists have divulged, I shall lay before the reader, in order that the things proposed to be discussed, may become manifest to the intelligent. What they have unfolded, therefore, is as follows:

37. The first God being incorporeal, immoveable, and impartible, and neither subsisting in any thing, nor restrained in his energies, is not, as has been before observed, in want of any thing external to himself, as neither is the soul of the world; but this latter, containing in itself the principle of that which is triply divisible, and being naturally self-motive, is adapted to be moved in a beautiful and orderly manner, and also to move the body of the world, according to the most excellent reasons [i.e. productive principles or powers]. It is, however, connected with and comprehends body, though it is itself incorporeal, and liberated from the participation of any passion. To the remaining Gods, therefore, to the world, to the inerratic and erratic stars, who are visible Gods, consisting of soul and body, thanks are to be returned after the above-mentioned manner, through sacrifices from inanimate natures. The multitude, therefore, of those invisible beings remains for us, whom Plato indiscriminately calls

daemons 17; but of these, some being denominated by men, obtain from them honours, and other religious observances, similar to those which are paid to the Gods; but others, who for the most part are not explicitly denominated, receive an occult religious reverence and appellation from certain persons in villages and certain cities; and the remaining multitude is called in common by the name of daemons. The general persuasion, however, respecting all these invisible beings, is this, that if they become angry through being neglected, and deprived of the religious reverence which is due to them, they are noxious to those by whom they are thus neglected, and that they again become beneficent, if they are appeased by prayers, supplications, and sacrifices, and other similar rites.

38. But the confused notion which is formed of these beings, and which has proceeded to great crimination, necessarily requires that the nature of them should be distinguished according to reason. For perhaps it will be said, that it is requisite to show whence the error concerning them originated among men. The distinction, therefore, must be made after the following manner. Such souls as are the progeny of the whole soul of the universe, and who govern the great parts of the region under the moon, these, being incumbent on a pneumatic substance or spirit, and ruling over it conformably to reason, are to be considered as good daemons, who are diligently employed in causing every thing to be beneficial to the subjects of their government, whether they preside over certain animals, or fruits, which are arranged under their inspective care, or over things which subsist for the sake of these, such as showers of rain, moderate winds, serene weather, and other things which co-operate with these, such as the good temperament of the seasons of the year. They are also our leaders in the attainment of music, and the whole of erudition, and likewise

of medicine and gymnastic, and of every thing else similar to these. For it is impossible that these daemons should impart utility, and yet become, in the very same things, the causes of what is detrimental. Among these two, those transporters, as Plato calls them, [in his Banquet] are to be enumerated, who announce the affairs of men to the Gods, and the will of the Gods to men; carrying our prayers, indeed, to the Gods as judges, but oracularly unfolding to us the exhortations and admonitions of the Gods. But such souls as do not rule over the pneumatic substance with which they are connected, but for the most part are vanquished by it; these are vehemently agitated and borne along [in a disorderly manner,] when the irascible motions and the desires of the pneumatic substance, received an impetus. These souls, therefore, are indeed daemons, but are deservedly called malefic daemons.

39. All these being, likewise, and those who possess a contrary power, are invisible, and perfectly imperceptible by human senses; for they are not surrounded with a solid body, nor are all of them of one form, but they are fashioned in numerous figures. The forms, however, which characterize their pneumatic substance, at one time become apparent, but at another are invisible. Sometimes also those that are malefic, change their forms; but the pneumatic substance, so far as it is corporeal, is passive and corruptible: and though, because it is thus bound by the souls [that are incumbent on it,] the form of it remains for a long time, yet it is not eternal. For it is probable that something continually flows from it, and also that it is nourished. The pneumatic substance, therefore, of good daemons, possesses symmetry, in the same manner as the bodies of the visible Gods; but the spirit of malefic daemons is deprived of symmetry, and in consequence of its abounding in passivity, they are distributed about the terrestrial region. Hence, there is no evil which they do not attempt to effect; for, in short, being violent and fraudulent in

their manners, and being also deprived of the guardian care of more excellent dsemons, they make, for the most part, vehement and sudden attacks; sometimes endeavouring to conceal their incursions, but at other times assaulting openly. Hence the molestations which are produced by them are rapid; but the remedies and corrections which proceed from more excellent dsemons, appear to be more slowly effected: for every thing which is good being tractable and equable, proceeds in an orderly manner, and does not pass beyond what is fit. By forming this opinion, therefore, you will never fall into that most absurd notion, that evil may be expected from the good, or good from the evil. For this notion is not truly attended with absurdity, but the multitude, receiving through it the most erroneous conceptions of the Gods, disseminate them among the rest of mankind.

40. It must be admitted, therefore, that one of the greatest injuries occasioned by malefic dsemons is this, that though they are the causes of the calamities which take place upon the earth, such as pestilence, sterility, earthquakes, excessive dryness, and the like, yet they endeavour to persuade us, that they are the causes of things the most contrary to these, viz. of fertility, [salubrity, and elementary peace.] Hence, they exonerate themselves from blame, and, in the first place, endeavour to avoid being detected as the sources of injury; and, in the next place, they convert us to supplications and sacrifices to the beneficent Gods, as if they were angry. But they effect these, and things of a similar nature, in consequence of wishing to turn us from right conceptions of the Gods, and convert us to themselves; for they are delighted with all such as act thus incongruously and discordantly, and, as it were, assuming the persons of other Gods, they enjoy the effects of our imprudence and folly; conciliating to themselves the good opinion of the vulgar, by inflaming the minds of men with the love of riches, power, and pleasure, and fulling them

with the desire of vain glory, from which sedition, and war, and other things allied to these, are produced. But that which is the most dire of all things, they proceed still farther, and persuade men that similar things are effected by the greatest Gods, and do not stop till they even subject the most excellent of the divinities to these calumnies, through whom they say every thing is in perfect confusion. And not only the vulgar are affected in this manner, but not a few also of those who are conversant with philosophy. The cause of this, however, extends equally to philosophers, and the vulgar; for of philosophers, those who do not depart from the prevailing notions, fall into the same error with the multitude; and again, the multitude, on hearing assertions from celebrated men conformable to their own opinions, are in a greater degree corroborated in conceiving things of this kind of the Gods.

41. For poetry also inflames the opinions of men, by employing a diction adapted to produce astonishment and enchantment, and not only allures the ears, but is also capable of procuring belief in things that are most impossible. At the same time, however, it is requisite to be firmly persuaded, that what is good can never injure, or what is evil can never be beneficial; for, as Plato says, it is not the province of heat to refrigerate, but of that which is contrary to heat; and, in like manner, neither is it the province of that which is just to injure. But divinity is naturally the most just of all things; since otherwise he would not be divinity. Hence this power and portion of good is not to be absconded from beneficent daemons; for the power which is naturally adapted, and wishes to injure, is contrary to the power which is beneficent: but contraries can never subsist about the same thing. As malefic daemons, therefore, injure the mortal race in many respects, and sometimes in things of the greatest consequence, good daemons not only never cease to act conformably to their office, but also, as much as possible,

presignify to us the dangers which are impendent from malefic daemons, unfolding these through dreams, through a divinely inspired soul, and through many other things; so that he who is capable of explaining what is signified, may know and avoid all the perils with which he is threatened. For they indicate [future events] to all men, but every one cannot understand what they indicate nor is every one able to read what is written by them; but he alone is able to do this, who has learnt their letters. All enchantment, however, [or witchcraft,] is effected through daemons of a contrary nature; for those who perpetrate evil through enchantments, especially venerate these malefic beings, and the power that presides over them.

42. For they are full of every kind of imagination, and are sufficiently qualified to deceive, through effects of a prodigious nature; and through these, unhappy men procure philtres, and amatory allurements. For all intemperance, and hope of possessing wealth and renown, and especially deception, exist through these, since falsehood is allied to these malevolent beings; for they wish to be considered as Gods, and the power which presides over them is ambitious to appear to be the greatest God. These are they that rejoice in libations, and the savour of sacrifices, through which their pneumatic vehicle is fattened; for this vehicle lives through vapours and exhalations, and the life of it is various through various exhalations. It is likewise corroborated by the savour of blood and flesh.

43. On this account, a wise and temperate man will be religiously afraid to use sacrifices of this kind, through which he will attract to himself such-like daemons; but he will endeavour in all possible ways to purify his soul. For these malefic beings do not attack a pure soul, because it is dissimilar to them; but if it is necessary to cities to render

them propitious, this is nothing to us. For by these riches, and things external and corporeal, are thought to be good, and their contraries evil; but the smallest attention is paid by them to the good of the soul. We however, to the utmost of our ability, endeavour not to be in want of those things which they impart; but all our endeavour is to become similar to God, and to the [divine] powers with which he is surrounded both from what pertains to the soul, and from externals; and this is effected through an entire liberation from the dominion of the passions, an evolved perception of truly existing beings, and a vital tendency towards them. On the other hand, we strive to become dissimilar to depraved men and evil daemons, and, in short, to every being that rejoices in a mortal and material nature. So that, conformably to what is said by Theophrastus, we also shall sacrifice from those things which theologists permit us to use for this purpose; as well knowing, that by how much the more we neglect to exempt ourselves from the passions of the soul, by so much the more we connect ourselves with a depraved power, and render it necessary that he should become propitious to us. For, as theologists say, it is necessary for those who are bound to things external, and have not yet vanquished their passions, should avert the anger of this [malefic] power; since, if they do not, there will be no end to their labours.

44. Thus far what pertains to sacrifices has been elucidated. As we said, however, at first, as it is not entirely necessary, if animals are to be sacrificed, that they are also to be eaten, we shall now show that it is necessary we should not eat them, though it may be sometimes necessary that they should be sacrificed. For all theologists agree in this that in sacrifices, which are made for the purpose of averting some evil, the immolated animals are not to be tasted, but are to be used as expiations. For, say they, no one should go into the city, nor into his own house, till he has first purified his garments, and

his body, in rivers, or some fountain. So that they order those whom they permit to sacrifice, to abstain from the victims, and to purify themselves before they sacrifice by fasting, and especially by abstaining from animals. They add, that purity is the guardian of piety; and is, as it were, a symbol or divine seal, which secures its possessor from the attacks and allurements of evil daemons. For such a one, being contrarily disposed to, and more divine in his operations than those by whom he is attacked, because he is more pure both in his body and in the passions of his soul, remains uninjured, in consequence of being surrounded with purity as with a bulwark.

45. Hence a defence of this kind has appeared to be necessary even to enchanters; though it is not efficacious with them on all occasions. For they invoke evil daemons for lascivious purposes. So that purity does not belong to enchanters, but to divine men, and such as are divinely wise; since it everywhere becomes a guard to those that use it, and conciliates them with a divine nature. I wish, therefore, that enchanters would make use of purity continually, for then they would not employ themselves in incantations, because, through this, they would be: deprived of the enjoyment of those things, for the sake of which they act impiously. Whence becoming full of passions, and abstaining for a short time from impure food, they are notwithstanding replete with impurity, and suffer the punishment of their illegal conduct towards the whole of things, partly from those whom they irritate, and partly from Justice, who perceives all mortal deeds and conceptions. Both inward, therefore, and external purity pertain to a divine man, who earnestly endeavours to be liberated from the passions of the soul, and who abstains from such food as excites the passions, and is fed with divine wisdom; and by right conceptions of, is assimilated to divinity himself. For such a man being consecrated by an intellectual sacrifice,

approaches to God in a white garment, and with a truly pure impassivity of soul, and levity of body, and is not burdened with foreign and external juices, and the passions of the soul.

46. For, indeed, it must not be admitted as necessary in temples, which are consecrated by men to the Gods, that those who enter into them should have their feet pure, and their shoes free from every stain, but that in the temple of the father [of all], which is this world, it is not proper to preserve our ultimate and cutaneous vestment pure, and to dwell in this temple with an undefiled garment. For if the danger consisted only in the defilement of the body, it might, perhaps, be lawful to neglect it. But now, since every sensible body is attended with an efflux of material daemons, hence, together with the impurity produced from flesh and blood, the power which is friendly to, and familiar with, this impurity, is at the same time present through similitude and alliance.

47. Hence theologists have rightly paid attention to abstinence. And these things were indicated to us by a certain Egyptian 19, who also assigned a most natural cause of them, which was verified by experience. For, since a depraved and irrational soul, when it leaves the body, is still compelled to adhere to it, since the souls also of those men who die by violence, are detained about the body; this circumstance should prevent a man from forcibly expelling his soul from the body. The violent slaughter, therefore, of animals, compels souls to be delighted with the bodies which they have left, but the soul is by no means prevented from being there, where it is attracted by a kindred nature; whence many souls are seen to lament, and some remain about the bodies that are unburied; which souls are improperly used by enchanters, as subservient to their designs, being compelled by them to occupy the body, or a part of the body, which they have left. Since, therefore, these things were well known to theologists,

and they also perceived the nature of a depraved soul, and its alliance to the bodies from which it was divulsed, and the pleasure which it received from a union with them, they very properly avoided animal food, in order that they might not be disturbed by alien souls, violently separated from the body and impure, and which are attracted to things of a kindred nature, and likewise that they might not be impeded by the presence of evil daemons, in approaching alone [or without being burdened with things of a foreign nature] to the highest God 20.

48. For that the nature of a kindred body is attractive of soul, experience abundantly taught these theologists. Hence those who wish to receive into themselves the souls of prophetic animals, swallow the most principal parts of them, such as the hearts of crows, or of moles, or of hawks. For thus they have soul present with, and predicting to them like a God, and entering into them together with the intromission of the body.

49. Very properly, therefore, will the philosopher, and who is also the priest of the God that is above all things, abstain from all animal food, in consequence of earnestly endeavouring to approach through himself alone to the alone God 21, without being disturbed by any attendants. Such a one likewise is cautious, as being well acquainted with the necessities of nature. For he who is truly a philosopher, is skilled in, and an observer of many things, understands the works of nature, is sagacious, temperate and modest, and is in every respect the saviour of himself. And as he who is the priest of a certain particular God, is skilled in placing the statues of that divinity, and in his orgies, mysteries and the like, thus also he who is the priest of the highest God, is skilled in the manner in which his statue ought to be fashioned, and in purifications, and other things, through which he is conjoined to this divinity.

50. But if in the sacred rites which are here, those that are priests and diviners order both themselves and others to abstain from sepulchres, from impious men, from menstrual purgations, and from venereal congress, and likewise from base and mournful spectacles, and from those auditions which excite the passions, (because frequently, through those that are present being impure, something appears which disturbs the diviner; on which account it is said, that to sacrifice inopportunately, is attended with greater detriment than gain); — if this, therefore, is the case, will he, who is the priest of the father of all things, suffer himself to become the sepulchre of dead bodies? And will such a one, being full of defilement, endeavour to associate with the transcendent God? It is sufficient, indeed, that in fruits we assume parts of death, for the support of our present life. This, however, is not yet the place for such a discussion. We must, therefore, still farther investigate what pertains to sacrifices.

51. For some one may say that we shall subvert a great part of divination, viz. that which is effected through an inspection of the viscera, if we abstain from destroying animals. He, therefore, who makes this objection, should also destroy men: for it is said that future events are more apparent in the viscera of men than in those of brutes; and many of the Barbarians exercise the art of divination through the entrails of men. As, however, it would be an indication of great injustice, and inexhaustible avidity, to destroy those of our own species for the sake of divination, thus also it is unjust for the sake of this to slay an irrational animal. But it does not belong to the present discussion to investigate whether God, or daemons, or soul liberated from the animal [with which it had been connected], exhibit signs of future events to those who explore such signs, through the indications which the viscera afford.

52. Nevertheless, we permit those whose life is rolled about externals, having once acted impiously towards themselves, to be borne along to that which they tend; but we rightly say, that the man who we designate as a philosopher, and who is separated from externals, will not be disturbed by daemons, nor be in want of diviners, nor of the viscera of animals. For he earnestly endeavours to be separated from those things for the sake of which divinations are effected. For he does not betake himself to nuptials, in order that he may molest the diviner about wedlock, or merchandise, or inquiries about a servant, or an increase of property, or any other object of vulgar pursuit. For the subjects of his investigation are not clearly indicated by any diviner or viscera of animals. But he, as we have said, approaching through himself to the [supreme] God, who is established in the true inward parts of himself, receives from thence the precepts of eternal life, tending thither by a conflux of the whole of himself, and instead of a diviner praying that he may become a confabulator of the mighty Jupiter.

53. For if such a one is impelled by some necessary circumstance, there are good daemons, who, to the man living after this manner, and who is a domestic of divinity, will indicate and prevent, through dreams and symbols, and omens, what may come to pass, and what is necessarily to be avoided. For it is only requisite to depart from evil, and to know what is most honourable in the whole of things, and every thing which in the universe is good, friendly, and familiar. But vice, and an ignorance of divine concerns, are dire, through which a man is led to despise and defame things of which he has no knowledge; since nature does not proclaim these particulars with a voice which can be heard by the ears, but being herself intellectual 22, she initiates through intellect those who venerate her. And even though some one should admit the art of divination for the sake of predicting

what is future, yet it does not from thence necessarily follow that the flesh of animals is to be eaten; as neither does it follow, that because it is proper to sacrifice to Gods or daemons, food from animals is therefore to be introduced. For, not only the history which is related by Theophrastus, but also many other narrations inform us, that in ancient times men were sacrificed, yet it must not be inferred that on this account men are to be eaten.

54. And that we do not carelessly assert these things, but that what we have said is abundantly confirmed by history, the following narrations sufficiently testify. For in Rhodes, on the sixth day of June, a man was sacrificed to Saturn; which custom having prevailed for a long time, was afterwards changed [into a more human mode of sacrificing]. For one of those men who, by the public decision, had been sentenced to death, was kept in prison till the Saturnalia commenced; but as soon as this festival began, they brought the man out of the gates of the city, opposite to the temple of Aristobulus, and giving him wine to drink, they cut his throat. But in the island which is now called Salamis, but was formerly denominated Coronis, in the month according to the Cyprians Aphrodisius, a man was sacrificed to Agraule, the daughter of Cecrops, and the nymph Agraulis. And this custom continued till the time of Diomed. Afterwards it was changed, so that a man was sacrificed to Diomed. But the temples of Minerva, of Agraule, and Diomed, were contained in one and the same enclosure. The man who was also about to be slain, was first led by young men thrice round the altar, afterwards the priest pierced him with a lance in the stomach, and thus being thrown on the pyre, he was entirely consumed.

55. This sacred institute was, however, abolished by Diphilus, the king of Cyprus, who flourished about the time of Seleucus, the theologist. But Daemon substituted an ox for a man; thus

causing the latter sacrifice to be of equal worth with the former. Amosis also abolished the law of sacrificing men in the Egyptian city Heliopolis; the truth of which is testified by Manetho in his treatise on Antiquity and Piety. But the sacrifice was made to Juno, and an investigation took place, as if they were endeavouring to find pure calves, and such as were marked by the impression of a seal. Three men also were sacrificed on the day appointed for this purpose, in the place of whom Amosis ordered them to substitute three waxen images. In Chios likewise, they sacrificed a man to Omadius Bacchus 23, the man being for this purpose torn in pieces; and the same custom, as Eulpis Carystius says, was adopted in Tenedos. To which may be added, that the Lacedaemonians, as Apollodorus says, sacrificed a man to Mars.

56. Moreover the Phoenicians, in great calamities, either of war, or excessive dryness, or pestilence, sacrificed some one of their dearest friends, who was selected by votes for this purpose. The Phoenician history also is replete with instances of men being sacrificed, which history was written by Sanchoniatho in the Phoenician tongue, and was interpreted into Greek in eight books, by Philo Byblius. But Ister, in his collection of the Cretan sacrifices, says that the Curetes formerly sacrificed children to Saturn. And Pallas, who is the best of those who have collected what pertains to the mysteries of Mithras, says, that under the Emperor Adrian the sacrificing of men was nearly totally abolished. For, prior to his time, in Laodicea, which is in Syria, they anciently sacrificed a virgin to Minerva, but now they sacrifice a stag. The Carthaginians too, who dwell in Libya, formerly sacrificed men; but this custom was abolished by Iphicrates. And the Dumatii, a people of Arabia, annually sacrificed a boy, whom they buried under the altar, which was used by them as a statue. But Phylarchus narrates, that it was the general

custom of all the Greeks, before they went to war, to immolate men. I omit to mention the Thracians and Scythians, and also the Athenians, who slew the daughter of Erechtheus and Praxithea. And even at present, who is ignorant that in the great city of Rome, in the festival of Jupiter Latialis, they cut the throat of a man? Human flesh, however, is not on this account to be eaten; though, through a certain necessity, a man should be sacrificed. For, when a famine takes place during a siege some of the besieged feed on each other, yet at the same time those who do so are deemed execrable and the deed is thought to be impious.

57. After the first war, likewise, waged by the Romans against the Carthaginians, in order to obtain Sicily, when the mercenary soldiers of the Phoenicians revolted, and, together with them, those of Africa deserted, Hamilcar, who was surnamed Barkas, in attacking the Romans, was reduced to such a scarcity of food, that at first his men ate those that fell in battle; but afterwards, these failing, they ate their captives; in the third place, their servants; and in the last place, they attacked each other, and devoured their fellow-soldiers, who were led to be slaughtered for this purpose by lot. But Hamilcar, taking those men that were in his power, caused his elephants to trample on such of the soldiers as had acted in this manner, conceiving that it was not holy to suffer them to be any longer mingled with other men; and neither did he admit that men should be eaten because certain persons had dared to do this; nor his son Hannibal, who, when he was leading his army into Italy, was advised by a certain person to accustom his troops to feed on human flesh, in order that they might never be in want of food. It does not follow, therefore, that because famine and war have been the causes of eating other animals, it is also requisite to feed on them for the sake of pleasure; as neither must we admit, that on this account men are to be eaten. Nor does it follow, that because animals

are sacrificed to certain powers, it is also requisite to eat them. For neither do those who sacrifice men, on this account, feed on human flesh. Through what has been said, therefore, it is demonstrated, that it does not entirely follow that animals are to be eaten because they are sacrificed.

58. But that those who had learnt what the nature is of the powers in the universe, offered sacrifices through blood, not to Gods, but to daemons, is confirmed by theologists themselves. For they also assert, that of daemons, some are malefic, but others beneficent, who will not molest us, if we offer to them the first-fruits of those things alone which we eat, and by which we nourish either the soul or the body. After, therefore, we have added a few observations more, in order to show that the unperverted conceptions of the multitude accord with a right opinion respecting the Gods, we shall conclude this book. Those poets, therefore, who are wise, though but in a small degree, say,

What man so credulous and void of mind, What man so ignorant, as to think the Gods
In fiery bile and fleshless bones
rejoice, For hungry dogs a nutriment not fit; Or that such
offerers they will e'er reward?

But another poet says,

My offerings to the Gods from cakes alone
And frankincense shall be; for not to friends
But deities my sacrifice I make.

59. Apollo also, when he orders men to sacrifice according to paternal institutes, appears to refer every thing to ancient custom. But the ancient custom of sacrificing was, as we have before shown, with cakes and fruits. Hence also, sacrifices were called θυσιαί thusiai, and θυηλαί thuelai, and θυμέλαι thumelai, and αὐτο το θυειν auto to thuein, i.e. the act of sacrificing, signified the same thing as τοῦ θυμίου ton thumian, i.e. to offer incense, and which is now called by us,

ἐπιθυεῖν *epithuein*, i.e. to sacrifice something more. For what we now call *θυεῖν* *thuein*, i.e. to sacrifice, the ancients denominated *ἐρδεῖν* *erdein*, i.e. to perform or make.

They perfect hecatombs of bulls, or goats, Made to Apollo.

60. But those who introduced costliness into sacrifices, were ignorant that, in conjunction with this, they also introduced a swarm of evils, viz., superstition, luxury, an opinion that a divine nature may be corrupted by gifts, and that a compensation may be made by sacrifices for injustice. Or whence do some make an oblation of three animals with gilded horns, but others of hecatombs? And whence did Olympias, the mother of Alexander [the Great,] sacrifice a thousand of each species of animals, unless sumptuousness had at length proceeded to superstition? But when the young man was informed that the Gods rejoiced in magnificent sacrifices, and, as they say, in solemn banquets of oxen and other animals, how, though he was willing to act wisely, was it possible that he could? How also, when he conceived that these sacrifices were acceptable to the Gods, was it possible he should not fancy that he was permitted to act unjustly, when he might exonerate himself from erroneous conduct through sacrifices? But if he had been persuaded that the Gods have no need of these things, and that they look to the manners of those who approach to them, and conceive that a right opinion of them, and of things themselves, is the greatest sacrifice, how is it possible that he should not have been temperate, holy, and just?

61. To the Gods, indeed, the most excellent offering is a pure intellect and an impassive soul, and also a moderate oblation of our own property and of other things, and this not negligently, but with the greatest alacrity. For the honours which we pay to the Gods should be accompanied by the same promptitude as that with which we give the first seat to

worthy men, and with which we rise to salute them, and not by the promptitude with which we pay a tribute. For man must not use such language as the following to God:

If, O Philinus, you recall to mind, And love me for, the benefits which I On you conferr'd, 'tis well, since for the sake Of these alone my bounty was bestow'd.

For divinity is not satisfied with such assertions as these. And hence Plato says [in his Laws], that it pertains to a good man to sacrifice, and to be always conversant with the Gods by prayers, votive offerings, sacrifices, and every kind of religious worship; but that to the bad man, much labour about the Gods is inefficacious and vain. For the good man knows what ought to be sacrificed, and from what it is requisite to abstain; what things are to be offered to divinity; and of what the first-fruits are to be sacrificed; but the bad man exhibiting honours to the Gods from his own disposition and his own pursuits, acts in so doing more impiously than piously. Hence Plato thought, that a philosopher ought not to be conversant with men of depraved habits; for this is neither pleasing to the Gods, nor useful to men; but the philosopher should endeavour to change such men to a better condition, and if he cannot effect this, he should be careful that he does not himself become changed into their depravity. He adds, that having entered into the right path, he should proceed in it, neither fearing danger from the multitude nor any other blasphemy which may happen to take place. For it would be a thing of a dire nature, that the Syrians indeed will not taste fish, nor the Hebrews swine nor most of the Phoenicians and Egyptians cows; and though many kings have endeavoured to change these customs, yet those that adopt them would rather suffer death, than a transgression of the law [which forbids them to eat these animals]; and yet that we should choose to transgress the laws of nature and divine precepts

through the fear of men, or of a certain denunciation of evil from them. For the divine choir of Gods, and divine men, may justly be greatly indignant with us, if it perceives us directing our attention to the opinions of depraved men, and idly looking to the terror with which they are attended, though we daily meditate how we may become [philosophically] dead to other things in the present life.

BOOK THREE

1. IN THE two preceding books, O Firmus Castricius, we have demonstrated that animal food does not contribute either to temperance and frugality, or to the piety which especially gives completion to the theoretic life, but is rather hostile to it. Since, however, the most beautiful part of justice consists in piety to the Gods, and this is principally acquired through abstinence, there is no occasion to fear that we shall violate justice towards men, while we preserve piety towards the Gods. Socrates therefore says, in opposition to those who contend that pleasure is the supreme good, that though all swine and goats should accord in this opinion, yet he should never be persuaded that our felicity was placed in the enjoyment of corporeal delight, as long as intellect has dominion over all things. And we also say, that though all wolves and vultures should praise the eating of flesh, we should not admit that they spoke justly, as long as man is by nature innoxious, and ought to abstain from procuring pleasure for himself by injuring others. We shall pass on, therefore, to the discussion of justice; and since our opponents say that this ought only to be extended to those of similar species, and on this account deny that irrational animals can be injured by men, let us exhibit the true, and at the same time Pythagoric opinion, and demonstrate that every soul which participates of sense and memory is rational. For this being demonstrated, we may extend, as our opponents

will also admit, justice to every animal. But we shall epitomize what has been said by the ancients on this subject.

2. Since, however, with respect to reason, one kind, according to the doctrine of the Stoics, is internal, but the other external 1, and again, one kind being right, but the other erroneous, it is requisite to explain of which of these two, animals, according to them, are deprived. Are they therefore deprived of right reason alone? or are they entirely destitute both of internal and externally proceeding reason? They appear, indeed, to ascribe to brutes an entire privation of reason, and not a privation of right reason alone. For if they merely denied that brutes possess right reason, animals would not be irrational, but rational beings, in the same manner as nearly all men are according to them. For, according to their opinion, one or two wise men may be found in whom alone right reason prevails, but all the rest of mankind are depraved; though some of these make a certain proficiency, but others are profoundly depraved, and yet, at the same time, all of them are similarly rational. Through the influence, therefore, of self-love, they say, that all other animals are irrational; wishing to indicate by irrationality, an entire privation of reason. If, however, it be requisite to speak the truth, not only reason may plainly be perceived in all animals, but in many of them it is so great as to approximate to perfection.

3. Since, therefore, reason is two-fold, one kind consisting in external speech, but the other in the disposition of the soul, we shall begin from that which is external, and which is arranged according to the voice. But if external reason is voice, which through the tongue is significant of the internal passions of the soul (for this is the most common definition of it, and is not adopted by one sect [of philosophers] only, and if it is alone indicative of the conception of [internal] reason) - if

this be the case, in what pertaining to this are such animals as have a voice deficient? Do they not discursively perceive the manner in which they are inwardly affected, before it is vocally enunciated by them? By a discursive perception, however, I mean the perception produced by the silent discourse which takes place in the soul. Since, therefore, that which is vocally expressed by the tongue is reason, in whatever manner it may be expressed, whether in a barbarous or a Grecian, a canine or a bovine mode, other animals also participate of it that are vocal; men, indeed, speaking conformably to the human laws [of speech], but other animals conformably to the laws which they received from the Gods and nature.

But if we do not understand what they say, what is this to the purpose? For the Greeks do not understand what is said by the Indians, nor those who are educated in Attica the language of the Scythians, or Thracians, or Syrians; but the sound of the one falls on the ears of the other like the clangor of cranes, though by others their vocal sounds can be written and articulated, in the same manner as ours can by us. Nevertheless, the vocal sounds of the Syrians, for instance, or the Persians, are to us inarticulate, and cannot be expressed by writing, just as the speech of animals is unintelligible to all men. For as we, when we hear the Scythians speak, apprehend, by the auditory sense, a noise only and a sound, but are ignorant of the meaning of what they say, because their language appears to us to be nothing but a clangor, to have no articulation, and to employ only one sound either longer or shorter, the variety of which is not at all significant to us, but to them the vocal sounds are intelligible, and have a great difference, in the same manner as our language has to us; the like also takes place in the vocal sounds of other animals.

For the several species of these understand the language which is adapted to them, but we only hear a sound, of the signification of which we are ignorant, because no one who has learnt our language, is able to teach us through ours the meaning of what is said by brutes. If, however, it is requisite to believe in the ancients, and also in those who have lived in our times, and the times of our fathers, there are some among these who are said to have heard and to have understood the speech of animals. Thus, for instance, this is narrated of Melampus and Tiresias, and others of the like kind; and the same thing, not much prior to our time, is related of Apollonius Tyanaeus. For it is narrated of him, that once, when he was with his associates, a swallow, happening to be present, and twittering, he said, that the swallow indicated to other birds, that an ass laden with corn had fallen down before the city, and that in consequence of the fall of the ass, the corn was spread on the ground 2.

An associate, also, of mine informed me, that he once had a boy for a servant, who understood the meaning of all the sounds of birds, and who said, that all of them were prophetic, and declarative of what would shortly happen. He added, that he was deprived of this knowledge through his mother, who, fearing that he would be sent to the Emperor as a gift, poured urine into his ear when he was asleep.

4. Omitting, however, these things, through the passion of incredulity, which is connascent with us, I think there is no one who is ignorant, that there are some nations even now who understand the sounds of certain animals, through an alliance to those animals. Thus, the Arabians understand the language of crows, and the Tyrrhenians of eagles. And, perhaps, all men would understand the language of all animals, if a dragon were to lick their ears. Indeed, the variety and difference in the vocal sounds of animals, indicate

that they are significant. Hence, we hear one sound when they are terrified, but another, of a different kind, when they call their associates, another when they summon their young to food, another when they lovingly embrace each other, and another when they incite to battle. And so great is the difference in their vocal sounds, that, even by those who have spent their whole life in the observation of them, it is found to be extremely difficult to ascertain their meaning, on account of their multitude.

Diviners, therefore, who predict from ravens and crows, when they have noted the difference of the sounds, as far as to a certain multitude, omit the rest, as not easily to be apprehended by man. But when animals speak to each other, these sounds are manifest and significant to them, though they are not known to all of us. If, however, it appears that they imitate us, that they learn the Greek tongue, and understand their keepers, what man is so impudent as not to grant that they are rational, because he does not understand what they say? Crows, therefore, and magpies, the robin redbreast, and the parrot, imitate men, recollect what they have heard, are obedient to their preceptor while he is teaching them; and many of them, through what they have learnt, point out those that have acted wrong in the house. But the Indian hyaena, which the natives call *crocotta*, speaks in a manner so human, and this without a teacher, as to go to houses, and call that person whom he knows he can easily vanquish.

He also imitates the voice of him who is most dear, and would most readily attend to the person whom he calls; so that, though the Indians know this, yet being deceived through the similitude, and obeying the call, they come forth, and are destroyed. If, however, all animals do not imitate, and all of them are not adapted to learn our language, what is this to the

purpose? For neither is every man docile or imitative, I will not say of the vocal sounds of animals, but of the five dialects of the Greek tongue. To which may be added, that some animals, perhaps, do not speak, because they have not been taught, or because they are impeded by the ill conformation of the instruments of speech. We, therefore, when we were at Carthage, nurtured a tame partridge, which we caught flying, and which, in process of time, and by associating with us, became so exceedingly mild, that it was not only sedulously attentive to us, caressed and sported with us, but uttered a sound corresponding to the sound of our voice, and, as far as it was capable, answered us; and this in a manner different from that by which partridges are accustomed to call each other. For it did not utter a corresponding sound when we were silent, but when we spoke to it.

5. It is also narrated, that some dumb animals obey their masters with more readiness than any domestic servants. Hence, a lamprey was so accustomed to the Roman Crassus, as to come to him when he called it by its name; on which account Crassus was so affectionately disposed towards it, that he exceedingly lamented its death, though, prior to this, he had borne the loss of three of his children with moderation. Many likewise relate that the eels in Arethusa, and the shell-fish denominated *saperdae*, about Maeander, are obedient to those that call them. Is not the imagination, therefore, of an animal that speaks, the same, whether it proceeds as far as to the tongue, or does not? And if this be the case, is it not absurd to call the voice of man alone [external] reason, but refuse thus to denominate the voice of other animals? For this is just as if crows should think that their voice alone is external reason, but that we are irrational animals, because the meaning of the sounds which we utter is not obvious to them; or as if the inhabitants of Attica should thus denominate their speech alone, and should think that

those are irrational who are ignorant of the Attic tongue, though the inhabitants of Attica would sooner understand the croaking of a crow, than the language of a Syrian or a Persian. But is it not absurd to judge of rationality and irrationality from apprehending or not apprehending the meaning of vocal sounds, or from silence and speech? For thus some one might say, that the God who is above all things, and likewise the other Gods are not rational, because they do not speak. The Gods, however, silently indicate their will, and birds apprehend their will more rapidly than men, and when they have apprehended it, they narrate it to men as much as they are able and different birds are the messengers to men of different Gods. Thus, the eagle is the messenger of Jupiter, the hawk and the crow of Apollo, the stork of Juno, the crex and the bird of night of Minerva, the crane of Ceres, and some other bird is the messenger of some other deity. Moreover, those among us that observe animals, and are nurtured together with them, know the meaning of their vocal sounds. The hunter, therefore, from the barking of his dog, perceives at one time, indeed, that the dog explores a hare, but at another, that the dog has found it; at one time, that he pursues the game, at another that he has caught it, and at another that he is in the wrong track, through having lost the scent of it. Thus, too, the cowherd knows, at one time, indeed, that a cow is hungry, or thirsty, or weary, and at another, that she is incited to venery, or seeks her calf, [from her different lowings 3]. A lion also manifests by his roaring that he threatens, a wolf by his howling that he is in a bad condition, and shepherds, from the bleating of sheep, know what the sheep want.

6. Neither, therefore, are animals ignorant of the meaning of the voice of men, when they are angry, or speak kindly to, or call them, or pursue them, or ask them to do something, or give something to them; nor, in short, are they ignorant of any

thing that is usually said to them, but are aptly obedient to it; which it would be impossible for them to do, unless that which is similar to intellection energized, in consequence of being excited by its similar. The immoderation of their passions, also, is suppressed by certain modulations, and stags, bulls, and other animals, from being wild become tame. Those, too, who are decidedly of opinion that brutes are deprived of reason, yet admit that dogs have a knowledge of dialectic, and make use of the syllogism which consists of many disjunctive propositions, when, in searching for their game, they happen to come to a place where there are three roads. For they thus reason, the beast has either fled through this road, or through that, or through the remaining road; but it has not fled either through this, or through that, and therefore it must have fled through the remaining third of these roads 4. After which syllogistic process, they resume their pursuit in that road. It may, however, be readily said, that animals do these things naturally, because they were not taught by any one to do them; as if we also were not allotted reason by nature, though we likewise give names to things, because we are naturally adapted to do so. Besides, if it be requisite to believe in Aristotle, animals are seen to teach their offspring, not only something pertaining to other things, but also to utter vocal sounds; as the nightingale, for instance, teaches her young to sing. And as he likewise says, animals learn many things from each other, and many from men; and the truth of what he asserts is testified by all the tamers of colts, by every jockey, horseman, and charioteer, and by all hunters, herdsmen, keepers of elephants, and masters of wild beasts and birds. He, therefore, who estimates things rightly, will be led, from these instances, to ascribe intelligence to brutes; but he who is inconsiderate, and is ignorant of these things, will be induced to act rashly, through his inexhaustible avidity co operating with him against them. For how is it possible that

he should not defame and calumniate animals, who has determined to cut them in pieces, as if they were stones? Aristotle, however, Plato, Empedocles, Pythagoras, Democritus, and all such as endeavoured to discover the truth concerning animals, have acknowledged that they participate of reason.

7. But it is now requisite to show that brutes have internal reason. The difference, indeed, between our reason and theirs, appears to consist, as Aristotle somewhere says, not in essence, but in the more and the less; just as many are of opinion, that the difference between the Gods and us is not essential, but consists in this, that in them there is a greater, and in us a less accuracy, of the reasoning power⁵. And, indeed, so far as pertains to sense and the remaining organization, according to the sensoria and the flesh, every one nearly will grant that these are similarly disposed in us, as they are in brutes. For they not only similarly participate with us of natural passions, and the motions produced through these, but we may also survey in them such affections as are preternatural and morbid. No one, however, of a sound mind, will say that brutes are unreceptive of the reasoning power, on account of the difference between their habit of body and ours, when he sees that there is a great variety of habit in men, according to their race, and the nations to which they belong and yet, at the same time, it is granted that all of them are rational. An ass, therefore, is afflicted with a catarrh, and if the disease flows to his lungs, he dies in the same manner as a man. A horse, too, is subject to purulence, and wastes away through it, like a man. He is likewise attacked with rigour, the gout, fever, and fury, in which case he is also said to have a depressed countenance. A mare, when pregnant, if she happens to smell a lamp when it is just extinguished, becomes abortive, in the same manner as a woman. An ox, and likewise a camel, are subject to fever and

insanity; a raven becomes scabby, and has the leprosy; and also a dog, who, besides this, is afflicted with the gout, and madness: but a hog is subject to hoarseness, and in a still greater degree a dog; whence this disease in a man is denominated from the dog, cynanche. And these things are known to us, because we are familiar with these animals; but of the diseases of other animals, we are ignorant, because we do not associate with them. Castrated animals also became more effeminate. Hence cocks, when they are castrated, no longer crow; but their voice becomes effeminate, like that of men who lose their testicles. It is not possible, likewise, to distinguish the bellowing and horns of a bull, when he is castrated, from those of a cow. But stags, when they are castrated, no longer cast off their horns, but retain them in the same manner as eunuchs do their hairs; and if, when they are castrated, they are without horns, they do not afterwards produce them, just as it happens to those who, before they have a beard, are made eunuchs. So that nearly the bodies of all animals are similarly affected with ours, with respect to the bodily calamities to which they are subject.

8. See, however, whether all the passions of the soul in brutes, are not similar to ours; for it is not the province of man alone to apprehend juices by the taste, colours by the sight, odours by the smell, sounds by the hearing, cold or heat, or other tangible objects, by the touch; but the senses of brutes are capable of the same perceptions. Nor are brutes deprived of sense because they are not men, as neither are we to be deprived of reason, because the Gods, if they possess it, are rational beings. With respect to the senses, however, other animals appear greatly to surpass us; for what man can see so acutely as a dragon? (for this is not the fabulous Lynceus). And hence the poets denominate to see δρακειν, drakein: but an eagle, from a great height, sees a hare. What man hears more acutely than cranes, who are able to hear

from an interval so great, as to be beyond the reach of human sight?

And as to smell, almost all animals so much surpass us in this sense, that things which fall on it, and are obvious to them, are concealed from us; so that they know and smell the several kinds of animals by their footsteps. Hence, men employ dogs as their leaders, for the purpose of discovering the retreat of a boar, or a stag. And we, indeed, are slowly sensible of the constitution of the air; but this is immediately perceived by other animals, so that from them we derive indications of the future state of the weather. With respect to juices also, they so accurately know the distinction between them, that their knowledge of what are morbid, salubrious, and deleterious among these, surpasses that of physicians. But Aristotle says, that animals whose sensitive powers are more exquisite, are more prudent. And the diversities, indeed, of bodies are capable of producing a facility or difficulty of being passively affected, and of having reason, more or less prompt in its energies; but they are not capable of changing the essence of the soul, since neither are they able to change the senses, nor to alter the passions, nor to make them entirely abandon their proper nature.

It must be granted, therefore, that animals participate more or less of reason, but not that they are perfectly deprived of it; as neither must it be admitted that one animal has reason, but another not. As, however, in one and the same species of animals, one body is more, but another less healthy; and, in a similar manner, in diseases, in a naturally good, and a naturally bad, disposition, there is a great difference; thus also in souls, one is naturally good, but another depraved: and of souls that are depraved, one has more, but another less, of depravity. In good men, likewise, there is not the same equality; for Socrates, Aristotle, and Plato, are not similarly

good. Nor is there sameness in a concordance of opinions. Hence it does not follow, if we have more intelligence than other animals, that on this account they are to be deprived of intelligence; as neither must it be said, that partridges do not fly, because hawks fly higher; nor that other hawks do not fly, because the bird called phassophonos 6 flies higher than these, and than all other birds.

Some one, therefore, may admit that the soul is co-passive with the body, and that the former suffers something from the latter, when the latter is well or ill affected, but in this case it by no means changes its nature: but if the soul is only co-passive to, and uses the body as an instrument, she may be able to effect many things through it, which we cannot, even when it is organized differently from ours, and when it is affected in a certain manner, may sympathize with it, and yet may not change its proper nature.

9. It must be demonstrated, therefore, that there is a rational power in animals, and that they are not deprived of prudence. And in the first place, indeed, each of them knows whether it is imbecile or strong, and, in consequence of this, it defends some parts of itself, but attacks with others. Thus the panther uses its teeth, the lion its nails and teeth, the horse its hoofs, the ox its horns, the cock its spurs, and the scorpion its sting; but the serpents in Egypt use their spittle (whence also they are called ptuades, i.e. spitters,) and with this they blind the eyes of those that approach them: and thus a different animal uses a different part of itself for attack, in order to save itself. Again, some animals, viz. such as are robust, feed [and live] remote from men; but others, who are of an ignoble nature, live remote from stronger animals, and, on the contrary, dwell nearer men. And of these, some dwell at a greater distance from more robust animals, as sparrows and swallows, who build their nests in the roofs of houses; but others associate

with men, as, for instance, dogs. They likewise change their places of abode at certain times, and know every thing which contributes to their advantage. In a similar manner, in fishes and in birds, a reasoning energy of this kind may be perceived; all which particulars are abundantly collected by the ancients, in their writings concerning the prudence of animals; and they are copiously discussed by Aristotle, who says, that by all animals an habitation subservient to their subsistence and their safety, is most exquisitely contrived.

10. But he who says that these things are naturally present with animals, is ignorant in asserting this, that they are by nature rational; or if this is not admitted, neither does reason subsist in us naturally, nor with the perfection of it receive an increase, so far as we are naturally adapted to receive it. A divine nature, indeed, does not become rational ⁷ through learning, for there never was a time in which he was irrational; but rationality is consubsistent with his existence, and he is not prevented from being rational, because he did not receive reason through discipline: though, with respect to other animals, in the same manner as with respect to men, many things are taught them by nature, and some things are imparted by discipline. Brutes, however, learn some things from each other, but are taught others, as we have said, by men. They also have memory, which is a most principal thing in the resumption of reasoning and prudence. They likewise have vices, and are envious; though their bad qualities are not so widely extended as in men: for their vices are of a lighter nature than those of men: This, indeed, is evident; for the builder of a house will never be able to lay the foundation of it, unless he is sober; nor can a shipwright properly place the keel of a ship, unless he is in health; nor a husbandman plant a vine, unless he applies his mind to it; yet nearly all men, when they are intoxicated, can beget children. This, however, is not the case with other animals; for they propagate for the

sake of offspring, and for the most part, when the males have made the female pregnant, they no longer attempt to be connected with her; nor, if they should attempt it, would the female permit them. But the magnitude of the lascivious insolence and intemperance of men in these things, is evident. In other animals, however, the male is conscious of the parturient throes of the female, and, for the most part, partakes of the same pains; as is evident in cocks. But others incubate together with the females; as the males of doves. They likewise provide a proper place for the delivery of their offspring; and after they have brought forth their offspring, they both purify them and themselves. And he who properly observes, will see that every thing proceeds with them in an orderly manner; that they fawn on him who nourishes them, and that they know their master, and give indications of him who acts insidiously.

11. Who likewise is ignorant how much gregarious animals preserve justice towards each other? for this is preserved by ants, by bees, and by other animals of the like kind. And who is ignorant of the chastity of female ringdoves towards the males with whom they associate? for they destroy those who are found by them to have committed adultery. Or who has not heard of the justice of storks towards their parents? For in the several species of animals, a peculiar virtue is eminent, to which each species is naturally adapted; nor because this virtue is natural and stable, is it fit to deny that they are rational? For it might be requisite to deprive them of rationality, if their works were not the proper effects of virtue and rational sagacity; but if we do not understand how these works are effected, because we are unable to penetrate into the reasoning which they use, we are not on this account to accuse them of irrationality; for neither is any one able to penetrate into the intellect of that divinity the sun, but from his works we assent to those who demonstrate him to be an

intellectual and rational essence.

12. But some one may very properly wonder at those who admit that justice derives its subsistence from the rational part, and who call those animals that have no association with men, savage and unjust, and yet do not extend justice as far as to those that do associate with us; and which, in the same manner as men, would be deprived of life, if they were deprived of human society. Birds, therefore, and dogs, and many quadrupeds, such as goats, horses, sheep, asses, and mules, would perish, if deprived of an association with mankind. Nature, also, the fabricator of their frame, constituted them so as to be in want of men, and fashioned men so as to require their assistance; thus producing an innate justice in them towards us, and in us towards them. But it is not at all wonderful, if some of them are savage towards men; for what Aristotle says is true, that if all animals had an abundance of nutriment, they would not act ferociously, either towards each other, or towards men. For on account of food, though necessary and slender, enmities and friendships are produced among animals, and also on account of the places which they occupy; but if men were reduced to such straits as brutes are [with respect to food,] how much more savage would they become than those animals that appear to be wild? War and famine are indications of the truth of this; for then men do not abstain from eating each other; and even without war and famine, they eat animals that are nurtured with them, and are perfectly tame.

13. Some one, however, may say, that brutes are indeed rational animals, but have not a certain habitude, proximity, or alliance to us; but he who asserts this will, in the first place, make them to be irrational animals, in consequence of depriving them of an alliance to our nature. And, in the next

place, he will make their association with us to depend on the utility which we derive from them, and not on the participation of reason. The thing proposed by us, however, is to show that brutes are rational animals, and not to inquire whether there is any compact between them and us. For, with respect to men, all of them do not league with us, and yet no one would say, that he who does not enter into a league with us is irrational. But many brutes are slaves to men, and, as someone rightly says, though they are in a state of servitude themselves, through the improbity of men, yet, at the same time, by wisdom and justice, they cause their masters to be their servants and curators. Moreover, the vices of brutes are manifest, from which especially their rationality is demonstrated. For they are envious, and the males are rivals of each other with respect to the favour of the females, and the females with respect to the regard of the males. There is one vice, however, which is not inherent in them, viz., acting insidiously towards their benefactors, but they are perfectly benevolent to those who are kind to them, and place so much confidence in them, as to follow wherever they may lead them, though it should even be to slaughter and manifest danger. And though some one should nourish them, not for their sake, but for his own, yet they will be benevolently disposed towards their possessor. But men [on the contrary] do not act with such hostility towards any one, as towards him who has nourished them; nor do they so much pray for the death of any one, as for his death.

14. Indeed, the operations of brutes are attended with so much consideration,⁸ that they frequently perceive, that the food which is placed for them is nothing else than a snare, though, either through intemperance or hunger, they approach to it. And some of them, indeed, do not approach to it immediately, but others slowly accede to it. They also try whether it is possible to take the food without falling into

danger, and frequently in consequence of rationality vanquishing passion, they depart without being injured. Some of them too revile at, and discharge their urine on the stratagem of men; but others, through voracity, though they know that they shall be captured, yet no less than the associates of Ulysses, suffer themselves to die rather than not eat. Some persons, likewise, have not badly endeavoured to show from the places which animals are allotted, that they are far more prudent than we are. For as those beings that dwell in aether are rational, so also, say they, are the animals which occupy the region proximate to aether, viz. the air; afterwards aquatic animals differ from these, and in the last place, the terrestrial differ from the aquatic [in degrees of rationality]. And we belong to the class of terrene animals dwelling in the sediment of the universe. For in the Gods, we must not infer that they possess a greater degree of excellence from the places [which they illuminate], though in mortal natures this may be admitted.

15. Since, also, brutes acquire a knowledge of the arts, and these such as are human, and learn to dance, to drive a chariot, to fight a duel, to walk on ropes, to write and read, to play on the pipe and the harp, to discharge arrows, and to ride, - this being the case, can you any longer doubt whether they possess that power which is receptive of art, since the recipient of these arts may be seen to exist in them? For where will they receive them, unless reason is inherent in them in which the arts subsist? For they do not hear our voice as if it was a mere sound only, but they also perceive the difference in the meaning of the words, which is the effect of rational intelligence. But our opponents say, that animals perform badly what is done by men. To this we reply, that neither do men perform all things well. For if this be not admitted, some men would be in vain victors in a contest, and others vanquished. They add, that brutes do not consult, nor

form assemblies, nor act in a judicial capacity. But tell me whether all men do this? Do not actions in the multitude precede consultation? And whence can anyone demonstrate that brutes do not consult? For no one can adduce an argument sufficient to prove that they do not. For those show the contrary to this, who have written minutely about animals. As to other objections, which are adduced by our adversaries in a declamatory way, they are perfectly frivolous; such, for instance, as that brutes have no cities of their own. For neither have the Scythians, who live in carts, nor the Gods. Our opponents add, that neither have brutes any written laws. To this we reply, that neither had men while they were happy. For Apis is said to have been the first that promulgated laws for the Greeks, when they were in want of them.

16. To men, therefore, on account of their voracity, brutes do not appear to possess reason; but by the Gods and divine men, they are honoured equally with sacred suppliants. Hence, the God 9 said to Aristodicus, the Cumean, that sparrows were his suppliants. Socrates also, and prior to him, Rhadamanthus, swore by animals. But the Egyptians conceive them to be Gods, whether they, in reality, thought them to be so, or whether they intentionally represented the Gods in the forms of oxen, birds, and other animals, in order that these animals might be no less abstained from than from men, or whether they did this through other more mystical causes 10. Thus also the Greeks united a ram to the statue of Jupiter, but the horns of a bull to that of Bacchus. They likewise fashioned the statue of Pan from the form of a man and a goat; but they represented the Muses and the Sirens winged, and also Victory, Iris, Love, and Hermes. Pindar too, in his hymns, represents the Gods, when they were expelled by Typhon, not resembling men, but other animals. And Jupiter, when in love with Pasiphae, is said to have become a bull; but at another time, he is said to have been changed into an eagle and a

swan; through all which the ancients indicated the honour which they paid to animals, and this in a still greater degree when they assert that Jupiter was nursed by a goat. The Cretans, from a law established by Rhadamanthus, swore by all animals. Nor was Socrates in jest when he swore by the dog and the goose; but in so doing, he swore conformably to the just son of Jupiter [Rhadamanthus] nor did he sportfully say that swans were his fellow-servants. But fables obscurely signify, that animals have souls similar to ours, when they say that the Gods in their anger changed men into brutes, and that, when they were so changed, they afterwards pitied and loved them. For things of this kind are asserted of Dolphins and halcyons, of nightingales and swallows.

17. Each of the ancients, likewise, who had been prosperously nursed by animals, boasted more of this than of their parents and educators. Thus, one boasted of having been nursed by a she-wolf, another by a hind, another by a she-goat another by a bee. But Semiramis gloried in having been brought up by doves, Cyrus in being nursed by a dog, and a Thracian in having a swan for his nurse, who likewise bore the name of his nurse. Hence also, the Gods obtained their surnames, as Bacchus that of Hinnuleus, Apollo that of Lyceus, and, likewise, Delphinus, Neptune and Minerva that of Equestris. But Hecate, when invoked by the names of a bull, a dog, and a lioness, is more propitious. If, however, those who sacrifice animals and eat them, assert that they are irrational, in order that they may mitigate the crime of so doing, the Scythians also, who eat their parents, may in like manner say that their parents are destitute of reason.

18. Through these arguments, therefore, and others which we shall afterwards mention, in narrating the opinions of the ancients, it is demonstrated that brutes are rational animals, reason in most of them being indeed imperfect, of which,

nevertheless, they are not entirely deprived. Since, however, justice pertains to rational beings, as our opponents say, how is it possible not to admit, that we should also act justly towards brutes? For we do not extend justice to plants, because there appears to be much in them which is unconnected with reason; though of these, we are accustomed to use the fruits, but not together with the fruits to cut off the trunks. We collect however, corn and leguminous substances, when, being efflorescent, they have fallen on the earth, and are dead. But no one uses for food the flesh of dead animals, that of fish being excepted, unless they have been destroyed by violence.

So that in these things there is much injustice. As Plutarch also says 11, it does not follow that because our nature is indigent of certain things, and we use these, we should therefore act unjustly towards all things. For we are allowed to injure other things to a certain extent, in order to procure the necessary means of subsistence (if to take any thing from plants, even while they are living, is an injury to them); but to destroy other things through luxury, and for the enjoyment of pleasure, is perfectly savage and unjust. And the abstinence from these neither diminishes our life nor our living happily. For if, indeed, the destruction of animals and the eating of flesh were as requisite as air and water, plants and fruits, without which it is impossible to live, this injustice would be necessarily connected with our nature. But if many priests of the Gods, and many kings of the barbarians, being attentive to purity, and if, likewise, infinite species of animals never taste food of this kind, yet live, and obtain their proper end according to nature, is not he absurd who orders us, because we are compelled to wage war with certain animals, not to live peaceably with those with whom it is possible to do so, but thinks, either that we ought to live without exercising justice towards any thing, or that, by exercising it towards all

things, we should not continue in existence?

As, therefore, among men, he who, for the sake of his own safety, or that of his children or country, either seizes the wealth of certain persons, or oppresses some region or city, has necessity for the pretext of his injustice; but he who acts in this manner through the acquisition of wealth, or through satiety or luxurious pleasure, and for the purpose of satisfying desires which are not necessary, appears to be inhospitable, intemperate, and depraved; -thus too, divinity pardons the injuries which are done to plants, the consumption of fire and water, the shearing of sheep, the milking of cows, and the taming of oxen, and subjugating them to the yoke, for the safety and continuance in life of those that use them. But to deliver animals to be slaughtered and cooked, and thus be filled with murder, not for the sake of nutriment and satisfying the wants of nature, but making pleasure and gluttony the end of such conduct, is transcendently iniquitous and dire. For it is sufficient that we use, for laborious purposes, though they have no occasion to labour themselves, the progeny of horses, and asses, and bulls, as Aeschylus says, as our substitutes, who, by being tamed and subjugated to the yoke, alleviate our toil.

19. But with respect to him who thinks that we should not use an ox for food, nor destroying and corrupting spirit and life, place things on the table which are only the allurements and elegances of satiety, of what does he deprive our life, which is either necessary to our safety, or subservient to virtue? To compare plants, however, with animals, is doing violence to the order of things. For the latter are naturally sensitive, and adapted to feel pain, to be terrified and hurt; on which account also they may be injured. But the former are entirely destitute of sensation, and in consequence of this, nothing foreign, or evil, or hurtful, or injurious, can befall them. For

sensation is the principle of all alliance, and of every thing of a foreign nature. But Zeno and his followers assert, that alliance is the principle of justice. And is it not absurd, since we see that many of our own species live from sense alone, but do not possess intellect and reason, and since we also see, that many of them surpass the most terrible of wild beasts in cruelty, anger, and rapine, being murderous of their children and their parents, and also being tyrants, and the tools of kings [is it not, I say, absurd,] to fancy that we ought to act justly towards these, but that no justice is due from us to the ox that ploughs, the dog that is fed with us, and the animals that nourish us with their milk, and adorn our bodies with their wool? Is it not such an opinion most irrational and absurd?

20. But, by Jupiter, the assertion of Chrysippus is considered by our opponents to be very probable, that the Gods made us for the sake of themselves, and for the sake of each other, and that they made animals for the sake of us; horses, indeed, in order that they might assist us in battle, dogs, that they might hunt with us, and leopards, bears, and lions, for the sake of exercising our fortitude. But the hog (for here the pleasantry of Chrysippus is most delightful) was not made for any other purpose than to be sacrificed; and God mingled soul, as if it were salt, with the flesh of this animal, that he might procure for us excellent food. In order, likewise, that we might have an abundance of broth, and luxurious suppers, divinity provided for us all-various kinds of shell-fish, the fishes called purples, sea-nettles, and the various kinds of winged animals; and this not from a certain other cause, but only that he might supply man with an exuberance of pleasure; in so doing, surpassing all nurses [in kindness], and thickly filling with pleasures and enjoyments the terrestrial place.

Let him, however, to whom these assertions appear to possess a certain probability, and to participate of something worthy of deity, consider what he will reply to the saying of Carneades, that every thing which is produced by nature, is benefited when it obtains the end to which it is adapted, and for which it was generated. But benefit is to be understood in a more general way, as signifying what the Stoics call useful. The hog, however, [says he] was produced by nature for the purpose of being slaughtered and used for food; and when it suffers this, it obtains the end for which it is adapted, and is benefited. But if God fashioned animals for the use of men, in what do we use flies, lice, bats, beetles, scorpions, and vipers? of which some are odious to the sight, defile the touch, are intolerable to the smell, and in their voice dire and unpleasant; and others, on the contrary, are destructive to those that meet with them.

And with respect to the balance, pistrices, and other species of whales, an infinite number of which, as Homer says 12, the loud-sounding Amphitrite nourishes, does not the Demiurgus teach us, that they were generated for the utility of the nature of things? 13 And if our opponents should admit that all things were not generated for us, and with a view to our advantage, in addition to the distinction which they make being very confused and obscure, we shall not avoid acting unjustly, in attacking and noxiously using those animals which were not produced for our sake, but according to nature [i.e. for the sake of the universe], as we were. I omit to mention, that if we define, by utility, things which pertain to us, we shall not be prevented from admitting, that we were generated for the sake of the most destructive animals, such as crocodiles, balaenae, and dragons.

For we are not in the least benefited by them; but they seize and destroy men that fall in their way, and use them for food;

in so doing acting not at all more cruelly than we do, excepting that they commit this injustice through want and hunger, but we through insolent wantonness, and for the sake of luxury, frequently sporting in theatres, and in hunting slaughter the greater part of animals. And by thus acting, indeed, a murderous disposition and a brutal nature become strengthened in us, and render us insensible to pity: to which we may add, that those who first dared to do this, blunted the greatest part of lenity, and rendered it inefficacious. The Pythagoreans, however, made lenity towards beasts to be an exercise of philanthropy and commiseration. So that, how is it possible they should not in a greater degree excite us to justice, than those who assert that, by not slaughtering animals, the justice which is usually exercised towards men will be corrupted? For custom is most powerful in increasing those passions in man which were gradually introduced into his nature.

21. It is so, say our antagonists; but as the immortal is opposed to the mortal, the incorruptible to the corruptible, and the incorporeal to the corporeal, so to the rational essence which has an existence in the nature of things, the irrational essence must be opposed, which has a subsistence contrary to it; nor in so many conjugations of things, is this alone to be left imperfect and mutilated. [Our opponents, however, thus speak], as if we did not grant this, or as if we had not shown that there is much of the irrational among beings. For there is an abundance of it in all the natures that are destitute of soul, nor do we require any other opposition to that which is rational; but immediately every thing which is deprived of soul, being irrational and without intellect, is opposed to that which possesses reason and *dianoia* 14. If, however, some one should think fit to assert that not nature in common, but the animated nature, is divided into that which possess and that which is without imagination, and into that

which is sensitive, and that which is deprived of sensation, in order that these oppositions of habits and privations may subsist about the same genus, as being equiponderant; - he who says this speaks absurdly.

For it would be absurd to investigate in the animated nature that which is sensitive, and that which is without sensation, that which employs, and that which is without imagination, because every thing animated is immediately adapted to be sensitive and imaginative. So that neither thus will he justly require, that one part of the animated nature should be rational, but another irrational, when he is speaking to men, who think that nothing participates of sense which does not also participate of intelligence, and that nothing is an animal in which opinion and reasoning are not inherent, in the same manner as with animals every sense and impulse are naturally present. For nature, which they rightly assert produced all things for the sake of a certain thing, and with reference to a certain end, did not make an animal sensitive merely that it might be passively affected, and possess sensible perception; but as there are many things which are allied and appropriate, and many which are foreign to it, it would not be able to exist for the shortest space of time, unless it learnt how to avoid some things, and to pursue others.

The knowledge, therefore, of both these, sense similarly imparts to every animal; but the apprehension and pursuit of what is useful, and the depulsion and avoidance of what is destructive and painful, can by no possible contrivance be present with those animals that are incapable of reasoning, judging, and remembering, and that do not naturally possess an animadvertise power. For to those animals from whom you entirely take away expectation, memory, design, preparation, hope, fear, desire, and indignation, neither the eyes when present, nor the ears, nor sense, nor phantasy, will be

beneficial, since they will be of no use; and it will be better to be deprived of them than to labour, be in pain, and be afflicted, without possessing the power of repelling these molestations. There is, however, a treatise of Strato, the physiologist, in which it is demonstrated, that it is not possible to have a sensible perception of anything without the energy of intellection.

For frequently the letters of a book, which we cursorily consider by the sight, and words which fall on the auditory sense, are concealed from and escape us, when our intellect is attentive to other things; but afterwards, when it returns to the thing to which it was before inattentive, then, by recollection, it runs through and pursues each of the before-mentioned particulars. Hence also it is said [by Epicharmus], —

'Tis mind alone that sees and hears, And all besides is deaf and blind.

For the objects which fall on the eyes and the ears do not produce a sensible perception of themselves, unless that which is intellective is present. On which account, also, king Cleomenes, when something that was recited was applauded, being asked, if it did not also appear to him to be excellent, left this to the decision of those that asked him the question; for he said, that his intellect was at the time in Peloponnesus. Hence it is necessary that intellect should be present with all those with whom sensible perception is present.

22. Let us, however, admit that sense does not require intellect for the accomplishment of its proper work, yet, when energizing about what is appropriate and what is foreign, it discerns the difference between the two, it must then exercise the power of memory, and must dread that which will produce pain, desire that which will be beneficial, and contrive, if it is absent, how it may be present, and will procure methods of

pursuing and investigating what is advantageous, and of avoiding and flying from hostile occurrences. Indeed, our opponents, in their Introductions, [as they call them], everywhere inculcate these things with a tedious prolixity, defining design to be an indication of perfection; the tendency of intellect to the object of its perception, an impulse prior to impulse; preparation, an action prior to action; and memory, the comprehension of some past thing,¹⁵ the perception of which, when present, was obtained through sense.

For there is not any one of these which is not rational, and all of them are present with all animals. Thus, too, with respect to intellections, those which are repositied in the mind, are called by them *εννοιαι*, notions; but when they are in motion [through a discursive energy] they denominate them *διανοησεις*, or perceptions obtained by a reasoning process. But with respect to all the passions, as they are in common acknowledged to be depraved natures and opinions, it is wonderful that our opponents should overlook the operations and motions of brutes, many of which are the effects of anger, many of fear, and, by Jupiter, of envy also and emulation. Our opponents, too, themselves punish dogs and horses when they do wrong; and this not in vain, but in order to make them better, producing in them, through the pain, a sorrow which we denominate repentance.

But the name of the pleasure which is received through the ears is *κηλησις*, i.e. an ear-alluring sweetness; and the delight which is received through the eyes is denominated *γοητεια*, i.e. enchantment. Each of these, however, is used towards brutes. Hence stags and horses are allured by the harmony produced from reeds and flutes; and the crabs, called *παγουροι*, *paguri*, are evocated from their caverns by the melody of reeds. The fish *thrissa*, likewise, is said through harmony to come forth from its retreats. Those, however, who

speak stupidly about these things, assert that animals are neither delighted, nor enraged, nor terrified, nor make any provision for what is necessary, nor remember; but they say that the bee as it were remembers, that the swallow as it were, provides what is requisite, that the lion is as it were angry, and that the stag is as it were afraid.

And I know not what answer to give to those who say that animals neither see nor hear, but see as it were, and as it were hear; that they do not utter vocal sounds, but as it were utter them; and that, in short, they do not live, but as it were live. For he who is truly intelligent, will readily admit that these assertions are no more sane than the former, and are similarly destitute of evidence. When, however, on comparing with human manners and lives, actions and modes of living, those of animals, I see much depravity in the latter, and no manifest tendency to virtue as to the principal end, nor any proficiency, or appetite of proficiency, I am dubious why nature gave the beginning of perfection to those that are never able to arrive at the end of it 16. But this to our opponents does not appear to be at all absurd. For as they admit that the love of parents towards their offspring is the principle in us of association and justice; yet, though they perceive that this affection is abundant and strong in animals, they nevertheless deny that they participate of justice; which assertion is similarly defective with the nature of mules, who, though they are not in want of any generative member, since they have a penis and vulva, and receive pleasure from employing these parts, yet they are not able to accomplish the end of generation.

Consider the thing, too, in another way: Is it not ridiculous to say that such men as Socrates, Plato and Zeno, were not less vicious than any slave, but resembled slaves in stupidity, intemperance, and injustice, and afterwards blame the nature

of brutes, as neither pure, nor formed with sufficient accuracy for the attainment of virtue; thus attributing to them a privation, and not a depravity and imbecility of reason? Especially since they acknowledge that there is a vice of the rational part of the soul, with which every brute is replete. For we may perceive that timidity, intemperance, injustice, and malevolence, are inherent in many brutes.

23. But he who thinks that the nature which is not adapted to receive rectitude of reason, does not at all receive reason, he, in the first place, does not differ from one who fancies that an ape does not naturally participate of deformity, nor a tortoise of tardity; because the former is not receptive of beauty, nor the latter of celerity. And, in the next place, this is the opinion of one who does not perceive the obvious difference of things. For reason, indeed, is ingenerated by nature; but right and perfect reason is acquired by study and discipline. Hence all animated beings participate of reason, but our opponents cannot mention any man who possesses rectitude of reason and wisdom [naturally], though the multitude of men is innumerable. But as the sight of one animal differs from that of another, and the flying of one bird from that of another, (for hawks and grasshoppers do not similarly see, nor eagles and partridges); thus, also, neither does every thing which participates of reason possess genius and acuteness in the highest perfection.

Indeed there are many indications in brutes of association, fortitude, and craft, in procuring what is necessary, and in economical conduct; as, on the contrary, there are also indications in them of injustice, timidity, and fatuity. Hence it is a question with some, which are the more excellent, terrestrial or aquatic animals 17? And that there are these indications, is evident from comparing storks with river horses: for the former nourish, but the latter destroy their

fathers, in order that they may have connexion with their mothers. This is likewise seen on comparing doves with partridges: for the latter conceal and destroy their eggs, if the female, during her incubation, refuses to be connected with the male. But doves successively relieve each other in incubation, alternately cherishing the eggs; and first, indeed, they feed the young, and afterwards the male strikes the female with his beak, and drives her to the eggs and her young, if she has for a long time wandered from them.

Antipater, however, when he blames asses and sheep for the neglect of purity, overlooks, I know not how, lynxes and swallows; of which, the former remove and entirely conceal and bury their excrement, but the latter teach their young to throw it out of their nest. Moreover, we do not say that one tree is more ignorant than another, as we say that a sheep is more stupid than a dog. Nor do we say that one herb is more timid than another, as we do that a stag is more timid than a lion. For, as in things which are immoveable, one is not slower than another, and in things which are not vocal, one is not less vocal than another: thus, too, in all things in which the power of intellection is wanting, one thing cannot be said to be more timid, more dull, or more intemperate than another. For, as these qualities are present differently in their different participants, they produce in animals the diversities which we perceive.

Nor is it wonderful that man should so much excel other animals in docility, sagacity, justice and association. For many brutes surpass all men in magnitude of body, and celerity of foot, and likewise in strength of sight, and accuracy of hearing; yet man is not on this account either deaf, or blind, or powerless. But we run, though slower than stags, and we see, though not so accurately as hawks; and nature has not deprived us of strength and magnitude, though our

possession of these is nothing, when compared with the strength and bulk of the elephant and the camel. Hence, in a similar manner, we must not say that brutes, because their intellection is more dull than ours, and because they reason worse than we do, neither energize discursively, nor, in short, possess intellection and reason; but it must be admitted that they possess these, though in an imbecile and turbid manner, just as a dull and disordered eye participates of sight.

24. Innumerable instances, however, might be adduced in proof of this natural sagacity of animals, if many things of this kind had not by many persons been collected and narrated. But this subject must be still further considered. For it appears that it belongs to the same thing, whether it be a part or a power, which is naturally adapted to receive a certain thing, to be also disposed to fall into a preternatural mode of subsistence, when it becomes mutilated or diseased. Thus, the eye is adapted to fall into blindness, the leg into lameness, and the tongue into stammering; but nothing else is subject to such defects. For blindness does not befall that which is not naturally adapted to see, nor lameness that which is not adapted to walk; nor is that which is deprived of a tongue fitted to stammer, or lisp, or be dumb. Hence, neither can that animal be delirious, or stupid, or insane, in which intellection, and the discursive energy of reason, are not naturally inherent. For it is not possible for any thing to be passively affected which does not possess the power, the passion of which is either privation, or mutilation, or some other deprivation. Moreover, I have met with mad dogs, and also rabid horses; and some persons assert that oxen and foxes become mad. The example of dogs, however, is sufficient for our purpose: for it is a thing indubitable, and testifies that the animal possesses no despicable portion of reason and discursive energy, the passion of which, when disturbed and confounded, is fury and madness. For, when they are thus

affected, we do not see that there is any change in the quality of their sight or hearing. But as he is absurd who denies that a man is beside himself, and that his intellectual, reasoning, and recollective powers, are corrupted, when he is afflicted with melancholy or delirium, (for it is usually said of those that are insane, that they are not themselves, but have fallen off from reason): thus also, he who thinks that mad dogs suffer any thing else than that of having the power, which is naturally intellective, and is adapted to reason and recollect, full of tumult and distortion, so as to cause them to be ignorant of persons most dear to them, and abandon their accustomed mode of living; he who thus thinks, appears either to overlook what is obvious; or, if he really perceives what takes place, voluntarily contends against the truth. And such are the arguments adduced by Plutarch in many of his treatises against the Stoics and Peripatetics.

25. But Theophrastus employs the following reasoning:- those that are generated from the same sources, I mean from the same father and mother, are said by us to be naturally allied to each other. And moreover, we likewise conceive that those who derive their origin from the same ancestors that we do, are allied to us, and also that this is the case with our fellow-citizens, because they participate with us of the same land, and are united to us by the bonds of association. For we do not think that the latter are allied to each other, and to us, through deriving their origin from the same ancestors, unless it should so happen that the first progenitors of these were the sources of our race, or were derived from the same ancestors. Hence, I think we should say, that Greek is allied and has an affinity to Greek, and Barbarian to Barbarian, and all men to each other; for one of these two reasons, either because they originate from the same ancestors, or because they participate of the same food, manners and genus. Thus also we must admit that all men have an affinity, and are

allied to each other. And, moreover, the principles of the bodies of all animals are naturally the same. I do not say this with reference to the first elements of their bodies; for plants also consist of these; but I mean the seed, the flesh, and the conascent genus of humours which is inherent in animals. But animals are much more allied to each other, through naturally possessing souls, which are not different from each other, I mean in desire and anger; and besides these, in the reasoning faculty, and, above all, in the senses. But as with respect to bodies, so likewise with respect to souls, some animals have them more, but others less perfect, yet all of them have naturally the same principles. And this is evident from the affinity of their passions. If, however, what we have said is true, viz. that such is the generation of the manners of animals, all the tribes of them are indeed intellective, but they differ in their modes of living, and in the temperature of the first elements of which they consist. And if this be admitted, the genus of other animals has an affinity, and is allied to us. For, as Euripides says, they have all of them the same food and the same spirit, the same purple streams; and they likewise demonstrate that the common parents of all of them are Heaven and Earth.

26. Hence, since animals are allied to us, if it should appear, according to Pythagoras, that they are allotted the same soul that we are, he may justly be considered as impious who does not abstain from acting unjustly towards his kindred. Nor because some animals are savage, is their alliance to us to be on this account abscinded. For some men may be found who are no less, and even more malefic than savage animals to their neighbours, and who are impelled to injure any one they may meet with, as if they were driven by a certain blast of their own nature and depravity. Hence, also, we destroy such men; yet we do not cut them off from an alliance to animals of a mild nature. Thus, therefore, if likewise some animals are

savage, these, as such, are to be destroyed, in the same manner as men that are savage; but our habitude or alliance to other and wilder animals is not on this account to be abandoned. But neither tame nor savage animals are to be eaten; as neither are unjust men. Now, however, we act most unjustly, destroying, indeed tame animals, because some brutes are savage and unjust, and feeding on such as are tame. With respect to tame animals, however, we act with a twofold injustice, because though they are tame, we slay them, and also, because we eat them. And, in short, the death of these has a reference to the assumption of them for food.

To these, also, such arguments as the following may be added. For he who says that the man who extends the just as far as to brutes, corrupts the just, is ignorant that he does not himself preserve justice, but increases pleasure, which is hostile to justice. By admitting, therefore, that pleasure is the end [of our actions] justice is evidently destroyed. For to whom is it not manifest that justice is increased through abstinence? For he who abstains from every thing animated, though he may abstain from such animals as do not contribute to the benefit of society, will be much more careful not to injure those of his own species. For he who loves the genus, will not hate any species of animals; and by how much the greater his love of the genus is,* by so much the more will he preserve justice towards a part of the genus, and that to which he is allied.

He, therefore, who admits that he is allied to all animals, will not injure any animal. But he who confines justice to man alone, is prepared, like one enclosed in a narrow space, to hurl from him the prohibition of injustice. So that the Pythagorean is more pleasing than the Socratic banquet. For Socrates said, that hunger is the sauce of food; but Pythagoras said, that to injure no one, and to be exhilarated

with justice, is the sweetest sauce; as the avoidance of animal food, will also be the avoidance of unjust conduct with respect to food. For God has not so constituted things, that we cannot preserve ourselves without injuring others; since, if this were the case, he would have connected us with a nature which is the principal of injustice. Do not they, however, appear to be ignorant of the peculiarity of justice, who think that it was introduced from the alliance of men to each other?

For this will be nothing more than a certain philanthropy; but justice consists in abstaining from injuring any thing which is not noxious. And our conception of the just man must be formed according to the latter, and not according to the former mode. Hence, therefore, since justice consists in not injuring any thing, it must be extended as far as to every animated nature. On this account, also, the essence of justice consists in the rational ruling over the irrational, and in the irrational being obedient to the rational part. For when reason governs, and the irrational part is obedient to its mandates, it follows, by the greatest necessity, that man will be innoxious towards every thing. For the passions being restrained, and desire and anger wasting away, but reason possessing its proper empire, a similitude to a more excellent nature [and to deity] immediately follows.

But the more excellent nature in the universe is entirely innoxious, and, through possessing a power which preserves and benefits all things, is itself not in want of any thing. We, however, through justice [when we exercise it], are innoxious towards all things, but, through being connected with mortality, are indigent of things of a necessary nature. But the assumption of what is necessary, does not injure even plants, when we take what they cast off; nor fruits, when we use such of them as are dead; nor sheep, when through shearing we rather benefit than injure them, and by partaking

of their milk, we in return afford them every proper attention. Hence, the just man appears to be one who deprives himself of things pertaining to the body; yet he does not [in reality] injure himself. For, by this management of his body, and continence, he increases his inward good, i.e., his similitude to God.

27. By making pleasure, therefore, the end of life, that which is truly justice cannot be preserved; since neither such things as are primarily useful according to nature, nor all such as are easily attainable, give completion to felicity. For, in many instances, the motions of the irrational nature, and utility and indigence, have been, and still are the sources of injustice. For men became indigent [as they pretended] of animal food, in order that they might preserve, as they said, the corporeal frame free from molestation, and without being in want of those things after which the animal nature aspires. But if an assimilation to divinity is the end of life, an innoxious conduct towards all things will be in the most eminent degree preserved. As, therefore, he who is led by his passions is innoxious only towards his children and his wife, but despises and acts fraudulently towards other persons, since in consequence of the irrational part predominating in him, he is excited to, and astonished about mortal concerns; but he who is led by reason, preserves an innoxious conduct towards his fellow-citizens, and still more so towards strangers, and towards all men, through having the irrational part in subjection, and is therefore more rational and divine than the former character; - thus also, he who does not confine harmless conduct to men alone, but extends it to other animals, is more similar to divinity; and if it was possible to extend it even to plants, he would preserve this image in a still greater degree.

As, however, this is not possible, we may in this respect lament, with the ancients 18, the defect of our nature, that we consist of such adverse and discordant principles, so that we are unable to preserve our divine part incorruptible, and in all respects innoxious. For we are not unindigent in all things: the cause of which is generation, and our becoming needy through the abundant corporeal efflux which we sustain. But want procures safety and ornament from things of a foreign nature, which are necessary to the existence of our mortal part. He, therefore, who is indigent of a greater number of externals, is in a greater degree agglutinated to penury; and by how much his wants increase, by so much is he destitute of divinity, and an associate of penury. For that which is similar to deity, through this assimilation immediately possesses true wealth.

But no one who is [truly] rich and perfectly unindigent injures any thing. For as long as any one injures another, though he should possess the greatest wealth, and all the acres of land which the earth contains, he is still poor, and has want for his intimate associate. On this account, also, he is unjust, without God, and impious, and enslaved to every kind of depravity, which is produced by the lapse of the soul into matter, through the privation of good. Every thing, therefore, is nugatory to any one, as long as he wanders from the principle of the universe; and he is indigent of all things, while he does not direct his attention to Porus [or the source of true abundance]. He likewise yields to the mortal part of his nature, while he remains ignorant of his real self. But Injustice is powerful in persuading and corrupting those that belong to her empire, because she associates with her votaries in conjunction with Pleasure.

As, however, in the choice of lives, he is the more accurate judge who has obtained an experience of both [the better and

the worse kind of life], than he who has only experienced one of them; thus also, in the choice and avoidance of what is proper, he is a safer judge who, from that which is more, judges of that which is less excellent, than he who from the less, judges of the more excellent. Hence, he who lives according to intellect, will more accurately define what is eligible and what is not, than he who lives under the dominion of irrationality. For the former has passed through the irrational life, as having from the first associated with it; but the latter, having had no experience of an intellectual life, persuades those that resemble himself, and acts with nugacity, like a child among children. If, however, say our opponents, all men were persuaded by these arguments, what would become of us?

Is it not evident that we should be happy, injustice, indeed, being exterminated from men, and justice being conversant with us, in the same manner as it is in the heavens? But now this question is just the same as if men should be dubious what the life of the Danaids would be, if they were liberated from the employment of drawing water in a sieve, and attempting to fill a perforated vessel. For they are dubious what would be the consequence if we should cease to replenish our passions and desires, the whole of which replenishing continually flows away through the want of real good; since this fills up the ruinous clefts of the soul more than the greatest of external necessities. Do you therefore ask, O man, what we should do? We should imitate those that lived in the golden age, we should imitate those of that period who were [truly] free. For with them modesty, Nemesis, and Justice associated, because they were satisfied with the fruits of the earth.

The fertile earth for them spontaneous yields Abundantly her fruits 19.

But those who are liberated from slavery, obtain for themselves what they before procured for their masters. In like manner, also, do you, when liberated from the servitude of the body, and a slavish attention to the passions produced through the body, as, prior to this, you nourished them in an all-various manner with externals, so now nourish yourself all-variously with internal good, justly assuming things which are [properly] your own, and no longer by violence taking away things which are foreign [to your true nature and real good].

BOOK FOUR

1. IN THE preceding books, O Castricius, we have nearly answered all the arguments which in reality defend the feeding on flesh, for the sake of incontinence and intemperance, and which adduce impudent apologies for so doing by ascribing a greater indigence to our nature than is fit. Two particular inquiries, however, still remain; in one of which the promise of advantage especially deceives those who are corrupted by pleasure. And, moreover, we shall confute the assertion of our opponents, that no wise man, nor any nation, has rejected animal food, as it leads those that hear it to great injustice, through the ignorance of true history; and we shall also endeavour to give the solutions of the question concerning advantage, and to reply to other inquiries.

2. But we shall begin from the abstinence of certain nations, in the narration of which, what is asserted of the Greeks will first claim our attention, as being the most allied to us, and the most appropriate of all the witnesses that can be adduced. Among those, therefore, that have concisely, and at the same time accurately collected an account of the affairs of the Greeks, is the Peripatetic Dicaearchus 1, who, in narrating the pristine life of the Greeks, says, the ancients, being

generated with an alliance to the Gods, were naturally most excellent, and led the best life; so that, when compared to us of the present day, who consist of an adulterated and most vile matter, they were thought to be a golden race; and they slew no animal whatever. The truth of this, he also says, is testified by the poets, who denominate these ancients the golden race, and assert that every good was present with them.

The fertile earth for them spontaneous bore Of fruits a copious and unenvy'd store; In blissful quiet then, unknown to strife, The worthy with the worthy passed their life 2. Which assertions, indeed Dicaearchus explaining, says, that a life of this kind was under Saturn; if it is proper to consider it as a thing that once existed, and that it is a life which has not been celebrated in vain, and if, laying aside what is extremely fabulous, we may refer it to a physical narration. All things, therefore, are very properly said to have been then spontaneously produced; for men did not procure any thing by labour, because they were unacquainted with the agricultural art, and, in short, had no knowledge of any other art. This very thing, likewise, was the cause of their leading a life of leisure, free from labours and care; and if it is proper to assent to the decision of the most skilful and elegant of physicians, it was also the cause of their being liberated from disease.

For there is not any precept of physicians which more contributes to health, than that which exhorts us not to make an abundance of excrement, from which those pristine Greeks always preserved their bodies pure. For they neither assumed such food as was stronger than the nature of the body could bear, but such as could be vanquished by the corporeal nature, nor more than was moderate, on account of the facility of procuring it, but for the most part less than was

sufficient, on account of its paucity. Moreover, there were neither any wars among them, nor seditions with each other. For no reward of contention worth mentioning was proposed as an incentive, for the sake of which some one might be induced to engage in such dissensions. So that the principal thing in that life was leisure and rest from necessary occupations, together with health, peace, and friendship.

But to those in after times, who, through aspiring after things which greatly exceeded mediocrity, fell into many evils, this pristine life became, as it was reasonable to suppose it would, desirable. The slender and extemporaneous food, however, of these first men, is manifested by the saying which was afterwards proverbially used, enough of the oak; this adage being probably introduced by him who first changed the ancient mode of living. A pastoral life succeeded to this, in which men procured for themselves superfluous possessions, and meddled with animals. For, perceiving that some of them were innoxious, but others malefic and savage, they tamed the former, but attacked the latter. At the same time, together with this life, war was introduced. And these things, says Dicaearchus, are not asserted by us, but by those who have historically discussed a multitude of particulars.

For, as possessions were now of such a magnitude as to merit attention, some ambitiously endeavoured to obtain them, by collecting them [for their own use], and calling on others to do the same, but others directed their attention to the preservation of them when collected. Time, therefore, thus gradually proceeding, and men always directing their attention to what appeared to be useful, they at length became conversant with the third, and agricultural form of life. And this is what is said by Dicaearchus, in his narration of the manners of the ancient Greeks, and the blessed life which they then led, to which abstinence from animal food

contributed, no less than other things. Hence, at that period there was no war, because injustice was exterminated. But afterwards, together with injustice towards animals, war was introduced among men, and the endeavour to surpass each other in amplitude of possessions. On which account also, the audacity of those is wonderful, who say that abstinence from animals is the mother of injustice, since both history and experience testify, that together with the slaughter of animals, war and injustice were introduced.

3. Hence, this being afterwards perceived by the Lacedaemonian Lycurgus, though the eating of animals then prevailed, yet he so arranged his polity, as to render food of this kind requisite in the smallest degree. For the allotted property of each individual did not consist in herds of oxen, flocks of sheep, or an abundance of goats, horses, and money, but in the possession of land, which might produce for a man seventy medimni 3 of barley, and for a woman twelve, and the quantity of liquid fruits in the same proportion. For he thought that this quantity of nutriment was sufficient to procure a good habit of body and health, nothing else to obtain these being requisite. Whence also it is said, that on returning to his country, after he had been for some time absent from it, and perceiving, as he passed through the fields, that the corn had just been reaped, and that the threshing-floors and the heaps were parallel and equable, he laughed, and said to those that were present, that all Laconia seemed to belong to many brothers, who had just divided the land among themselves.

He added, that as he had therefore expelled luxury from Sparta, it would be requisite also to annul the use of money, both golden and silver, and to introduce iron alone, as its substitute, and this of a great bulk and weight, and of little value; so that as much of it as should be worth ten minae

should require a large receptacle to hold it, and a cart drawn by two oxen to carry it. But this being ordained, many species of injustice were exterminated from Lacedaemon. For who would attempt to steal, or suffer himself to be corrupted by gifts, or defraud or plunder another, when it was not possible for him to conceal what he had taken, nor possess it so as to be envied by others, nor derive any advantage from coining it? Together with money also, the useless arts were expelled, the works of the Lacedaemonians not being saleable. For iron money could not be exported to the other Greeks, nor was it esteemed by them, but ridiculed.

Hence, neither was it lawful to buy any thing foreign, and which was intrinsically of no worth, nor did ships laden with merchandise sail into their ports, nor was any verbal sophist, or futile diviner, or bawd, or artificer of golden and silver ornaments, permitted to come to Laconia, because there money was of no use. And thus luxury, being gradually deprived of its incitements and nourishment, wasted away of itself. Those likewise who possessed much derived no greater advantage from it, than those who did not, as no egress was afforded to abundance, since it was so obstructed by impediments, that it was forced to remain in indolent rest. Hence such household furniture as was in constant use, and was necessary, such as beds, chairs, and tables, these were made by them in the best manner; and the Laconic cup, which was called Cothon, was, as Critias says, especially celebrated in military expeditions.

For in these expeditions, the water which they drank, and which was unpleasant to the sight, was concealed by the colour of the cup; and the turbid part of the water falling against the lips, through their prominency, that part of it which was drank, was received in a purer condition by the mouth. As we are informed, however, by Plutarch, the

legislator was the cause of these things. For the artificers being liberated from useless works, exhibited the beauty of art in things of a necessary nature.

4. That he might also in a still greater degree oppose luxury, and take away the ardent endeavour to obtain wealth, he introduced a third, and most beautiful political institution, viz. that of the citizens eating and drinking together publicly; so that they might partake of the same prescribed food in common, and might not be fed at home, reclining on sumptuous couches, and placed before elegant tables, through the hands of artificers and cooks, being fattened in darkness, like voracious animals, and corrupting their bodies, together with their morals, by falling into every kind of luxury and repletion; as such a mode of living would require much sleep, hot baths, and abundant quiet, and such attentions as are paid to the diseased. This indeed was a great thing; but still greater than this, that, as Theophrastus says, he caused wealth to be neglected, and to be of no value through the citizens eating at common tables, and the frugality of their food. For there was no use, nor enjoyment of riches; nor, in short, was there any thing to gratify the sight, or any ostentatious display in the whole apparatus, because both the poor and the rich sat at the same table. Hence it was universally said, that in Sparta alone, Plutus was seen to be blind, and lying like an inanimate and immoveable picture. For it was not possible for the citizens, having previously feasted at home, to go to the common tables with appetites already satiated with food. For the rest carefully observed him who did not eat and drink with them, and reviled him, as an intemperate person, and as one who conducted himself effeminately with respect to the common food. Hence these common tables were called phiditia; either as being the causes of friendship and benevolence, as if they were philitia, assuming δ for λ ; or as accustoming men ($\pi\rho\omicron\varsigma$ $\epsilon\nu\tau\epsilon\lambda\epsilon\iota\alpha\nu$ και

φειδω) to frugality and a slender diet. But the number of those that assembled at the common table was fifteen, more or less. And each person brought every month, for the purpose of furnishing the table, a medimnus of flour, eight choas 4 of wine, five pounds of cheese, two and a half pounds of figs, and, besides all these, a very little quantity of money.

5. Hence the children of those who ate thus sparingly and temperately, came to these common tables, as to schools of temperance, where they also heard political discourses, and were spectators of liberal sports. Here, likewise, they learnt to jest acrimoniously, without scurrility, and to receive, without being indignant, the biting jests of others. For this appeared to be extremely Laconic, to be able to endure acrimonious jests; though he who could not endure was permitted to refuse hearing them, and the scoffer was immediately silent. Such, therefore, was the frugality of the Lacedaemonians, with respect to diet, though it was legally instituted for the sake of the multitude. Hence those who came from this polity are said to have been more brave and temperate, and paid more attention to rectitude, than those who came from other communities, which are corrupted both in souls and bodies. And it is evident that perfect abstinence is adapted to such a polity as this, but to corrupt communities luxurious food.⁵ If, likewise, we direct our attention to such other nations as regarded equity, mildness and piety to the Gods, it will be evident that abstinence was ordained by them, with a view to the safety and advantage, if not of all, yet at least of some of the citizens, who, sacrificing to, and worshipping the Gods, on account of the city, might expiate the sins of the multitude. For, in the mysteries, what the boy who attends the altar accomplishes, by performing accurately what he is commanded to do, in order to render the Gods propitious to all those who have been initiated, as far as to muesis 6 (αντι παντων των μυσουμενων), that, in nations and

cities, priests are able to effect, by sacrificing for all the people, and through piety inducing the Gods to be attentive to the welfare of those that belong to them. With respect to priests, therefore, the eating of all animals is prohibited to some, but of certain animals to others, whether you consider the customs of the Greeks or of the barbarians, which are different in different nations. So that all of them, collectively considered, or existing as one, being assumed, it will be found that they abstain from all animals. If, therefore, those who preside over the safety of cities, and to whose care piety to the Gods is committed, abstain from animals, how can any one dare to accuse this abstinence as disadvantageous to cities?

6. Chaeremon the Stoic, therefore, in his narration of the Egyptian priests, who, he says, were considered by the Egyptians as philosophers, informs us, that they chose temples, as the places in which they might philosophize. For to dwell with the statues of the Gods is a thing allied to the whole desire, by which the soul tends to the contemplation of their divinities. And from the divine veneration indeed, which was paid to them through dwelling in temples, they obtained security, all men honouring these philosophers, as if they were certain sacred animals. They also led a solitary life, as they only mingled with other men in solemn sacrifices and festivals. But at other times the priests were almost inaccessible to any one who wished to converse with them. For it was requisite that he who approached to them should be first purified, and abstain from many things; and this is as it were a common sacred law respecting the Egyptian priests.

But these [philosophic priests], having relinquished every other employment, and human labours,⁷ gave up the whole of their life to the contemplation and worship of divine natures and to divine inspiration; through the latter, indeed,

procuring for themselves, honour, security, and piety; but through contemplation, science; and through both, a certain occult exercise of manners, worthy of antiquity⁸. For to be always conversant with divine knowledge and inspiration, removes those who are so from all avarice, suppresses the passions, and excites to an intellectual life. But they were studious of frugality in their diet and apparel, and also of continence and endurance, and in all things were attentive to justice and equity. They likewise were rendered venerable, through rarely mingling with other men. For during the time of what are called purifications, they scarcely mingled with their nearest kindred, and those of their own order, nor were they to be seen by anyone, unless it was requisite for the necessary purposes of purification.

For the sanctuary was inaccessible to those who were not purified, and they dwelt in holy places for the purpose of performing divine works; but at all other times they associated more freely with those who lived like themselves. They did not, however, associate with any one who was not a religious character. But they were always seen near to the Gods, or the statues of the Gods, the latter of which they were beheld either carrying, or preceding in a sacred procession, or disposing in an orderly manner, with modesty and gravity; each of which operations was not the effect of pride, but an indication of some physical reason. Their venerable gravity also was apparent from their manners. For their walking was orderly, and their aspect sedate; and they were so studious of preserving this gravity of countenance, that they did not even wink, when at any time they were unwilling to do so; and they seldom laughed, and when they did, their laughter proceeded no farther than to a smile.

But they always kept their hands within their garments. Each likewise bore about him a symbol indicative of the order

which he was allotted in sacred concerns; for there were many orders of priests. Their diet also was slender and simple. For, with respect to wine, some of them did not at all drink it, but others drank very little of it, on account of its being injurious to the nerves, oppressive to the head, an impediment to invention, and an incentive to venereal desires. In many other things also they conducted themselves with caution; neither using bread at all in purifications, and at those times in which they were not employed in purifying themselves, they were accustomed to eat bread with hyssop, cut into small pieces. For it is said, that hyssop very much purifies the power of bread. But they, for the most part, abstained from oil, the greater number of them entirely; and if at any time they used it with pot-herbs, they took very little of it, and only as much as was sufficient to mitigate the taste of the herbs.

7. It was not lawful for them therefore to meddle with the esculent and potable substances, which were produced out of Egypt, and this contributed much to the exclusion of luxury from these priests. But they abstained from all the fish that was caught in Egypt, and from such quadrupeds as had solid, or many-fissured hoofs, and from such as were not horned; and likewise from all such birds as were carnivorous. Many of them, however, entirely abstained from all animals; and in purifications this abstinence was adopted by all of them, for then they did not even eat an egg. Moreover, they also rejected other things, without being calumniated for so doing. Thus, for instance, of oxen, they rejected the females, and also such of the males as were twins, or were speckled, or of a different colour, or alternately varied in their form, or which were now tamed, as having been already consecrated to labours, and resembled animals that are honoured, or which were the images of any thing [that is divine], or those that had but one eye, or those that verged to a similitude of the human

form.

There are also innumerable other observations pertaining to the art of those who are called *mosxofragistai*, or who stamp calves with a seal, and of which books have been composed. But these observations are still more curious respecting birds; as, for instance, that a turtle should not be eaten; for it is said that a hawk frequently dismisses this bird after he has seized it, and preserves its life, as a reward for having had connexion with it. The Egyptian priests, therefore, that they might not ignorantly meddle with a turtle of this kind, avoided the whole species of those birds. And these indeed were certain common religious ceremonies; but there were different ceremonies, which varied according to the class of the priests that used them, and were adapted to the several divinities. But chastity and purifications were common to all the priests.

When also the time arrived in which they were to perform something pertaining to the sacred rites of religion, they spent some days in preparatory ceremonies, some indeed forty-two, but others a greater, and others a less number of days; yet never less than seven days; and during this time they abstained from all animals, and likewise from all pot-herbs and leguminous substances, and, above all, from a venereal connexion with women; for they never at any time had connexion with males. They likewise washed themselves with cold water thrice every day; viz. when they rose from their bed, before dinner, and when they betook themselves to sleep. But if they happened to be polluted in their sleep by the emission of the seed, they immediately purified their body in a bath. They also used cold bathing at other times, but not so frequently as on the above occasion. Their bed was woven from the branches of the palm tree, which they call *bais*; and their bolster was a smooth semi-cylindric piece of wood. But they exercised themselves in the endurance of hunger and

thirst, and were accustomed to paucity of food through the whole of their life.

8. This also is a testimony of their continence, that, though they neither exercised themselves in walking or riding, yet they lived free from disease, and were sufficiently strong for the endurance of modern labours. They bore therefore many burdens in the performance of sacred operations, and accomplished many ministrant works, which required more than common strength. But they divided the night into the observation of the celestial bodies, and sometimes devoted a part of it to offices of purification; and they distributed the day into the worship of the Gods, according to which they celebrated them with hymns thrice or four times, viz. in the morning and evening, when the sun is at his meridian altitude, and when he is declining to the west. The rest of their time they devoted to arithmetical and geometrical speculations, always labouring to effect something, and to make some new discovery, and, in short, continually exercising their skill. In winter nights also they were occupied in the same employments, being vigilantly engaged in literary pursuits, as paying no attention to the acquisition of externals, and being liberated from the servitude of that bad master, excessive expense. Hence their unwearied and incessant labour testifies their endurance, but their continence is manifested by their liberation from the desire of external good. To sail from Egypt likewise, [i.e. to quit Egypt,] was considered by them to be one of the most unholy things, in consequence of their being careful to avoid foreign luxury and pursuits; for this appeared to them to be alone lawful to those who were compelled to do so by regal necessities. Indeed, they were very anxious to continue in the observance of the institutes of their country, and those who were found to have violated them, though but in a small degree were expelled [from the college of the priests]. The true method of

philosophizing, likewise, was preserved by the prophets, by the hierostolistae 9, and the sacred scribes, and also by the horologi, or calculators of nativities. But the rest of the priests, and of the pastophori 10, curators of temples, and ministers of the Gods, were similarly studious of purity, yet not so accurately, and with such great continence, as the priests of whom we have been speaking. And such are the particulars which are narrated of the Egyptians, by a man who was a lover of truth, and an accurate writer, and who among the Stoics strenuously and solidly philosophized.

9. But the Egyptian priests, through the proficiency which they made by this exercise, and similitude to divinity, knew that divinity does not pervade through man alone, and that soul is not enshrined in man alone on the earth, but that it nearly passes through all animals. On this account, in fashioning the images of the Gods, they assumed every animal, and for this purpose mixed together the human form and the forms of wild beasts, and again the bodies of birds with the body of a man. For a certain deity was represented by them in a human shape as far as to the neck, but the face was that of a bird, or a lion, or of some other animal. And again, another divine resemblance had a human head, but the other parts were those of certain other animals, some of which had an inferior, but others a superior position; through which they manifested, that these [i.e. brutes and men], through the decision of the Gods, communicated with each other, and that tame and savage animals are nurtured together with us, not without the concurrence of a certain divine will.

Hence also, a lion is worshipped as a God, and a certain part of Egypt, which is called Nomos, has the surname of Leontopolis [or the city of the lion], and another is denominated Busiris [from an ox], and another Lycopolis [or

the city of the wolf]. For they venerated the power of God which extends to all things through animals which are nurtured together, and which each of the Gods imparts. They also revered water and fire the most of all the elements, as being the principal causes of our safety. And these things are exhibited by them in temples; for even now, on opening the sanctuary of Serapis, the worship is performed through fire and water; he who sings the hymns making a libation with water, and exhibiting fire, when, standing on the threshold of the temple, he invokes the God in the language of the Egyptians. Venerating, therefore, these elements, they especially reverence those things which largely participate of them, as partaking more abundantly of what is sacred.

But after these, they venerate all animals, and in the village Anubis they worship a man, in which place also they sacrifice to him, and victims are there burnt in honour of him on an altar; but he shortly after only eats that which was procured for him as a man. Hence, as it is requisite to abstain from man, so likewise, from other animals. And farther still, the Egyptian priests, from their transcendent wisdom and association with divinity, discovered what animals are more acceptable to the Gods [when dedicated to them] than man. Thus they found that a hawk is dear to the sun, since the whole of its nature consists of blood and spirit. It also commiserates man, and laments over his dead body, and scatters earth on his eyes, in which these priests believe a solar light is resident. They likewise discovered that a hawk lives many years, and that, after it leaves the present life, it possesses a divining power, is most rational and prescient when liberated from the body, and gives perfection to statues, and moves temples.

A beetle will be detested by one who is ignorant of and unskilled in divine concerns, but the Egyptians venerate it, as

an animated image of the sun. For every beetle is a male, and emitting its genital seed in a muddy place, and having made it spherical, it turns round the seminal sphere in a way similar to that of the sun in the heavens. It likewise receives a period of twenty-eight days, which is a lunar period. In a similar manner, the Egyptians philosophise about the ram, the crocodile, the vulture, and the ibis, and, in short, about every animal; so that, from their wisdom and transcendent knowledge of divine concerns, they came at length to venerate all animals 11. An unlearned man, however, does not even suspect that they, not being borne along with the stream of the vulgar who know nothing, and not walking in the path of ignorance, but passing beyond the illiterate multitude, and that want of knowledge which befalls every one at first, were led to reverence things which are thought by the vulgar to be of no worth.

10. This also, no less than the above-mentioned particulars, induced them to believe, that animals should be revered [as images of the Gods], viz. that the soul of every animal, when liberated from the body, was discovered by them to be rational, to be prescient of futurity, to possess an oracular power, and to be effective of every thing which man is capable of accomplishing when separated from the body. Hence they very properly honoured them, and abstained from them as much as possible. Since, however, the cause through which the Egyptians venerated the Gods through animals requires a copious discussion, and which would exceed the limits of the present treatise, what has been unfolded respecting this particular is sufficient for our purpose. Nevertheless, this is not to be omitted, that the Egyptians, when they buried those that were of noble birth, privately took away the belly and placed it in a chest, and together with other things which they performed for the sake of the dead body, they elevated the chest towards the sun, whom they

invoked as a witness; an oration for the deceased being at the same time made by one of those to whose care the funeral was committed. But the oration which Euphantus 12 has interpreted from the Egyptian tongue was as follows: "O Sovereign Sun, and all ye Gods who impart life to men, receive me, and deliver me to the eternal Gods as a cohabitant. For I have always piously worshipped those divinities which were pointed out to me by my parents as long as I lived in this age, and have likewise always honoured those who procreated my body. And, with respect to other men, I have never slain any one, nor defrauded any one of what he deposited with me, nor have I committed any other atrocious deed. If, therefore, during my life I have acted erroneously, by eating or drinking things which it is unlawful to eat or drink, I have not erred through myself, but through these," pointing to the chest in which the belly was contained. And having thus spoken, he threw the chest into the river [Nile]; but buried the rest of the body as being pure. After this manner, they thought an apology ought to be made to divinity for what they had eaten and drank, and for the insolent conduct which they had been led to through the belly.

11. But among those who are known by us, the Jews, before they first suffered the subversion of their legal institutes under Antiochus, and afterwards under the Romans, when also the temple in Jerusalem was captured, and became accessible to all men to whom, prior to this event, it was inaccessible, and the city itself was destroyed; - before this took place, the Jews always abstained from many animals, but peculiarly, which they even now do, from swine. At that period, therefore, there were three kinds of philosophers among them. And of one kind, indeed, the Pharisees were the leaders, but of another, the Sadducees, and of the third, which appears to have been the most venerable, the Essenes. The mode of life, therefore, of these third was as follows, as

Josephus frequently testifies in many of his writings. For in the second book of his Judaic History, which he has completed in seven books, and in the eighteenth of his Antiquities, which consists of twenty books, and likewise in the second of the two books which he wrote against the Greeks, he speaks of these Essenes, and says, that they are of the race of the Jews, and are in a greater degree than others friendly to one another.

They are averse to pleasures, conceiving them to be vicious, but they are of opinion that continence and the not yielding to the passions, constitute virtue. And they despise, indeed, wedlock, but receiving the children of other persons, and instructing them in disciplines while they are yet of a tender age, they consider them as their kindred, and form them to their own manners. And they act in this manner, not for the purpose of subverting marriage, and the succession arising from it, but in order to avoid the lasciviousness of women. They are likewise, despisers of wealth, and the participation of external possessions among them in common is wonderful; nor is any one to be found among them who is richer than the rest. For it is a law with them, that those who wish to belong to their sect, must give up their property to it in common; so that among all of them, there is not to be seen either the abjectness of poverty, or the insolence of wealth; but the possessions of each being mingled with those of the rest, there was one property with all of them, as if they had been brothers.

They likewise conceived oil to be a stain to the body, and that if any one, though unwillingly, was anointed, he should [immediately] wipe his body. For it was considered by them as beautiful to be squalid ¹³, and to be always clothed in white garments. But curators of the common property were elected by votes, indistinctly for the use of all. They have not,

however, one city, but in each city many of them dwell together, and those who come among them from other places, if they are of their sect, equally partake with them of their possessions, as if they were their own. Those, likewise, who first perceive these strangers, behave to them as if they were their intimate acquaintance. Hence, when they travel, they take nothing with them for the sake of expenditure. But they neither change their garments nor their shoes, till they are entirely torn, or destroyed by time. They neither buy nor sell anything, but each of them giving what he possesses to him that is in want, receives in return for it what will be useful to him. Nevertheless, each of them freely imparts to others of their sect what they may be in want of, without any remuneration.

12. Moreover, they are peculiarly pious to divinity. For before the sun rises they speak nothing profane, but they pour forth certain prayers to him which they had received from their ancestors, as if beseeching him to rise. Afterwards, they are sent by their curators to the exercise of the several arts in which they are skilled, and having till the fifth hour strenuously laboured in these arts, they are afterwards collected together in one place; and there, being begirt with linen teguments, they wash their bodies with cold water. After this purification, they enter into their own proper habitation, into which no heterodox person is permitted to enter. But they being pure, betake themselves to the dining room, as into a certain sacred fane. In this place, when all of them are seated in silence, the baker places the bread in order, and the cook distributes to each of them one vessel containing one kind of eatables. Prior, however, to their taking the food which is pure and sacred, a priest prays, and it is unlawful for any one prior to the prayer to taste of the food. After dinner, likewise, the priest again prays; so that both when they begin, and when they cease to eat, they venerate divinity.

Afterwards, divesting themselves of these garments as sacred, they again betake themselves to their work till the evening; and, returning from thence, they eat and drink in the same manner as before, strangers sitting with them, if they should happen at that time to be present. No clamour or tumult ever defiles the house in which they dwell; but their conversation with each other is performed in an orderly manner; and to those that are out of the house, the silence of those within it appears as if it was some terrific mystery. The cause, however, of this quietness is their constant sobriety, and that with them their meat and drink is measured by what is sufficient [to the wants of nature]. But those who are very desirous of belonging to their sect, are not immediately admitted into it, but they must remain out of it for a year, adopting the same diet, the Essenes giving them a rake, a girdle, and a white garment. And if, during that time, they have given a sufficient proof of their continence, they proceed to a still greater conformity to the institutes of the sect, and use purer water for the purpose of sanctity; though they are not yet permitted to live with the Essenes. For after this exhibition of endurance, their manners are tried for two years more, and he who after this period appears to deserve to associate with them, is admitted into their society.

13. Before, however, he who is admitted touches his common food, he takes a terrible oath, in the first place, that he will piously worship divinity; in the next place, that he will preserve justice towards men, and that he will neither designedly, nor when commanded, injure any one; in the third place; that he will always hate the unjust, but strenuously assist the just; and in the fourth place, that he will act faithfully towards all men, but especially towards the rulers of the land, since no one becomes a ruler without the permission of God; in the fifth place, that if he should be a ruler, he will never employ his power to insolently iniquitous purposes, nor

will surpass those that are in subjection to him in his dress, or any other more splendid ornament; in the sixth place, that he will always love the truth, and be hostile to liars; in the seventh place, that he will preserve his hands from theft, and his soul pure from unholy gain 14; and, in the eighth place, that he will conceal nothing from those of his sect, nor divulge any thing to others pertaining to the sect, though some one, in order to compel him, should threaten him with death.

In addition to these things, also, they swear, that they will not impart the dogmas of the sect to any one in any other way than that in which they received them; that they will likewise abstain from robbery 15, and preserve the books of their sect with the same care as the names of the angels. Such, therefore, are their oaths. But those among them that act criminally, and are ejected, perish by an evil destiny. For, being bound by their oaths and their customs, they are not capable of receiving food from others; but feeding on herbs, and having their body emaciated by hunger, they perish. Hence the Essenes, commiserating many of these unfortunate men, receive them in their last extremities into their society, thinking that they have suffered sufficiently for their offences in having been punished for them till they were on the brink of the grave.

But they give a rake to those who intend to belong to their sect, in order that, when they sit for the purpose of exonerating the belly, they make a trench a foot in depth, and completely cover themselves by their garment, in order that they may not act contumeliously towards the sun by polluting the rays of the God. And so great, indeed, is their simplicity and frugality with respect to diet, that they do not require evacuation till the seventh day after the assumption of food, which day they spend in singing hymns to God, and in resting from labour. But from this exercise they acquire the power of

such great endurance, that even when tortured and burnt, and suffering every kind of excruciating pain, they cannot be induced either to blaspheme their legislator, or to eat what they have not been accustomed to. And the truth of this was demonstrated in their war with the Romans.

For then they neither flattered their tormentors, nor shed any tears, but smiled in the midst of their torments, and derided those that inflicted them, and cheerfully emitted their souls, as knowing that they should possess them again. For this opinion was firmly established among them, that their bodies were indeed corruptible, and that the matter of which they consisted was not stable, but that their souls were immortal, and would endure for ever, and that, proceeding from the most subtle ether, they were drawn down by a natural flux, and complicated with bodies; but that, when they are no longer detained by the bonds of the flesh, then, as if liberated from a long slavery, they will rejoice, and ascend to the celestial regions. But from this mode of living, and from being thus exercised in truth and piety, there were many among them, as it is reasonable to suppose there would be, who had aforeknowledge of future events, as being conversant from their youth with sacred books, different purifications, and the declarations of the prophets. And such is the order [or sect] of the Essenes among the Jews.

14. All of them, however, were forbidden to eat the flesh of swine, or fish without scales, which the Greeks call cartilaginous; or to eat any animal that has solid hoofs. They were likewise forbidden not only to refrain from eating, but also from killing animals that fled to their houses as supplicants. Nor did the legislator permit them to slay such animals as were parents together with their young; but ordered them to spare, even in a hostile land, and not put to death brutes that assist us in our labours. Nor was the

legislator afraid that the race of animals which are not sacrificed, would, through being spared from slaughter, be so increased in multitude as to produce famine among men; for he knew, in the first place, that multiparous animals live but for a short time; and in the next place, that many of them perish, unless attention is paid to them by men. Moreover, he likewise knew that other animals would attack those that increased excessively; of which this is an indication, that we abstain from many animals, such as lizards, worms, flies, serpents, and dogs, and yet, at the same time, we are not afraid of perishing through hunger by abstaining from them, though their increase is abundant. And in the next place, it is not the same thing to eat and to slay an animal. For we destroy many of the above-mentioned animals, but we do not eat any of them.

15. Farther still, it is likewise related that the Syrians formerly abstained from animals, and, on this account, did not sacrifice them to the Gods; but that afterwards they sacrificed them, for the purpose of averting certain evils; yet they did not at all admit of a fleshly diet. In process of time, however, as Neanthes the Cyzicenean and Asclepiades the Cyprian say, about the era of Pygmalion, who was by birth a Phoenician, but reigned over the Cyprians, the eating of flesh was admitted, from an illegality of the following kind, which Asclepiades, in his treatise concerning Cyprus and Phoenicia, relates as follows: — In the first place, they did not sacrifice anything animated to the Gods; but neither was there any law pertaining to a thing of this kind, because it was prohibited by natural law. They are said, however, on a certain occasion, in which one soul was required for another, to have, for the first time, sacrificed a victim; and this taking place, the whole of the victim was then consumed by fire. But afterwards, when the victim was burnt, a portion of the flesh fell on the earth, which was taken by the priest, who, in so doing, having burnt

his fingers, involuntarily moved them to his mouth, as a remedy for the pain which the burning produced. Having, therefore, thus tasted of the roasted flesh, he also desired to eat abundantly of it, and could not refrain from giving some of it to his wife. Pygmalion, however, becoming acquainted with this circumstance, ordered both the priest and his wife to be hurled headlong from a steep rock, and gave the priesthood to another person, who not long after performing the same sacrifice and eating the flesh of the victim, fell into the same calamities as his predecessor. The thing, however, proceeding still farther, and men using the same kind of sacrifice, and through yielding to desire, not abstaining from, but feeding on flesh, the deed was no longer punished. Nevertheless abstinence from fish continued among the Syrians till the time of Menander: for he says:

The Syrians for example take, since these
When by intemperance led of fish they eat,
Swoln in their belly and their feet become.
With sack then cover'd, in the public way
They on a dunghill sit, that by their lowly state,
The Goddess may, appeas'd, the crime forgive.

16. Among the Persians, indeed, those who are wise in divine concerns, and worship divinity, are called Magi; for this is the signification of Magus, in the Persian tongue. But so great and so venerable are these men thought to be by the Persians, that Darius, the son of Hystaspes, had among other things this engraved on his tomb, that he had been the master of the Magi. They are likewise divided into three genera, as we are informed by Eubulus, who wrote the history of Mithra, in a treatise consisting of many books. In this work he says, that the first and most learned class of the Magi neither eat nor slay any thing animated, but adhere to the ancient abstinence from animals. The second class use some animals indeed [for food], but do not slay any that are tame. Nor do those of the

third class, similarly with other men, lay their hands on all animals.

For the dogma with all of them which ranks as the first is this, that there is a transmigration of souls; and this they also appear to indicate in the mysteries of Mithra. For in these mysteries, obscurely signifying our having something in common with brutes, they are accustomed to call us by the names of different animals. Thus they denominate the males who participate in the same mysteries lions, but the females lionesses, and those who are ministrant to these rites crows. With respect to their fathers also, they adopt the same mode. For these are denominated by them eagles and hawks. And he who is initiated in the Leontic mysteries, is invested with all-various forms of animals 16; of which particulars, Pallas, in his treatise concerning Mithra, assigning the cause, says, that it is the common opinion that these things are to be referred to the circle of the zodiac, but that truly and accurately speaking, they obscurely signify some thing pertaining to human souls, which, according to the Persians, are invested with bodies of all-various forms.

For the Latins also, says Eubulus, call some men, in their tongue, boars and scorpions, lizards, and blackbirds. After the same manner likewise the Persians denominate the Gods the demiurgic causes of these: for they call Diana a she-wolf; but the sun, a bull, a lion, a dragon, and a hawk; and Hecate, a horse, a bull, a lioness, and a dog. But most theologists say that the name of Proserpine (της φερεφαττης) is derived from nourishing a ringdove, (παρὰ το φερβειν την φατταν) for the ringdove is sacred to this Goddess. Hence, also the priests of Maia dedicate to her a ringdove. And Maia is the same with Proserpine, as being obstetric, and a nurse 17. For this Goddess is terrestrial, and so likewise is Ceres. To this Goddess, also a cock is consecrated; and on this account

those that are initiated in her mysteries abstain from domestic birds.

In the Eleusinian mysteries, likewise, the initiated are ordered to abstain from domestic birds, from fishes and beans, pomegranates and apples; which fruits are as equally defiling to the touch, as a woman recently delivered, and a dead body. But whoever is acquainted with the nature of divinely-luminous appearances knows also on what account it is requisite to abstain from all birds, and especially for him who hastens to be liberated from terrestrial concerns, and to be established with the celestial Gods. Vice, however, as we have frequently said, is sufficiently able to patronize itself, and especially when it pleads its cause among the ignorant. Hence, among those that are moderately vicious, some think that a dehortation of this kind is vain babbling, and, according to the proverb, the nugacity of old women; and others are of opinion that it is superstition.

But those who have made greater advances in improbity, are prepared, not only to blaspheme those who exhort to, and demonstrate the propriety of this abstinence, but calumniate purity itself as enchantment and pride. They, however, suffering the punishment of their sins, both from Gods and men, are, in the first place, sufficiently punished by a disposition [i.e. by a depravity] of this kind. We shall, therefore, still farther make mention of another foreign nation, renowned and just, and believed to be pious in divine concerns, and then pass on to other particulars.

17. For the polity of the Indians being distributed into many parts, there is one tribe among them of men divinely wise, whom the Greeks are accustomed to call Gymnosophists 18. But of these there are two sects, over one of which the Bramins preside, but over the other the Samanaeans. The race of the Bramins, however, receive divine wisdom of this

kind by succession, in the same manner as the priesthood. But the Samanaeans are elected, and consist of those who wish to possess divine knowledge. And the particulars respecting them are the following, as the Babylonian Bardesanes 19 narrates, who lived in the times of our fathers, and was familiar with those Indians who, together with Damadamis, were sent to Caesar. All the Bramins originate from one stock; for all of them are derived from one father and one mother. But the Samanaeans are not the offspring of one family, being, as we have said, collected from every nation of Indians.

A Bramin, however, is not a subject of any government, nor does he contribute any thing together with others to government. And with respect to those that are philosophers, among these some dwell on mountains, and others about the river Ganges. And those that live on mountains feed on autumnal fruits, and on cows' milk coagulated with herbs. But those that reside near the Ganges, live also on autumnal fruits, which are produced in abundance about that river. The land likewise nearly always bears new fruit, together with much rice, which grows spontaneously, and which they use when there is a deficiency of autumnal fruits. But to taste of any other nutriment, or, in short, to touch animal food, is considered by them as equivalent to extreme impurity and impiety. And this is one of their dogmas. They also worship divinity with piety and purity.

They spend the day, and the greater part of the night, in hymns and prayers to the Gods; each of them having a cottage to himself, and living, as much as possible, alone. For the Bramins cannot endure to remain with others, nor to speak much; but when this happens to take place, they afterwards withdraw themselves, and do not speak for many days. They likewise frequently fast. But the Samanaeans are, as we have said, elected. When, however, any one is desirous of being

enrolled in their order, he proceeds to the rulers of the city; but abandons the city or village that he inhabited, and the wealth and all the other property that he possessed. Having likewise the superfluities of his body cut off, he receives a garment, and departs to the Samanaeans, but does not return either to his wife or children, if he happens to have any, nor does he pay any attention to them, or think that they at all pertain to him.

And, with respect to his children indeed, the king provides what is necessary for them, and the relatives provide for the wife. And such is the life of the Samanaeans. But they live out of the city, and spend the whole day in conversation pertaining to divinity. They have also houses and temples, built by the king, in which they are stewards, who receive a certain emolument from the king, for the purpose of supplying those that dwell in them with nutriment. But their food consists of rice, bread, autumnal fruits, and pot-herbs. And when they enter into their house, the sound of a bell being the signal of their entrance, those that are not Samanaeans depart from it, and the Samanaeans begin immediately to pray. But having prayed, again, on the bell sounding as a signal, the servants give to each Samanaean a platter, (for two of them do not eat out of the same dish,) and feed them with rice.

And to him who is in want of a variety of food, a pot-herb is added, or some autumnal fruit. But having eaten as much as is requisite, without any delay they proceed to their accustomed employments. All of them likewise are unmarried, and have no possessions: and so much are both these and the Bramins venerated by the other Indians, that the king also visits them, and requests them to pray to and supplicate the Gods, when any calamity befalls the country, or to advise him how to act.

18. But they are so disposed with respect to death, that they unwillingly endure the whole time of the present life, as a certain servitude to nature, and therefore they hasten to liberate their souls from the bodies [with which they are connected]. Hence, frequently, when they are seen to be well, and are neither oppressed, nor driven to desperation by any evil, they depart from life. And though they previously announce to others that it is their intention to commit suicide, yet no one impedes them; but, proclaiming all those to be happy who thus quit the present life, they enjoin certain things to the domestics and kindred of the dead: so stable and true do they, and also the multitude, believe the assertion to be, that souls [in another life] associate with each other. But as soon as those to whom they have proclaimed that this is their intention, have heard the mandates given to them, they deliver the body to fire, in order that they may separate the soul from the body in the purest manner, and thus they die celebrated by all the Samanaeans.

For these men dismiss their dearest friends to death more easily than others part with their fellow-citizens when going the longest journeys. And they lament themselves, indeed, as still continuing in life; but they proclaim those that are dead to be blessed, in consequence of having now obtained an immortal allotment. Nor is there any sophist, such as there is now amongst the Greeks, either among these Samanaeans, or the above-mentioned Bramins, who would be seen to doubt and to say, if all men should imitate you [i.e. should imitate those Samanaeans who commit suicide] what would become of us? Nor through these are human affairs confused. For neither do all men imitate them, and those who have, may be said to have been rather the causes of equitable legislation, than of confusion to the different nations of men. Moreover, the law did not compel the Samanaeans and Bramins to eat animal food, but, permitting others to feed on flesh, it

suffered these to be a law to themselves, and venerated them as being superior to law.

Nor did the law subject these men to the punishment which it inflicts, as if they were the primary perpetrators of injustice, but it reserved this for others. Hence, to those who ask, what would be the consequence if all men imitated such characters as these, the saying of Pythagoras must be the answer; that if all men were kings, the passage through life would be difficult, yet regal government is not on this account to be avoided. And [we likewise say] that if all men were worthy, no administration of a polity would be found in which the dignity that probity merits would be preserved. Nevertheless, no one would be so insane as not to think that all men should earnestly endeavour to become worthy characters. Indeed, the law grants to the vulgar many other things [besides a fleshly diet], which, nevertheless, it does not grant to a philosopher, nor even to one who conducts the affairs of government in a proper manner.

For it does not receive every artist into the administration, though it does not forbid the exercise of any art, nor yet men of every pursuit. But it excludes those who are occupied in vile and illiberal arts,²⁰ and, in short, all those who are destitute of justice and the other virtues, from having any thing to do with the management of public affairs. Thus, likewise, the law does not forbid the vulgar from associating with harlots, on whom at the same time it imposes a fine; but thinks that it is disgraceful and base for men that are moderately good to have any connexion with them. Moreover, the law does not prohibit a man from spending the whole of his life in a tavern, yet at the same time this is most disgraceful even to a man of moderate worth. It appears, therefore, that the same thing must also be said with respect to diet. For that which is permitted to the multitude, must not

likewise be granted to the best of men.

For the man who is a philosopher, should especially ordain for himself those sacred laws which the Gods, and men who are followers of the Gods, have instituted. But the sacred laws of nations and cities appear to have ordained for sacred men purity, and to have interdicted them animal food. They have also forbidden the multitude to eat certain animals, either from motives of piety, or on account of some injury which would be produced by the food. So that it is requisite either to imitate priests, or to be obedient to the mandates of all legislators; but, in either way, he who is perfectly legal and pious ought to abstain from all animals. For if some who are only partially pious abstain from certain animals, he who is in every respect pious will abstain from all animals.

19. I had almost, however, forgotten to adduce what is said by Euripides, who asserts, that the prophets of Jupiter in Crete abstained from animals. But what is said by the chorus to Minos on this subject, is as follows:

Sprung from Phoenicia's royal line, Son of Europa, nymph
divine, And mighty Jove, thy envy'd reign O'er Crete extending,
whose domain Is with a hundred cities crown'd I leave yon
consecrated ground, Yon fane, whose beams the artist's
toil With cypress, rooted from the soil, Hath fashion'd. In the
mystic rites Initiated, life's best delights I place in chastity
alone, Midst Night's dread orgies wont to rove, The priest of
Zagreus 21 and of Jove; Feasts of crude flesh I now
decline, And wave aloof the blazing pine To Cybele, nor fear to
claim Her own Curete's hallow'd name; Clad in a snowy vest I
fly Far from the throes of pregnancy, Never amidst the tombs
intrude, And slay no animal for food.

20. For holy men were of opinion that purity consisted in a thing not being mingled with its contrary, and that mixture is defilement. Hence, they thought that nutriment should be

assumed from fruits, and not from dead bodies, and that we should not, by introducing that which is animated to our nature, defile what is administered by nature. But they conceived, that the slaughter of animals, as they are sensitive, and the depriving them of their souls, is a defilement to the living; and that the pollution is much greater, to mingle a body which was once sensitive, but is now deprived of sense, with a sensitive and living being. Hence, universally, the purity pertaining to piety consists in rejecting and abstaining from many things, and in an abandonment of such as are of a contrary nature, and the assumption of such as are appropriate and concordant. On this account, venereal connexions are attended with defilement. For in these, a conjunction takes place of the female with the male; and the seed, when retained by the woman, and causing her to be pregnant, defiles the soul, through its association with the body; but when it does not produce conception, it pollutes, in consequence of becoming a lifeless mass. The connexion also of males with males defiles, because it is an emission of seed as it were into a dead body, and because it is contrary to nature. And, in short, all venery, and emissions of the seed in sleep, pollute, because the soul becomes mingled with the body, and is drawn down to pleasure. The passions of the soul likewise defile, through the complication of the irrational and effeminate part with reason, the internal masculine part. For, in a certain respect, defilement and pollution manifest the mixture of things of an heterogeneous nature, and especially when the abstersion of this mixture is attended with difficulty. Whence, also, in tinctures which are produced through mixture, one species being complicated with another, this mixture is denominated a defilement.

As when some woman with a lively red

Stains the pure iv'ry —

says Homer 22. And again painters call the mixtures of colours, corruptions. It is usual, likewise to denominate that which is unmingled and pure, incorruptible, and to call that which is genuine, unpolluted. For water, when mingled with earth, is corrupted, and is not genuine. But water, which is diffluent, and runs with tumultuous rapidity, leaves behind in its course the earth which it carries in its stream.

When from a limpid and perennial fount It defluous runs —

as Hesiod says 23. For such water is salubrious, because it is uncorrupted and unmixed. The female, likewise, that does not receive into herself the exhalation of seed, is said to be uncorrupted. So that the mixture of contraries is corruption and defilement. For the mixture of dead with living bodies, and the insertion of beings that were once living and sentient into animals, and of dead into living flesh, may be reasonably supposed to introduce defilement and stains to our nature; just, again, as the soul is polluted when it is invested with the body. Hence, he who is born, is polluted by the mixture of his soul with body; and he who dies, defiles his body, through leaving it a corpse, different and foreign from that which possesses life. The soul, likewise, is polluted by anger and desire, and the multitude of passions of which in a certain respect diet is a co-operating cause.

But as water which flows through a rock is more uncorrupted than that which runs through marshes, because it does not bring with it much mud; thus, also, the soul which administers its own affairs in a body that is dry, and is not moistened by the juices of foreign flesh, is in a more excellent condition, is more uncorrupted, and is more prompt for intellectual energy. Thus too, it is said, that the thyme which is the driest and the sharpest to the taste, affords the best honey to bees. The dianoetic, therefore, or discursive power of the soul, is polluted; or rather, he who energizes dianoetically, when this

energy is mingled with the energies of either the imaginative or doxastic power. But purification consists in a separation from all these, and the wisdom which is adapted to divine concerns, is a desertion of every thing of this kind.

The proper nutriment likewise, of each thing, is that which essentially preserves it. Thus you may say, that the nutriment of a stone is the cause of its continuing to be a stone, and of firmly remaining in a lapideous form; but the nutriment of a plant is that which preserves it in increase and fructification; and of an animated body, that which preserves its composition. It is one thing, however, to nourish, and another to fatten; and one thing to impart what is necessary, and another to procure what is luxurious. Various, therefore, are the kinds of nutriment, and various also is the nature of the things that are nourished. And it is necessary, indeed, that all things should be nourished, but we should earnestly endeavour to fatten our most principal parts. Hence, the nutriment of the rational soul is that which preserves it in a rational state.

But this is intellect; so that it is to be nourished by intellect; and we should earnestly endeavour that it may be fattened through this, rather than that the flesh may become pinguid through esculent substances. For intellect preserves for us eternal life, but the body when fattened causes the soul to be famished, through its hunger after a blessed life not being satisfied, increases our mortal part, since it is of itself insane, and impedes our attainment of an immortal condition of being. It likewise defiles by corporifying the soul, and drawing her down to that which is foreign to her nature. And the magnet, indeed, imparts, as it were, a soul to the iron which is placed near it; and the iron, though most heavy, is elevated, and runs to the spirit of the stone. Should he, therefore, who is suspended from incorporeal and intellectual deity, be

anxiously busied in procuring food which fattens the body, that is an impediment to intellectual perception?

Ought he not rather, by contracting that is necessary to the flesh into that which is little and easily procured, he himself nourished, by adhering to God more closely than the iron to the magnet? I wish, indeed, that our nature was not so corruptible, and that it were possible we could live free from molestation, even without the nutriment derived from fruits. O that, as Homer 24 says, we were not in want either of meat or drink, that we might be truly immortal! — the poet in thus speaking beautifully signifying, that food is the auxiliary not only of life, but also of death. If therefore, we were not in want even of vegetable aliment, we should be by so much the more blessed, in proportion as we should be more immortal. But now, being in a mortal condition, we render ourselves, if it be proper so to speak, still more mortal, through becoming ignorant that, by the addition of this mortality, the soul, as Theophrastus says, does not only confer a great benefit on the body by being its inhabitant, but gives herself wholly to it. 25 Hence, it is much to be wished that we could easily obtain the life celebrated in fables, in which hunger and thirst are unknown; so that, by stopping the everyway-flowing river of the body, we might in a very little time be present with the most excellent natures, to which he who accedes, since deity is there, is himself a God.

But how is it possible not to lament the condition of the generality of mankind, who are so involved in darkness as to cherish their own evil, and who, in the first place, hate themselves, and him who truly begot them, and afterwards, those who admonish them, and call on them to return from ebriety to a sober condition of being? Hence, dismissing things of this kind, will it not be requisite to pass on to what remains to be discussed?

21. Those then who oppose the Nomades, or Troglodytae 26, or Ichthyophagi, to the legal institutes of the nations which we have adduced, are ignorant that these people were brought to the necessity of eating animals through the infecundity of the region they inhabit, which is so barren, that it does not even produce herbs, but only shores and sands. And this necessity is indicated by their not being able to make use of fire, through the want of combustible materials; but they dry their fish on rocks, or on the shore. And these indeed live after this manner from necessity. There are, however, certain nations whose manners are rustic, and who are naturally savage; but it is not fit that those who are equitable judges should, from such instances as these, calumniate human nature: For thus we should not only be dubious whether it is proper to eat animals, but also, whether we may not eat men, and adopt all other savage manners. It is related, therefore, that the Massagetas and the Derbices consider those of their kindred to be most miserable who die spontaneously. Hence, preventing their dearest friends from dying naturally, they slay them when they are old, and eat them. The Tibareni hurl from rocks their nearest relatives, even while living, when they are old. And with respect to the Hyrcani and Caspii, the one exposed the living, but the other the dead, to be devoured by birds and dogs. But the Scythians bury the living with the dead, and cut their throats on the pyres of the dead by whom they were especially beloved. The Bactrii likewise cast those among them that are old, even while living, to the dogs. And Stasanor, who was one of Alexander's prefects, nearly lost his government through endeavouring to destroy this custom. As, however, we do not on account of these examples subvert mildness of conduct towards men, so neither should we imitate those nations that feed on flesh through necessity, but we should rather imitate the pious, and those who consecrate themselves to the Gods.

For Democrates 27 says, that to live badly, and not prudently, temperately, and piously, is not to live in reality,²⁸ but to die for a long time.

22. It now remains that we should adduce a few examples of certain individuals, as testimonies in favour of abstinence from animal food. For the want of these was one of the accusations which were urged against us. We learn, therefore, that Triptolemus was the most ancient of the Athenian legislators; of whom Hermippus 29, in the second book of his treatise on Legislators, writes as follows: "It is said, that Triptolemus established laws for the Athenians. And the philosopher Xenocrates asserts, that three of his laws still remain in Eleusis, which are these, Honour your parents; Sacrifice to the Gods from the fruits of the earth; Injure not animals." Two of these, therefore, he says, are properly instituted. For it is necessary that we should as much as possible recompense our parents for the benefits which they have conferred on us; and that we should offer to the Gods the first-fruits of the things useful to our life, which they have imparted to us. But with respect to the third law, he is dubious as to the intention of Triptolemus, in ordering the Athenians to abstain from animals. Was it, says he, because he thought it was a dire thing to slay kindred natures, or because he perceived it would happen, that the most useful animals would be destroyed by men for food? Wishing, therefore to make our life as mild as possible, he endeavoured to preserve those animals that associate with men, and which are especially tame. Unless, indeed, because having ordained that men should honour the Gods by offering to them first-fruits, he therefore added this third law, conceiving that this mode of worship would continue for a longer time, if sacrifices through animals were not made to the Gods. But as many other causes, though not very accurate, of the promulgation of these laws, are assigned by Xenocrates, thus

much from what has been said is sufficient for our purpose, that abstinence from animals was one of the legal institutes of Triptolemus. Hence, those who afterwards violated this law, being compelled by great necessity, and involuntary errors, fell, as we have shown, into this custom of slaughtering and eating animals. The following, also, is mentioned as a law of Draco: "Let this be an eternal sacred law 30 to the inhabitants of Attica, and let its authority be predominant for ever; viz. that the Gods, and indigenous Heroes, be worshipped publicly, conformably to the laws of the country, delivered by our ancestors; and also, that they be worshipped privately, according to the ability of each individual, in conjunction with auspicious words, the firstlings of fruits, and annual cakes. So that this law ordains, that divinity should be venerated by the first offerings of fruit which are used by men, and cakes, made of the fine flour of wheat 31."